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# DIRECTORY



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It's always good to try new things and aspire to improve our lives, whether it's losing the extra pounds we put on over the festive season, attempting to become fitter, volunteering or helping a local charity, starting a new hobby or even starting a business. Trying something new and having different experiences often makes us feel focused and happier in life.

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*Susan*  
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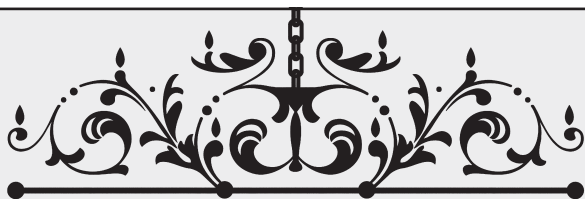
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# Rogerstone Welfare Cricket Club prepare for new season

Last year saw some major Firsts for the Club. The Club hosted, the first ever ALL GIRL'S cricket Festival in South East Wales, the biggest U9s Festival in Gwent, two Gwent U12s games and held the first BIG BASH family day which proved a great success.

2018 and are further increasing our coaching staff for 2019 by adding another two Level 2 coaches.

In 2019 we had three youth players representing Wales, and three representing Gwent. At senior level despite the loss of nine players for varying reasons



*Jon and Andrew our two new Level 2 coaches 2018*



*The Big Bash gang*

continuing as and when available in the pre season nets.

2019 is a benefit year for Graham and the Club will be giving every support. It is hoped to hold one of the benefit events at the Welfare Grounds.

Winter nets in 2019 for the youth players will be at Newport Live (Bettws secondary school) facilities on Sundays from 4pm-6pm, starting Feb 10th. Senior nets will be at Newport Sports Village on Sundays from 3pm-4pm, starting on Feb 3rd.



*Big Bash winners!*

Our All Stars programme was a great success and our U9s played in more festivals than any other club in Gwent. Both our U11s and our U15s, the latter jointly with our neighbours Newport Fugitives reached the semi finals of their cup competitions. A lot of youth cricket was played last season by our youth teams helped by the glorious summer weather. The club has put forward a record eight youngsters this year for Gwent winter coaching. We added two Level 2 coaches in

the first X1, which suffered through player availability managed to avoid relegation. Our very young second X1 were relegated which with the new single ladder league system will place them on a more level playing field.

Plans for next season are well underway. The club has achieved one of its long planned development objectives by forming a partnership with our Glamorgan Cricketer neighbour, Graham Wagg. Graham is providing high level coaching to our youngsters and to some of our younger senior players. The Autumn sessions were a great success and Graham will be



*Graham Wagg  
Glamorgan  
C.C.C.*

**The club is looking for members at all age groups. Anyone interested in joining a very friendly family Club should contact either Andrew Trinder or Derek Picken.**

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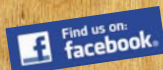
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# Re-seeding & Re-growth of Twmbarlwm

Another year has gone by and it was another busy year for the Society and probably an unforgettable one for Twmbarlwm and the surrounding area.

You all know that I'm referring to the wildfires that devastated vast areas of the Cwmcarn Forest and spread over the summit of Twmbarlwm causing extensive damage to the undergrowth and compromising the underlying archaeology.



The fires raged around Twmbarlwm for nearly two weeks and once it was over, CTS met on the mountain with field officers from Cadw to examine the damage.

Then with advice from CCBC's ecologist and a Cadw appointed landscape engineer it was decided that in the short term it was vital to attempt to stabilise the surface by re-seeding as much of the damaged area as possible before severe winter weather did further damage to the landscape.

Therefore the society set about raising the necessary money, primarily from Cadw and Trustees of the Llanarth Estates, to pay for a specialised mix of native species grass seed.

With just three days before the proposed day to sow the seed we put a call out on the internet for volunteers to help with the sowing - so it was a marvellous surprise on 7th October when over 40 people turned up to help. It was a glorious sunny day with just a small breeze - perfect sowing weather - and we had the whole top of the mountain covered within three hours - it was a marvellous day and illustrates how the Twmp holds a unique place in the hearts of the local community.

We have kept our eye on the Twmp to check on progress since the re-seeding. Unfortunately, storm Callum whipped through the area just a couple of days after re-seeding, this did us no favours in giving the seed a chance to germinate. The burnt areas had a real battering from the heavy rain and strong winds, and areas that were fine ash and dust hardened into a solid clay consistency - not a good base for the grass seed.

Much of the seed was also swept off the crest of the surrounding ditch leaving a few bare patches. So for the first few weeks our efforts seemed to be futile.



*Some of the re-seeding volunteers show great sowing technique on Twmbarlwm*



*Despite some horrendous autumn weather some areas are showing signs of regrowth*

However, a month further on, I visited the mountain in early December and I could see more promising signs. Now I'm no botanist, but even I could tell that there was plenty of evidence that our newly sown grass was starting to show through as well as some original, surviving grass stock - there are also new shoots of heather and wimberry coming up.

I await the experts' verdict but I believe we did a satisfactory rescue job and expect more re-seeding will be necessary in the spring - so watch our website for announcements and come and join us next time. •

**CTS meet at the car park** below Twmbarlwm's summit for a litter pick and volunteer workday on the last Sunday of every month to which everyone is invited, it's not all hard work and it's a great opportunity to find your way around up there. We organise walks and other events up the mountain and at Crosskeys RFC throughout the year so watch our website and Facebook page for details.

**[www.twmbarlwm.co.uk](http://www.twmbarlwm.co.uk)**

*Over 40 volunteers helped sow grass seed over the scorched areas of the mountain top.*





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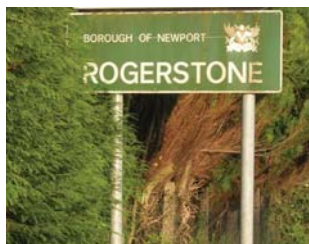
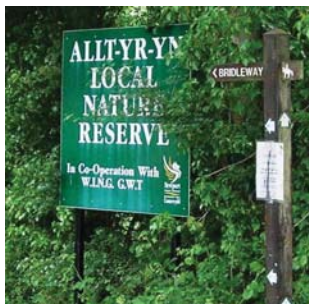
# Place Names and Blind Spots

by Paul Minton

We all have blind spots: words that we think mean one thing but actually mean something else entirely. If indeed they exist at all. For example, I had been married for a few years when my wife informed me that if the rain poured from the heavens, it wasn't *tippling down*, it was *tipping down*. And so for this article, I had thought I might explore the entomology of various place names in Newport. However, this would have been impossible since I have now discovered that *entomology* is the study of insects whereas *etymology* concerns the origins of words. Like I said, we all have blind spots!

Many moons ago, I researched the name of Bassaleg, which was thought to arise from the word *basilica*, a church that housed the body of a saint (in this case St Gwladys). In much the same way, it transpires that St Julians takes its name from the chapel that kept the remains of St Julius of Caerleon. Along with St Aaron and St Alban, St Julius was one of only three Christian martyrs from Roman Britain.

Unsurprisingly, lots of Newport place names are derived from Welsh words or their anglicised versions. For instance, Bettws takes its name from the word *betws* meaning chapel. This refers to the Church of St David, a 17th Century place of worship where John Frost is thought to have been married. The derivation of Pillgwenlly is particularly interesting as it is believed to come from *pwll* meaning pool or harbour and *gwenlly*, a corruption of Gwynllyw, a local pirate who moored his ships nearby. Meanwhile, Maindee is the anglicised word for *maendy* (a stone house) and Lliswerry is another English corruption, this



time for Llyswyry, which might be translated as Maiden's Court. It is suggested that the name alludes to a former manor house owned by a Welsh king, whose daughter

had strong ties to the property. Although now called Maesglas, the district in south west Newport was originally known by the corresponding English, Greenfield. According to local author, Leslie Thomas, it was also affectionately called Moscow for when it was being built in the 1930s, the winter was so harsh that the half-frozen workmen gave it its Russian nickname. With all the evident English and Welsh heritage, it may come as a surprise to learn of a French influence in name Malpas. The word is said to come from *mal* meaning bad or poor and *pas* meaning way or passage. In fact, the location was identified as Le Malpas in many early documents. Other Newport places reveal a military pedigree. Thus, Gaer is Welsh for fort, a reference to the Iron Age stronghold that once stood atop the hill that overlooks Cardiff Road. In much the same way, Caerleon translates as fort of the (Roman) legion. Rogerstone takes a slightly different approach by honouring the Norman lord responsible for the construction of its now defunct castle, Roger de Berechrolles (or Roger de Haia depending on your preferred source).

The origin of Nash is both unexpected and ultimately, a bit of a let-down. It is said to be simply a contraction of "An ash", suggesting it was a place where such a tree existed. Another reference to ash trees occurs in the name, Allt-yr-yn, which is actually a misspelling of Allt-yr-yn, meaning slope of ash trees. With Cat's Ash to the east of the city also in mind, it seems clear that certain people in Newport had a particular affinity for this type of wood. One can only imagine the awkwardness of the conversation whenever they met somebody from *Beechwood*!



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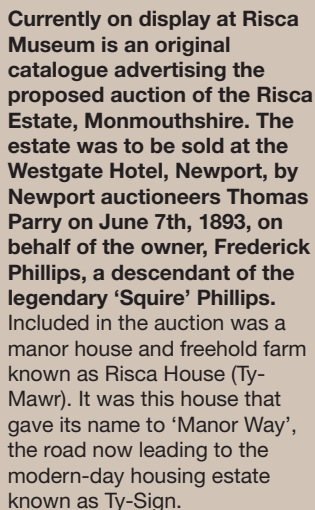


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In addition to the manor house there were 68 acres of pasture and arable land and some 30 freehold workmen's cottages and gardens. The estate generated ground rent income of over £400 per annum. In the possession of the Phillips family since the 1750s, descendants farmed much of the surrounding neighbourhood. By the 19th century the Parish of Risca had begun to change from a rural to an industrial society. Although many of the local populace were involved in farming, documentation records a growing workforce employed as masons, blacksmiths, foundry workers, as well as

shopkeepers and maltsters. The 1893 Risca Estate Map clearly shows that Risca had the arteries to develop and take advantage of its natural and man made resources. As the population grew, local industries became a magnet to workers from other parts of the country. New cottages, shops and public houses, were centred on the earlier communities. For example, housing for the workers of Britannia Foundry was built along a branch line which served the Foundry and known as Forge Trip. Cottages were also built in nearby Mill Row. Yet more cottages were to be built in Water Lane, later

renamed Mill Street. The estate map clearly shows Club Row, built in the early 1850s, and now known as Brookland Road. As communities grew, each became well served by local hostleries. The auction catalogue records long forgotten inns including: 'Western Valley Inn', 'Crown Inn', 'Apple Tree Inn', 'New Inn', 'Globe Inn'. Many of these inns were owned by the Risca brewers, Cross and Matthews. Of the auctioned inns, the 'Fox and Hounds' near Risca railway station sold for £850. However, the 'Mason's Arms', leased to Messrs. Cross and Matthews, sold for £1010. The high price probably reflected by its location near to Britannia Foundry and its considerable workforce. The 'Apple Tree' was sold to Cross and Matthews for £605. Situated adjacent to the Monmouthshire canal was the 'Prince of Wales'; this property and three nearby freehold cottages sold for £750. Meanwhile, 'The Railway Tavern' and 'Britannia Inn', located off Forge Trip, sold for £750 and £75, respectively. Chapels serving the early communities include; Glyn, Bethany and Moriah. Sale documents record that the 99 lots generated returns of £21,600: today equivalent to £17.7 million. Lot 99, for example, illustrate that Risca House was sold to William Giles for £2,075. The sale price included arable and pasture land, orchards, as well as out-buildings such as the magnificent stables. Of particular interest, Lot 9 - Risca Mill, as well as certain water rights, was sold for £505 to Henry White, owner of Britannia Foundry. The sales agreement included an undertaking for White to

improve the property and to maintain existing machinery. The nearby Flannel Factory and three cottages were sold to Thomas Budding for £110. Ten cottages located close to the 'Apple Tree' and known as Prospect Row, sold for £140 or £14 each! One particular plot identified as 'Watling Dab' was sold to a Mr Goldsworthy for £50, the 'postal' address being 'Tydee Road, Pontymister'. That location is today identified as being adjacent to the junction of

Park Road and Station Road. The sale document also refers to a number of sites adjacent to the former Pontymister Ironworks - a site now occupied by a Tesco supermarket store.

N.B. It is noteworthy that the Risca Estate Map is clearly branded as PONTYMISTER, suggesting that in 1893 the location of Risca was acknowledged as being north of the Longbridge and not extending south, as it is today!

## FRIENDS OF RISCA MUSEUM

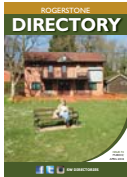


Just over a year ago the Risca Museum, which is run by a small group of volunteers, suffered an increase of about £3000 in their annual rent which put the continued existence of the Museum in jeopardy. As a result the 'Friends of Risca Museum' was formed based on an annual donation of £10, very little to ensure that this special local institution continues to exist. Unfortunately, numbers fell short of what was required to meet the costs but one-off visitor donations helped and the balance was met from Museum reserves. However, if this situation continues, it would result in the Museum

reserves being exhausted within a few years and closure being the only option. We are therefore making a further appeal for 2019, hoping existing Friends will renew and that many more will decide give their support. Please consider becoming a Friend and also talk to your friends, relations and neighbours. Whilst our preference is for Friends to complete a direct debit form, we are happy to accept other methods. Full details are available on our website [www.riscamuseum.org.uk](http://www.riscamuseum.org.uk) or Facebook page or call in to the Museum any Saturday between 10am and 12.30pm.

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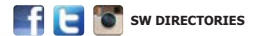


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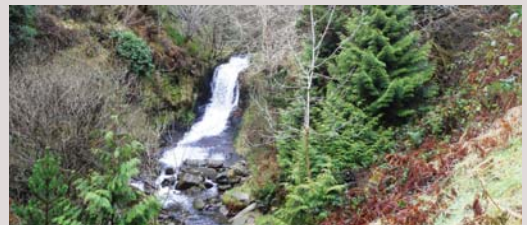
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From Merthyr Tydfil, take the A465 to towards Hirwaun, then take the winding A4061 Rhigos Road to Blaenrhondda. Take the B4522 to Blaencwm and follow the signs for Waterfall car park. Follow the footpath along the left side of the stream up to the Nant Melyn waterfall. It is possible to see the Nant Carnfoesen waterfall from the path, but for the best view, cross the stream just upstream of the tiny reservoir and head up the left bank of the other stream that enters the reservoir. Follow it up to the waterfall but there is no proper path to this point.

### The Waterfall Wanderer.





If you live in Rogerstone and are a Council Tax payer you need to read this:

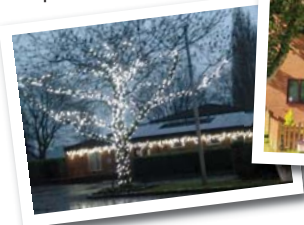
# NEWPORT CITY COUNCIL CEASES IT'S FINANCIAL CONTRIBUTION TO COMMUNITY FACILITIES

**O**n the 19th of November 2018, Newport City Council's Cabinet Member for Community & Resources took the decision to stop all financial support for Community Councils that provide facilities for the communities they serve. This decision is linked to the efficiencies programme Newport is having to make to balance the budget and is effective from April 2019. This will mean that the leisure services provided to Rogerstone residents, such as the Welfare Grounds, Tydu Community Hall, public open spaces, playground facilities, tennis courts, football and cricket pitches etc. will no longer be partly funded by Newport

Council has made the strongest possible representations stating that this is not fair for the residents of Rogerstone, but the City Council's response has been that the decision has been made and it is for the Community Council to deal with it as best they can, whether that is increasing the local precept, discontinuing services or by any other means.

consider discontinuing the current services or increasing the existing fees and charges.

This however is a last resort and further representations will be made to the City Council in the strongest possible terms, along with any other actions your Community Council can



City Council. This means that your Community Council will lose approximately 40% of its budget, which adds up to £64,500.

## What does this mean for me and my family?

This means that Newport City Council, whilst providing parks, playgrounds and sports and leisure facilities in many other wards of Newport, are unable to support similar services in Rogerstone. Your Community



Rogerstone Community Council believes that this action and the timescale for the implementation by Newport City Council extremely challenging to respond to and gives the Community Council no option other than to

take to reduce its costs.

Your Community Councillors would really like to know what you think, please let us have your views so we can understand what matters to you, so we can represent your views moving forward.

Please have your say, is there anything related to the above you would like more information on, or do you have any views you would like to share in relation to the City Council's decision to cut your community facilities funding to the Community Council?

**Please send your feedback urgently to:  
'What do you think?'**

**rogerstonecc@gmail.com**

**Clerk to the Council, Tydu Community Hall, Welfare Grounds  
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# Are You Planning to Move in 2019?

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Couple this with the increasing levels of interest from both homebuyers and investors from the other side of the now tollfree Severn crossing and we have a local house market that is (no pun intended!) moving very quickly.

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Last year was a record breaking year for both the local market and for Kingston Newell. Newport and the surrounding area made the headlines as the UK's property hotspot whilst our wonderful team helped us achieve the most completed sales in a 12 month period.

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## Reservoirs in Wales

# Caban Coch

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The Birmingham Corporation agreed and an Act of Parliament was passed for the compulsory purchase of the total water catchment area of the Elan and Claerwen Valleys. In 1893 the building work began, a railway line was constructed to transport the workers and thousands of tonnes of building material each day, this took three years. Local rock was only suitable for use inside of the dams. The hand-chiselled facing stones were transported from Glamorgan. On 21st July 1904 King Edward VII and Queen Alexandra opened the Elan dams and water started flowing along 73 miles of pipeline to Birmingham. The whole of the Elan scheme had cost £6 million and employed 50,000 men in total.

An average of 360 million litres of water a day is extracted from the Foel Tower to the Severn Trent water treatment works. The Foel Tower stands 171 feet above the Frankley Reservoir in Birmingham. The gradient of the aqueduct maintains a flow of less than 2 miles per hour and the water takes one-and-a-half days to reach Birmingham. The River Elan is compensated with 68 million litres of water a day from Caban Coch. This can be increased to 232 million litres



per day so that South Wales can also benefit from this water as the River Elan flows into the River Wye from which water can be transferred in times of shortage.

I was fortunate to visit the Elan Valley on a beautiful sunny day last year, just after a prolonged period of heavy rainfall. The spectacular view of the water cascading over the dams together with the graceful Red Kites flying overhead was breathtaking. This really is a

peaceful and tranquil place that makes you feel grateful to be alive and privileged to experience the beauty all around us.

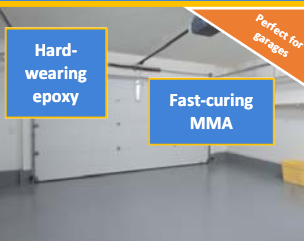
This spectacular scenery is slightly less than a two hour drive to from Newport and is well worth the effort. On an average it rains 235 days a year on the Elan Estate so, for the perfect day out make sure you check the local weather forecast before you leave.



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**Big Welsh Brew**  
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#BigWelshBrew



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**The Admiral City of Newport Half Marathon**  
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# Llantarnam Abbey Tithe Barn Restoration Project

**Llantarnam Abbey was founded in 1179 as a Cistercian Monastery and daughter house of Strata Florida Abbey.**

In 1554 the Abbey and its estate was bought by William Morgan, who built a house on the same site using abbey materials. William Morgan may also have been responsible for the construction of the barn. Edward Morgan added to the house in the early 17th century and then nothing more was done to it until the early 19th century when Reginald Blewitt inherited it. He restored the house, made alterations to the park and built the garden. The huge cost (£60,000) led to his bankruptcy and breakdown. In 1895 the house and park were bought by Sir Clifford Cory, who wanted 'atmosphere', and lived here as a recluse. His main alterations were to the garden, and it is possible that the addition of an arch in the eastern gable of the barn dates from this period.

During WW2 the house was used by the RAF and US troops, and the grounds and parkland were converted to temporary camps for US troops in the build-up to D-Day. In 1946 the Sisters of St. Joseph bought the Abbey and part of the park, and they are still in residence.

## **Aims and Objectives of the Project**

The Llantarnam Tithe Barn Project has been devised with the primary aim of saving this nationally significant building from collapse and finding a new



and sustainable use for the former monastic and agricultural structure. The Friends group has a vision to create a space within the building that would be suitable for a range of events, activities, exhibitions etc., whilst also preserving the historic character of the structure. Discussions are at an early stage but have centred around proposals to create a roof covering over the western end of the barn to allow it to be used in all weathers, while consolidating the walls at the eastern end as a standing ruin.

The consolidation of the building will provide multiple

opportunities for training, upskilling and education. The use of traditional building techniques in the consolidation of the building will provide opportunities for apprenticeships and voluntary activities, and it is the ambition of the friends group that, where practical, trainees and volunteers will form the bulk of the workforce.

In order to understand more about the history of the building and its context as series of archaeological projects will be carried out. These will be supervised by professionals but carried out by volunteers and students, providing valuable opportunities for people to engage in research, survey and excavation. This will have the added benefit of enhancing the recorded history of the site and, potentially, informing new designations.

The friends group will work with local Wildlife Trusts to enhance the environment around the barn, creating new habitat, monitoring existing species and controlling invasive species, such as Himalayan balsam.

In order to consolidate ideas for future uses of the barn the Friends group will carry out a series of consultations with local people and local and national organisations to understand what kind of space they would be interested in using. Please contact us if you would like to help with the project or have a potential use for the building on [llantarnam.abbey.tithe.barn@hotmail.com](mailto:llantarnam.abbey.tithe.barn@hotmail.com)



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 0-5 year olds

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# Places of Worship

Please contact me if you would like your Place of Worship added to this page: 07725 888070  
contact@swdirectories.co.uk

## BASSALEG RECTORIAL BENEFICE

<http://www.bassalegbenefice.org/>

### St Basil, Bassaleg

Sunday 8.30am; 10.00am; Monday 7.30pm; Friday 8.00am. Rector: Rev'd Christopher Stone 01633 378354

### St John Baptist, Rogerstone

Sunday 10.45am; Tuesday 10.00am.  
Team Vicar: Rev'd Elizabeth Kerl 01633 968119

### St Anne, High Cross

Sunday 9.30am; 11.30am (Time for God – all age service); Thursday 10.00am. Team Vicar: Rev'd Elizabeth Kerl 01633 968119

### Rivermead Centre, Afon Village

Sunday 3.00pm (2nd Sunday in month). For details of all other services & clergy. Please telephone or see our website

### Trinity Methodist Church, Rogerstone

Sunday 10.30am Morning Worship (1st Sunday of month – All-Age Service), 6.00pm Evening Worship. Reverend Gordon Gresswell 01633 272066

### Bethesda Baptist Church, Rogerstone

Sunday 11.00am; 6.00pm  
Pastor Rev Mark Thomas 01633 664742

### Ebenezer Pentecostal Church, Rogerstone

Sunday 11.00am; 6.00pm; Tuesday 7.30pm  
Pastor John Forward

### Saint Basil and Saint Gwladys RC Church, Rogerstone

Saturday (Vigil Mass) - 6.00pm  
Sunday 11.30 Mass in the Ordinarite Rite  
Tuesday - Confessions 6.30pm & Mass 7.00pm  
Further information, email newport@rcadc.org  
Website [www.allaistersrcnewport.org.uk](http://www.allaistersrcnewport.org.uk)  
Phone 01633 265533

### Faith Community Church,

Wern Industrial Estate, NP10 9FQ. (opposite Cedric John's). Sunday 10.30am  
Pastors Mike & Helen Taylor 07454 179892  
[www.fcconline.org.uk](http://www.fcconline.org.uk)

### Cefn Wood Baptist Church, Rogerstone

Sunday 11.00am  
Pastor: Huw Stephens 01633 891421

### Christchurch, Old Malpas Road, Malpas

Sunday 11.00am. Pastor Bob McCann 01633 822211  
[office@christchurchnet.org](mailto:office@christchurchnet.org)

### St Mary's Street Baptist Church

St Mary's Street, Baneswell. Sunday 11.00am (service includes Sunday School). Sunday 6.30pm  
Pastor: Les Tuckwell 01633 764650

### New Life Christian Church

37 Llanover Street, West End, Abercarn NP11 4SX  
We meet at 5pm each Sunday. Haydn Jefferies 07949 220135

### Stow Park Church Centre, Brynhyfryd Rd, Newport

Sunday 10.45am  
Sunday 3.00pm Oedfa Gymraeg (Welsh Language Service)  
Sunday 5.30pm Informal Service with Tea  
Wednesday Prayers 10.00am, Bible Class 11.15am  
Cafe with light meals and shop is now open Tuesday to Friday only. Volunteers welcome.  
[www.stowparkchurch.org.uk](http://www.stowparkchurch.org.uk) / 01633 843730

### The Salvation Army

Sunday – 10.30am & 5.00pm  
Parent & Toddlers, Tuesday 9.30am  
Luncheon Club – Wednesday 12.00pm  
Rainbow Weds 5.00pm  
Brownies Weds 6.00pm  
Guides Weds 6.30pm  
Captain's Kingsley & Paula Layton 01633 613794  
[www.riscasalvationarmy.org.uk](http://www.riscasalvationarmy.org.uk)

### Society of Friends (Quakers)

Caerleon Town Hall, 1st & 3rd Sundays 10.30am

01633 264210

### Grace Baptist Assembly

Malpas Community Centre. Pillmawr Road  
Sunday 3.00pm

### Tabernacle Congregational Chapel, Rhiwderin

Sunday 11.00am and 6.00pm; Wednesday 7.15pm. Secretary Mr Nigel Darke 01633 891208  
email: [secattab@talktalk.net](mailto:secattab@talktalk.net)

### Newport City wide Family of God Church

Tydu Community Hall, Rogerstone  
Sunday 10am-2pm. 07888 313523  
[info@fogwales.com](mailto:info@fogwales.com) [www.fogwales.com](http://www.fogwales.com)

### Eglwys Annibynnoi Mynydd Seion

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Sian Howley 01633 421427

[sianhowley@hotmail.com](mailto:sianhowley@hotmail.com)

Elin Maher 01633 243700

[elin.maher@ntlworld.com](mailto:elin.maher@ntlworld.com)

### Newport Cathedral

Sunday 8.00am Holy Eucharist  
10.30am Cathedral Eucharist  
5.00pm Choral Evensong  
Every weekday  
8.00 am Morning Prayer  
8.15 am Holy Eucharist  
Everyday except Wednesdays 5.00 pm Evensong  
Wednesday 6.30 pm Choral Evensong  
Thursdays only 10.30 am Cathedral Eucharist  
Contact details 01633 267464  
Email enquiries@newportcathedral.org.uk  
Website [www.newportcathedral.org.uk](http://www.newportcathedral.org.uk)

### St Martins-in-the-Gaer

Sunday 9.30am Holy Eucharist  
Contact details 01633 267464,  
Email enquiries@newportcathedral.org.uk,

### St Paul's City Centre Church

The old Post Office building on Bridge Street  
Sunday 10.30am. 01633 266076  
[www.stpaulsnewport.org.uk](http://www.stpaulsnewport.org.uk)

### King's Church

Lower Dock Street, Newport. Sunday 10.30am and 5.00pm. 01633 244453

### Newport Christian Spiritualist Church

Orchard Lane Community Centre off Stafford Road

Friday Service 7.00pm- 8.30pm  
Sunday Service 6.30pm-8.00pm  
Tuesday Healing Clinic 6.30pm-8.30pm

### New Dimensions

124 Lower Dock Street. Newport. NP20 1EG.

Tel: 01633 214264 (Facebook –

New Dimensions, FWM)

Services: Sunday 11am & Wed 6pm

### Spiritualist National Union Church

29 Charles Street, Newport. Sunday 6.30pm-8pm  
Mon/Tues 7pm-8pm. 01633 895065

### Abundant Life Centre

Monday- 19:00 Asian Outreach  
Wednesday - 19:00 Bridge for life  
Thursday- 19:30 Prayer meeting  
Friday - 22:00 Prayer

Sunday- 10:30 Family Worship

Pastor: Maldwyn Holland

58 Lower Dock Street, Newport NP20 1EG

Facebook- Abundant Life Centre, Newport

### Gear Christian Centre, Gear Newport

Sunday Worship 10:30am

Wednesday 10:30am

Robert Davies 07598 750040

Francis Davies 07818 406392

### New Beginnings Church

Rogerstone Primary School

Ebenezer Drive, Rogerstone NP10 9YX

Sunday Service 11.00am

Facebook- New Beginnings Church/Newport

Contact: 07990 540966

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# GATERS



## 07585 558051 Barbershop

54, TREDEGAR STREET, RISCA, NP11 6BW



Gaters Barbershop has moved to new premises



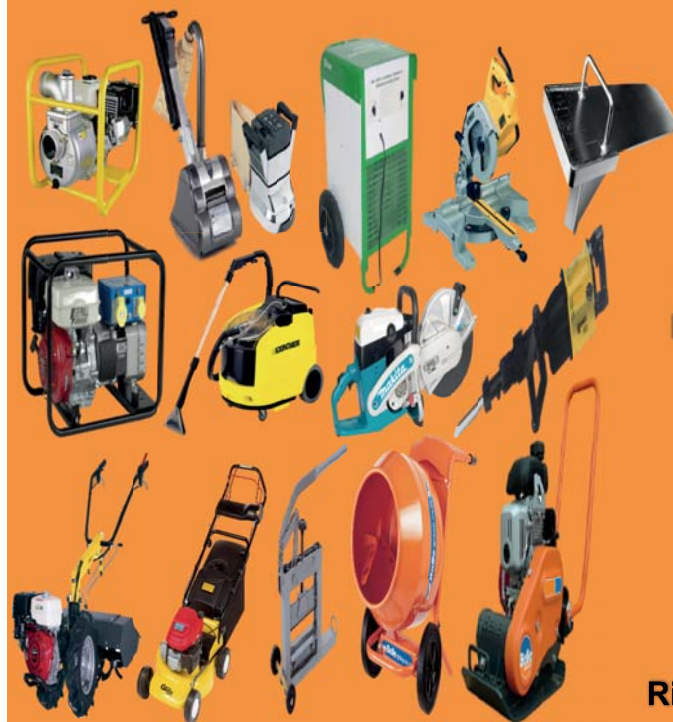
Gaters Barbers are pleased to welcome you to our new barbershop which opened on Monday 21st March At 54 Tredegar street Risca NP11 6BW only about 80 yards from our old shop but this one offers you more luxury with a dedicated seating / waiting area which has TV and FREE WI FI so you can connect with your phones , check in and if you have kids they can play on their ipads to keep them entertained also. We look forward to seeing our old customers and look forward to seeing new ones too.

[www.gatersbarbers.com](http://www.gatersbarbers.com)



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# Newport Fugitives Athletic Club

**I**ntroducing our new Stewardess Gina with Zoe a member of her team. Gina has been associated with the club for many years often deputising for our previous Stewardess and is looking to continue with the Fugitives enviable reputation for friendliness and hospitality. If you wish to book a function with food, choose from one of Gina's delicious buffet's (example shown with Gina and Laura, another member of her team).

Anyway, why not pop in and say Hello, you will always be afforded a warm welcome. Membership is still only £10 per person per annum.



Here at Newport Fugitives CC (aka The Fugies), we pride ourselves on being a family

friendly club. We welcome cricketers of all ages & abilities. We run three senior Saturday sides (1sts & 2nds are established Premier League sides) as well as a senior Sunday side. The ground itself is a hidden jewel just off the M4, always presented beautifully by our hardworking members. Winter nets begin early in the New Year. We have a strong social element to the club, if you are interested, call up, there is sure to be someone present who can point you toward a cricketer! Also, becoming a Fugie cricketer will introduce

you to the Athletic Club and all the excellent benefits that flow from being a member.

Our junior section is thriving, with our youngest cricketers training, enjoying & learning the sport each Monday evening at the club through the summer period. We welcome boys & girls, our intention is to introduce a girl's senior team as soon as possible.

Our age group junior cricketers will tend to train separately from the youngsters so if you are interested, we would suggest a visit one evening to discuss with our qualified coaches.

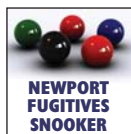
As a rule, once a cricketer joins the Fugies, they tend to stay a Fugie. Why not call up & see what the fuss is about.



With Rogerstone RFC being in existence for over 40 years they are now firmly established

at Newport Fugitives Athletic Club. The club can boast their own newly laid rugby pitch fully equipped with floodlights and onsite changing facilities. The club plays in the Welsh National League Division 3C and is currently coached by two ex-professional rugby players in Andrew Bevan (Ebbw Vale and Newbridge RFC) and Matthew Dwyer (Ospreys region).

The club has exciting plans for the future in developing its senior, youth and junior sections with the aim to provide more opportunities for people in the area to play rugby. If you are interested in playing or becoming involved in the rugby section please feel free to ring 07813 830054 and speak to



Carl Bridges.

The club has a snooker room second to none in South Wales.

There are two top class tables fitted with new Hainsworth match cloths on each. We have two teams competing in the Newport city league on a Friday night and two teams playing on a Wednesday in the first division of the Rhymney valley snooker league competing against the top players in south wales (Jackson Page, Darren Morgan and Dylan Emery just to name a few). New players are always welcome whether it be as social players or to join the competitive sides.

#### NEWPORT FUGITIVES ATHLETIC CLUB

High Cross Road, Rogerstone, Newport, NP10 9AE

Website: [www.newportfugitives.co.uk](http://www.newportfugitives.co.uk)

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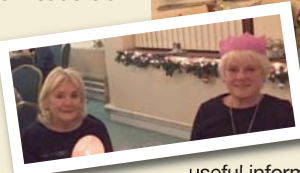
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# Winter with the Roses

I find this the most difficult newsletter to write because everything seems out of order, by the time you read this, Christmas will be done and dusted, those beautiful cards once splendidly displayed already in the recycling along with wrapping paper and ribbon and New Year resolutions will have been made and quite probably broken. I can only speak for myself of course!!! However, I would like to wish all readers a healthy and peaceful New Year.

In W.I Christmas is a wonderful opportunity to celebrate all aspects of the festival, there were of course the social celebrations, the shopping trip to Stratford Christmas markets, the informal party with a ukulele band playing Christmas songs and carols and us singing along with gusto; the formal dinner with traditional fare and of course the W.I. Carol Service, which is held in different churches throughout Gwent and is always a service encompassing music, verse and prose. As I often say something for everyone. At this time of year our own choir 'Singing for Pleasure' is particularly busy, they sing at the service and at other locations throughout the season, they sing beautifully and their repertoire is extensive. Our October and November meetings were just about as varied as they could be. Early in October Ann Pollard kindly stepped into the breach when our organised speaker was unable to attend, she gave us tips on how to manage stress and generally stay healthier. Later that month two delightful young ladies came from Monmouth and talked and



demonstrated on the correct way to wear a bra, very useful information and advice.

No organisation could allow the centennial anniversary of the

more treats, a quiz to start the year, resolutions to ponder and debate, a talk on healthy eyes, natural products made from honey and the Air Ambulance are just a sample of what 2019 will deliver, if you think you might be interested in any of these do



ending of the first world war to go unmarked and we were no exception. Malcolm Roberts gave a talk about The Role of Women in WW1. This was extremely illuminating and was possibly the real beginning of women's emancipation, certainly the eventual outcome of the war would not have been possible without the women's efforts on the land, in factories and behind the front line as nurses. Our New Year programme has

come along and join us we meet on the second and fourth Tuesday of every month, members arrive from 7pm onwards for a coffee or tea and a chat and the meeting starts at 7.30pm.

**Liz James**





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Tydu Community Hall  
Welfare Grounds  
Tel: Janice 07813 286489

**ROGERSTONE**  
**THURSDAY**  
9.30am, 11.30am  
3.30pm, 5.30pm  
7.30pm  
St Anne's Church Hall  
High Cross  
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# Head Over Heels about Gymnastics

**Head over Heels are looking forward to another year of fun and fantastic gymnastics and cheerleading. We still have some spaces across the timetable.**

At Head over Heels we provide classes for children from 7 months up to 12 years old. The early years are the right time to begin developing physical literacy as numerous physical and psychological developments occur during these years. Through fun games and active play, children develop the essential motor skills that form the foundation for a lifetime of physical activity and health. Through regular physical activity they can also become better learners.

The classes can also help boost the children's confidence and encourage social interaction with other children and adults.

## **We have classes for:**

- Our youngest gymnasts from 7 months in the Under 2 Years Classes with a parent/carer.
- 2-4 Years Classes with a parent/carer.
- 3 and 4 year olds in their pre-school year can move on to our independent gymnastics and cheerleading classes attending on their own, with a parent/carer watching from the adjoining room.
- School age gymnastics and cheerleading classes for children from reception to Year 7.

British Gymnastics Awards are used to reward the children in ALL our classes with badges and certificates.

Head over Heels is a non-competitive club. We have a mixed range of abilities within the classes and encourage children to develop at their own level. We encourage parents to participate in our pre-school classes and you are always able to watch your child in their class and monitor their progress as they move on to the independent classes. We hold displays throughout the year with an opportunity for our independent gymnasts and cheerleaders to show off their new skills to family and friends.

We offer a free trial to all new pre-schoolers.

**More information, including a timetable is available on our website**

**[www.hohgymnastics.co.uk](http://www.hohgymnastics.co.uk) or visit our Facebook page**

**[www.facebook.com/hohgymnastics](http://www.facebook.com/hohgymnastics)**

**email: [info@hohgymnastics.co.uk](mailto:info@hohgymnastics.co.uk)**

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# Risca Chiropractic & Wellness Clinic

**"Chiropractic is a regulated primary healthcare profession. Chiropractors are trained to diagnose, treat, manage and prevent disorders of the musculoskeletal system (bones, joints, and muscles), as well as the effects these disorders can have on the nervous system and general health."**

Chiropractors use a range of techniques to reduce pain, improve function and increase mobility. Chiropractic treatment mainly involves safe, often gentle, specific spinal manipulation to free joints in the spine or other areas of the body that are not moving properly. Apart from manipulation, chiropractors may use a variety of techniques including massage, ice, heat, ultrasound, exercise and acupuncture as well as advice about posture and lifestyle.

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- Headaches
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- Knee and ankle pain
- Sports Injuries

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Find us at our new address 57 Tredegar Street, Risca, Newport, NP11 6BW

For more information or to book a consultation you can contact us via:

Phone: 01633 615993/07510181667 Email: [collettechiro@hotmail.com](mailto:collettechiro@hotmail.com) FB: @RiscaChiropractic



# LISA PRYCE-JONES

## HYPNOTHERAPY & HEALING

NEWPORT

# What would you like to achieve in 2019?

**A**t the start of the year most people consider making improvements in their life. What would you like to do this year?

- Feel less anxious, stressed or depressed
- Lose weight
- Stop smoking
- Overcome phobias or fears (e.g. driving, flying, spiders)
- Change habits or addictions (e.g. gambling, alcohol)
- Deal with trauma
- Reduce pain (e.g. IBS)
- Maximise your personal or professional performance

Very often people start the year with good intentions but for various reasons are unable to achieve them. Whatever your issue Lisa would be delighted to help you. Lisa helps clients on a conscious level using Acceptance & Commitment Therapy (ACT), sub-conscious level using Hypnotherapy and a spiritual level using Spiritual Healing/Reiki.

This combined therapeutic approach often achieves life changing results and delighted clients have provided many testimonials to this effect which can be seen on Lisa's website. Lisa was awarded the Best Holistic Treatment Award at the V Awards in October 2018, which is testament to the many happy clients who voted for her.

Lisa is an accredited therapist with the Complementary and Natural Health Care Council which is recognised by the Medical Profession and many insurance companies.

**For further information please visit [www.hypnotherapyandhealing.co.uk](http://www.hypnotherapyandhealing.co.uk) or call Lisa for a chat to discuss how Hypnotherapy and Healing could help you. You will be assured of a warm welcome, have plenty of time to discuss your issues and have a therapy plan developed to meet your needs and help you to achieve your goals.**



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**Wednesday 10.30am – 12.00pm** –  
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**Thursday 6.15pm** – HIIT Class **7.00pm** – Pilates

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**February 7<sup>th</sup> & 21<sup>st</sup>**

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**GWENT CHORALE**

We meet at Dan-y-Graig Church,  
Risca at 7.00pm every Wednesday.

More information about the choir can  
be found at [www.gwentchorale.com](http://www.gwentchorale.com)  
or find us on Facebook.

Alternatively you may like to talk to  
Nicola Price on 07974 111712  
or Colin Harvey on 01633 894914.





### Little Dragons classes

Ages 4-7



ROGERSTONE  
Ty-du community hall  
Welfare grounds  
Tregwyllym road  
Rogerstone  
NP10 9EQ  
Tuesdays 17.30 - 18.15  
Thursdays 17.30 - 18.15

Cwmcarn OAP hall  
Newport road  
Cwmcarn  
NP11 7LZ  
Monday 17.45 - 18.30  
Friday 17.45 - 18.30

### JUNIORS Taekwon-Do

Ages 7-13

ROGERSTONE  
Ty-du community hall  
Welfare grounds  
Tregwyllym road  
Rogerstone  
NP10 9EQ  
Tuesdays 18.30 - 19.30  
Thursdays 18.30 - 19.30

Cwmcarn OAP hall  
Newport road  
Cwmcarn  
NP11 7LZ  
Monday 18.30 - 19.30  
Friday 18.30 - 19.30

*\* First week free as a trial*

### Adults Taekwon-Do

Ages 13+

ROGERSTONE  
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Welfare grounds  
Tregwyllym road  
Rogerstone  
NP10 9EQ  
Tuesdays 19.30 - 20.30  
Thursdays 19.30 - 20.30

Cwmcarn OAP hall  
Newport road  
Cwmcarn  
NP11 7LZ  
Monday 19.30 - 20.30  
Friday 19.30 - 20.30

Phone: 07891 054 890  
info@artofcombatmartialarts.com  
www.artofcombatmartialarts.com  
Facebook Art of Combat Taekwon-Do

# Bluebird Care

Providing Support When You Need It



**We provide high quality care and support services throughout Newport & South Monmouthshire, enabling our customers to retain their independence whilst living in the comfort of their own homes.**

## **Why choose Bluebird Care**

It might be the first time that you have had to consider care for yourself or a member of your family; or perhaps you are looking for some extra support to complement the care you already receive. Whatever your situation, deciding on a suitable care company can be a stressful and difficult task, filled with uncertainty and pressure to make the right choice.

Unlike other companies, we do not take a 'one size fits all' approach to providing care. Instead, we are passionate about delivering a personalised service designed around the needs of each individual customer to support their lifestyle.

## **Our staff**

We recruit and train all of our own staff to the highest standards to ensure we provide the quality of care that we would want for our own family and friends.

## Our Services

You might be looking for short-term help and support after a stay in hospital, or whilst recovering from an illness. Or perhaps you need care and support for the long term. It might be respite that you need whilst your usual carer takes a break, or maybe you need someone to take care of a family member whilst you're away. Whatever your needs, Bluebird Care can help.

From 30-minute visits aimed at helping with household tasks or preparing a meal; to caring for those living with dementia – Bluebird Care provides you with the support you need, when you need it most.

### Some of the tasks that our Home Care Assistants frequently undertake include:

- Full personal care including showering and bathing
- Mobility assistance, including the use of hoists and other equipment
- Assisting with medication
- Assisting with managing the home, e.g. cooking, cleaning, laundry
- Help with shopping and meeting friends
- Providing support and assistance to customers attending GP/hospital/dental appointments

## A realistic and affordable alternative to Residential Care

### We also provide 24 hour Care

Our dedicated live-in carers provide personal assistance from waking until bedtime and are on hand if they are required during the night.

Should you need care and support around the clock, we will put together a small team to provide care on an hourly basis, day and night, for total peace of mind.



**Call and speak to a member of our team to find out how Bluebird Care can help you and your family.**





# An eventful year for the Newport U3A choir

Newport U3A Choir at Newport Cathedral. Musical Director Stephen Berry to left, one of our accompanists Pam Linton to right. Photograph – Tim Bowers

**The Newport U3A Choir has had an eventful 2018. Because of the involvement of Musical Director Stephen Berry in a two-year project, ‘Steel Remembered’, which researched the histories of the employees of Lysaghts Orb Works who fought during WW1, the choir was heavily involved throughout the year, performing at the Welsh Government’s Senedd building in January and again in the final project event at The Lysaght in October.**

From this involvement they were invited to take part in an all-day event, ‘Journey’s End’, organised by the Gwent branch of the Western Front Association and held at St Woolos Cathedral on 10th November. Common to all performances was the song ‘My Boy Jack’, with words written by Sarah Radford, formerly of Rogerstone but now living in Shropshire, and music composed by the choir’s Musical Director. It

describes the 90-mile walk that had been undertaken by the workforce of the works when it relocated from Wolverhampton to Newport in the years 1898 to 1914, contrasting this with the walk off to war. Both were initially full of expectation; sadly, this expectation did not materialise for over 120 men who never returned from the war.

The Wolverhampton – Newport link was strong, and Newport County AFC (initially made up of steel workers) adopted the colours worn by Wolverhampton Wanderers – Black and Amber. The South Wales Argus had a poet on its staff during WW1 and this gentleman, known as Dyfrig, penned verses about the Black and Amber Men, extolling their virtues and generally conveying the message that they were not to be trifled with! Stephen set these to music also, and this song was performed at the final project event and at the

Cathedral.

In a fitting finale to the project, the choir has been invited to sing this song at the Newport County AFC Carol Service this year, as Stephen has, for many years, been the organist for this event. ‘Black and Amber Men’ was performed at the event on 13th December at St John’s church, Maidee.

Newport U3A celebrated its 25th anniversary in 2018 and the choir performed in the grand concert held on 20th November to mark the occasion.

All of these ‘extras’ have greatly enhanced our already hectic schedule of regular concerts to various groups within a 10 mile radius of Newport and our ‘singalong’ concerts at local residential and nursing homes and our local hospitals. Busy? Certainly, but the pleasure which we both give and receive from all of these events make it all worthwhile!

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# LLANSANTFFRAED AND THE NARES FAMILY

## (Part 4)

After our diversion in discussing American Presidential desks we will now return to the Nares Family and resume looking at the eventful career of George Strong Nares. Following his visit to the Arctic as mate on *HMS Resolute*, he returned back to this country and obtained merited promotion to Lieutenant. He was then sent on a gunnery course before being posted to the Crimea, where he served two years in *HMS Conqueror* mainly in the Mediterranean. In 1858 he joined the staff of a training ship *HMS Illustrious* and from her transferred to the larger *HMS Britannia*.

Nares became married to Mary Grant, eldest daughter of a Portsmouth banker, in 1858. They eventually produced quite a large family of four sons and six daughters. In 1860 Nares wrote a manual named *The Navel Cadet's Guide*, which was published under the title of 'Seamanship' running to several editions and was regarded as the best manual of its day. In 1862 he was promoted to Commander and in then 1863 took over command of *HMS Boscawen* another training ship.



Mrs Mary Grant

In 1865 Nares was appointed to command a small paddle steamer, *HMS Salamander* sailing off the east coast of Australia, where his duties included surveying. Next in

transit the canal. *Laigle* was the French Imperial Yacht and would be carrying the Empress Eugenie, wife of Emperor Napoleon the third.

When night fell, Commander Nares carefully conned and sneaked his 570 ton gun-ship, without the aid of any navigation lights, through the

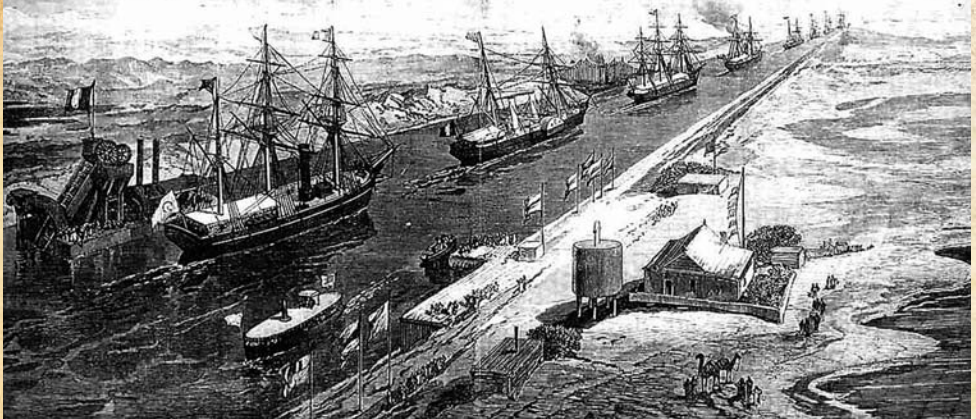


1868 he commanded *HMS Newport*, a small wooden three-masted screw driven gun-ship, for hydrographical work in the Mediterranean. This work includes a survey of the Gulf of Suez in 1869. The Suez Canal had been constructed between the Mediterranean and the Red Sea by the French under the supervision of Engineer Ferdinand de Lesseps. The official opening ceremony was planned for November 1869, and the night before a large group of ships of various nations gathered outside the Suez entrance to the canal, waiting to enter on the following day. First in line was the French vessel *Laigle* intended to be the very first ship to lead into and

dense mass of waiting ships to the very front. The following morning, to the dismay of the French, the very first vessel to enter the canal and leading the fleet was flying the British ensign. The name of this ship was *HMS Newport*. The French were enraged that the very first ship to enter their canal and leading the procession make the first transit should be a British ship flying a British flag. The French, obviously, made a very strong complaint to Britain about this interruption and desecration of their ceremony. Commander Nares received a very strong rebuke from the Admiralty for his impertinence to the French. However, he was much admired for his skill and the



## The opening of the Suez canal



seamanship that he had demonstrated. The Admiralty could not have been too disgusted by his action because, within a year, Nares was promoted to Captain and continued to advance in his naval career.

The ship, HMS Newport, was probably not named after our city of Newport, but as she was laid down in 1860 in Pembroke dock yard, her name, therefore, was almost certainly borrowed from Newport in Pembrokeshire. She was a small 570 ton three-masted ship, 145 feet long, fitted with a two-cylinder horizontal single steam expansion engine, developing just over 325 horsepower and driving a single screw propeller. As a gunship she was armed with one 68-pounder smooth bore gun and two 20-pounder breech loading guns. Her three masts wore a barque rigged sail plan. She was finally sold into civilian service in 1881.

Following the Suez Canal incident Captain Nares continued his service in the Royal Navy. He was involved in much further hydrographical work and oceanographic exploration, going on to make many discoveries. We will discuss much of his future career which would eventually lead to his promotion to Rear Admiral in 1887 and Vice-Admiral in 1892.

HMS Newport after entering civilian service was re-named several times, changed owners and was used for Arctic exploration. She finally ended up in Russian ownership and was then named the



Commander Nares

Svyataya Anna (Saint Anne). The Russian explorer, Georgy Brusilov, employed her in 1912 to explore the North East passage between the Atlantic and Pacific. In October 1912 she became ice-locked in the Kara Sea off the Yamal Peninsula. The ship was well stocked with

supplies and the crew expected that they would be released in the next year's thaw. However, this did not happen and they remained trapped through 1913 into 1914. Supplies were now almost exhausted and scurvy broke out and their situation became desperate. Just one officer and a crewman attempted and succeeded in trekking to safety on foot, they were the sole survivors. The vessel and all her remaining crew completely disappeared, and not until 2010 was any trace discovered. Bones of a crew-member with various artefacts and a logbook were finally discovered on Franz Joseph Land. The unfortunate crew must have suffered a terrible fate resembling that of members of the better known Franklin expedition. Traditionally it has been held that to change the name of a ship would bring bad luck to that vessel. This seems to be confirmed by the present case, the ship that started life named Newport was first changed to Pandora II then became Blencathra and finally ended up as Svyataya Anna. In her final name she encountered a most unfortunate end.

*(To Be Continued)*

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[www.dolmantheatre.co.uk](http://www.dolmantheatre.co.uk)



[www.newportpantomimesociety.co.uk](http://www.newportpantomimesociety.co.uk)





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Please let me know if you are involved with a non-profit making organisation and would like your details included on this page or if you have any Dates for the Diary.

Tel: 07725 888070

Email: [contact@swdirectories.co.uk](mailto:contact@swdirectories.co.uk)

# What's On

# What's On

## **Rogerstone Welfare Cricket Club**

For more details contact Derek Picken  
01633 894120 / 07851 863833 or Andrew Trinder  
01633 094657 / 07737 225841

## **28th High Cross Beaver, Cub and Scout Group**

Wednesday 5.00pm-6.00pm Beavers, 6.00pm-7.20pm Cubs 7.20-9.30pm. St Anne's Church Hall, High Cross Lane, High Cross. Turn up on the night or Contact: Stewart Jones  
07796348749

## **1st Rogerstone Beavers, Cubs, Scouts and Explorers Group**

If you would like information about these groups in Rogerstone please contact:

Paul Smith. Tel No. 07714 582468  
Email: [rogerstonescouts@aol.com](mailto:rogerstonescouts@aol.com)

## **Rainbows, Brownies and Guides**

There is a thriving Guiding Community in Rogerstone. To find out more about the various units in Rogerstone.

See [www.girlguiding.org.uk/interested](http://www.girlguiding.org.uk/interested) or telephone 0800 1695901 for details.

## **Sounds Fun**

Friday 10.30-11.30am. Music, fun and dance for babies and pre-school children  
[www.facebook.com/SoundsFunMusicGroup/?fref=ts](http://www.facebook.com/SoundsFunMusicGroup/?fref=ts). Contact: Claire Cowper 01633 895222

## **Head Over Heels Gymnastics**

Pre-School Gymnastics for children from 7mths-4yrs. After School Gymnastics for 4-8 yrs and Cheerleading for 4-10 yrs. 07768 485892  
<http://www.hohgymnastics.co.uk>

## **La Leche of Newport**

La Leche League Groups provide mother-to-mother support by holding regular meetings on various aspects of mothering through breast-feeding. Location details or further information please contact Rhiannon 01633 892505

## **Risca Mini & Juniors RFC U14s**

Training sessions are held every Wednesday night at Fire Station Fields, Risca throughout the rugby season.

We always welcome new players under 14 years old. Contact Andrew on 07751 033507 for more details.

## **Rogerstone Junior RFC**

We are holding Training Sessions for 10 to 16 year olds on Wednesday evenings, 6.30pm at Newport Fugitives Club, High Cross NP10 9AE. Please contact James on 07919 412221 to join the fun.

## **St. Joseph's (Casnewydd) RFC**

Mini and junior rugby. New players welcome from age 7 to 15. See [www.stjosephsrfc.org.uk](http://www.stjosephsrfc.org.uk) for details or [info@stjosephsrfc.com](mailto:info@stjosephsrfc.com)

## **Whitehead Steelers Junior RFC**

Wednesday and Thursday evenings  
The club is always looking for new players and we welcome both boys and girls aged five years

and over. For more information please contact Ryan on 07809 768203

## **Newport Fugitives Cricket Club**

U9s training on a Monday 6.00pm-7.15pm  
U11s & U13s training on a Monday night 6.30pm-7.45pm. U15s training on a Thursday night 5.30pm-7.00pm. Senior training on a Thursday night 6.15pm-8.00pm.

For more information contact Nigel Pryce on 07974 121326

## **1st Rogerstone Scout Band**

Lowery Hall (The Scout Hut) Rogerstone  
[www.facebook.com/1stRogerstoneScoutBand](http://www.facebook.com/1stRogerstoneScoutBand)  
[www.1strogerstonescoutband.co.uk](http://www.1strogerstonescoutband.co.uk)  
Band Master: Gavin Foley 07739 233164

## **Rogerstone Community Band**

New members welcome. For details contact: Steve Haycox 07977 306011

## **Young Archaeologists' club**

We are a group for young people aged 8-16 and their families. Further details can be found on [www.yac-uk.org](http://www.yac-uk.org)

Membership secretary: 07747 047909

Email: [Surfingchick03@hotmail.com](mailto:Surfingchick03@hotmail.com)

## **Cefn Wood Baptist Church, Rogerstone**

Coffee Morning: Monday 10.00am-12noon  
All Welcome

Contact: Rev Bryan Ford 01633 214723

## **Rogerstone Roses WI**

2nd and 4th Tuesday in the month 7.00pm  
St Anne's Church Hall. Contact: Olive Sheward 07954 336098

## **Afon Belles WI**

We meet on the 1st and 3rd Tuesday in the month from 7.30pm to 9.00pm at Rivermead Community Centre, Afon Village. For more information please contact Karen Powell on 07870 116546 or email

[afonbellesrogerstone@gmail.com](mailto:afonbellesrogerstone@gmail.com)

## **Rhiwderin W.I.**

2nd and 4th Tuesday of the month, at 7.30pm, Rhiwderin Village Hall.

We are a friendly, supportive group and warmly welcome new members.

Contact: Linda Hughes on 01633 894042

## **Rogerstone Art Club**

Meets on Thursdays from 11.30am to 2pm every week at Tydu.

We are currently full but have a waiting list for those interested.

Email: [hedwards43@googlemail.com](mailto:hedwards43@googlemail.com)

## **Fourteen Locks Canal & Heritage Centre**

Why not come and join us on one of our regular monthly walks from the Centre, they take place on the first Saturday of each month at 10.00am  
**REGARDLESS OF WEATHER**

Please phone 01633 892167 for details of the next walk

### Aviation and Air Traffic Control

If you are interested in aviation, and would like to know more about what goes on in the air above us every day, why not come along to one of our regular meetings at the Graig Community Hall, Bassaleg? For more information call 01633 213243

### ROTARY CLUBS

#### The Rotary Club of Newport

Sec: Peter Landers 01633 213049

[www.rotarynewport.org](http://www.rotarynewport.org)

email: [peter\\_landers@hotmail.com](mailto:peter_landers@hotmail.com)

#### The Rotary Club of Newport Uskmouth

Sec: Keith Minton 01633 423368

[www.nuws.org.uk](http://www.nuws.org.uk)

email: [keithminton44@gmail.com](mailto:keithminton44@gmail.com)

#### The Rotary Club of Caerleon

Sec: Gerry Fulcher 07891 390255

[www.rotary-ribi.org/caerleon](http://www.rotary-ribi.org/caerleon)

email: [gerryfulcher369@gmail.com](mailto:gerryfulcher369@gmail.com)

#### The Rotary Club of St Woolos Newport

Sec: Alan Thomas

email: [stwoolosnewport@outlook.com](mailto:stwoolosnewport@outlook.com)

#### The Rotary Club of Machen

Sec: Hugh Clatworthy 01633 893919

### Badminton club

Rogerstone Primary School every Tuesday and Friday 7-9pm.

All ages welcome, for details:

Gary: 07967 146332

Linda: 07952 583827

[lindajdaniels@btinternet.com](mailto:lindajdaniels@btinternet.com)

Twitter: @PonthirBadders

Facebook: Ponthir Badminton

### Legs Bums & Tums, Zumba, Pilates

Rivermead Centre, Afon Village, Welfare

Grounds, Rogerstone. For further information call

Michelle: 07957 267977

### Tai Chi

Tydu Community Hall, Rogerstone NP10 9EQ

Monday 7.15pm. Contact Bill James

07814 571247

Email: [bill.james@live.co.uk](mailto:bill.james@live.co.uk)

### Indoor Short Green Bowls Club

Graig Community Hall, Bassaleg

Mon 7.00pm-9.00pm

Tues 10.00am-12.00pm

Thurs 10.00-12.00pm

Contact: K. Davis 01633 896015

D. Martyn 01633 892659

### Newport Indoor Bowling Centre

The Glebeland, Bank Street

Contact 01633 264343

[www.newportindoorbowls.co.uk](http://www.newportindoorbowls.co.uk)

### Welsh Folk Dancing Group

Thursdays 8.00pm-10.00pm

Graig Community Hall, Bassaleg

Beginners & Experienced dancers welcome

Telephone 01495 271953 for details or

just turn up

### Sequence Dancing

Monday 8.00pm. St Margaret's Church Hall,

Risca. MC's Paul & Bella.

Contact 01633 612823 for more details

### Line Dance Class for all levels

7.00pm every Monday. Bassaleg & Rogerstone

Social Club. Tel 01633 262796.

### Old Time and Modern Sequence

#### Dancing

Friday 8.00pm. Graig Community Hall, Bassaleg  
Come along and our MCs, Bella and Paul, will help you make a start.

### Sequence Dance Club

St Basil's Church Hall, Bassaleg.

(parking next to Junction 28 Restaurant).

Fridays 8.00pm-10.00pm.

New members very welcome.

For more details call

Geoff or Maureen on 07802 934402

### Alcan Singers

Wednesdays 7.30pm

Rogerstone and Bassaleg Social Club (Alcan

Club) Tom Claridge 01495 231761

### Nostalgia Music Society

Rogerstone & Bassaleg Social Club, Tregwylm

Road, Rogerstone. 4th Wednesday of every

month at 7.15pm. Admission £2.00

Further details from Dave Davies 01633 891711

Email: [glyntaff2011@hotmail.co.uk](mailto:glyntaff2011@hotmail.co.uk)

### Risca Male Choir

Sunday 6-8pm and Thursday 7-9 pm at the old  
Risca UDC offices in St. Mary Street

For more details call secretary Alan Davis 01495

272664 or [www.riscachoir.net](http://www.riscachoir.net)

### Newport Folk Club

Every Thursday 8.45 at Newport Fugitives

Athletic Club, High Cross

Contact Malcolm Chamley on 07973 278932

### Newport Orchestra

Can you play an orchestral instrument?

The orchestra NOW rehearse weekly (in school  
term time) on Monday 7.30-9.30pm at YMCA,  
Mendelgief Road, Newport.

Please contact the Secretary by e-mail at [newportorchestra@hotmail.com](mailto:newportorchestra@hotmail.com) or visit the website  
[www.newportorchestra.co.uk](http://www.newportorchestra.co.uk)

### Christchurch Music Society

We are an amateur music society welcoming  
new members on stage and back stage.

We meet on a Wednesday at 7.30pm at

Christchurch Church Hall, Newport.

Contact the secretary for more details

Martyn Brown 07896 284424

[www.christchurchmusicsociety.co.uk](http://www.christchurchmusicsociety.co.uk)

### GWENT CHORALE supported by COLEG GWENT

The choir meets every Wednesday at 7pm at

Dan-y-Graig Church, Risca NP11 6DR

New choristers are always welcome.

For more details call Colin on 01633 894914 or

Nicola on 07974 111712

Or visit [www.gwentchorale.com](http://www.gwentchorale.com)

### The Adams Chorale

Is a mixed choir of 48 voices, directed by David  
Owen and accompanied by Dr Emma Gibbins.

We sing everything from the Renaissance  
through Rutter to Rhythm and Blues.

Rehearsals are held on Tuesday 7.30-9.30pm at  
Trinity Methodist Church, Glasllwch Lane.

Interested or have some questions?

Please contact David Owen 01633 662331 or

Chris Purkiss 01633 422051.

# What's On

Please let me know if you are involved with a non-profit making organisation and would like your details included on this page or if you have any Dates for the Diary.  
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Email: [contact@swdirectories.co.uk](mailto:contact@swdirectories.co.uk)

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Email: [contact@swdirectories.co.uk](mailto:contact@swdirectories.co.uk)

## Risca U3A

for retired & unemployed people.  
Risca Youth Centre, Lyne Road  
Daily activities & Monthly Social Afternoon  
on last Thursday of the Month at 2.00pm  
We Warmly Welcome New Members  
Please Contact for more details  
Mrs I Davies 01633 850095

## Ridgeway and Allt-yr-yn Community Centre

MONDAY - OAP Keep Fit 2pm-4pm  
Pray Meeting 7.30pm-8pm  
TUESDAY - Art Class 10am-4.30pm  
WEDNESDAY - Patch Work & Quilting 1pm-3pm  
Sewing Class 7pm-9pm  
THURSDAY - Yoga Class 9.45am-11.15am  
For more details call Helen on 07973 534483  
French Class 7pm-9pm, Bible Reading 7.30pm-8.30pm  
FRIDAY - Pilates 10.00am-12.00pm  
Sewing Class 12.30pm-4.30pm  
SUNDAY - Bible Reading 11.00am-12.00pm  
Gospel Meeting 4.30pm-5.15pm  
Hall can be hired for children's parties, receptions and meetings  
For more information email Malcolm Schulz: [malcolmschulze@viginmedia.com](mailto:malcolmschulze@viginmedia.com) or come to the Centre any Wednesday

## Western Valley Camera Club

Thursday evening in the Dudley Suite, Cross Keys Rugby Club. (Pandy Park, Woodward Avenue, Cross Keys NP11 7BS) at 7.30pm. For further information please go to the club website - [www.westernvalley.co.uk](http://www.westernvalley.co.uk)

## MERCHED Y WAWR CASNEWYDD A'R CYLCH

(for Welsh Speakers & Learners)  
Yr ail Nos lau bob mis (Medi-Mehefin) am 7:30  
Yn Neuadd Capel Bethesda, T -du neu'r  
Ganolfan Ddinesig  
BYDD CROESO MAWR I CHI I GYD  
Ffôn Bronwen Green 01633 894404 / Vivien Lee  
01633 894896

## Oxford House Industrial History Society. (OHIHS)

If you are interested in industrial history then why not join us every Friday evening at Risca Colliers Institute 7:00 pm. [www.riscamuseum.org.uk](http://www.riscamuseum.org.uk)  
Contact Brian Absolon 01633 264819

## Gwent Family History Society (Newport Branch)

Help Desk at Newport Reference Library  
2nd Wednesday of each month 2pm-4pm  
Beginners Class at the Civic Centre  
7.00pm on the second Wednesday of each month. Branch Meeting at the Civic Centre  
7.00pm on the Last Wednesday of each month  
Contact 01633 421378

## Newport and County Horticultural Society

Winter talks and summer outings.  
For further information contact Gay Thomas on  
01633 274527

## The Lyceum Folk Club of Newport

Held every Thursday at 8.30pm at the Grindau Constitutional Club. Malpas Road Newport  
For more details ring 07966 754366

## Book Club

Last Tuesday in the month at 2.30pm - Just turn up at the Hand Post Pub.  
Contact: Daphne Shirley 01633 257796

## Newport Reading Group

Tuesday 7.00pm-8.30pm  
Ye Old Murrenger Inn, High Street, Newport  
Please see our blog  
([www.thenewportreadinggroupblog.blogspot.co.uk](http://www.thenewportreadinggroupblog.blogspot.co.uk)) for information the group and contact details

## Friends of Newport's Ornamental Parks

The group has a membership of almost a hundred. If you would like to become a Friend of Newport's Ornamental Parks. Contact Kerry on 01633 660716 or go to the website [www.fonop.org.uk](http://www.fonop.org.uk)

## The Newport Medieval Ship

The Ship Centre is opened Fridays & Saturdays 10.30am - 4.30pm  
Unit 20 Estuary Road, Queensway Meadows Ind Est, Newport, NP19 4SP

## Whist Club

Come and meet new friends. Blaen-y-Pant Centre. Tues, Weds & Sat at 6.30pm  
For details 01633 853348

## Newport and Gwent Philatelic Society

Meetings are held twice a month in Room 3 of the Civic Centre Newport, 7pm every second Wednesday. All ages welcome. For more details please contact Roy Bentley. 01633 892410  
[Roybentley@mylundy.co.uk](mailto:Roybentley@mylundy.co.uk)

## South Wales and Mon. Numismatic Society

1st Monday of the month in Newport for anyone interested in coins, tokens, Medals, Banknotes. For details please contact the Chairman on 01633 413238 or Secretary on 02920 561564

## Oxford House Museum

Open every Saturday from 10am to 12.30pm

## Friends of Newport Museum and Art Gallery (FoNMAG)

Talks in Newport Art Gallery at 7pm  
March 13th & April 10th.  
Summer Excursions to be confirmed  
Find details and programme at  
<http://www.fonmag.org.uk/>

## Newport U3A

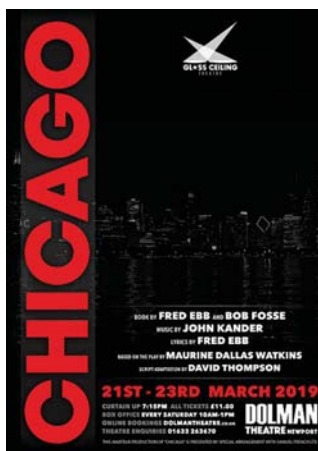
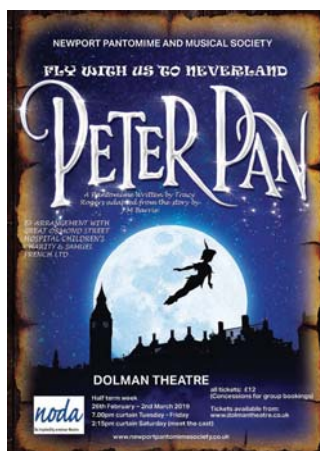
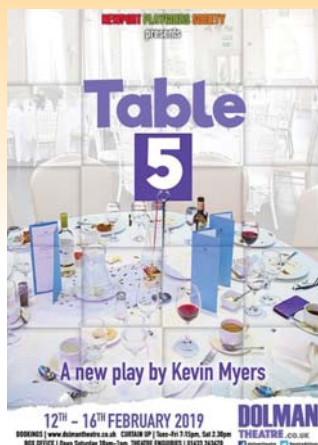
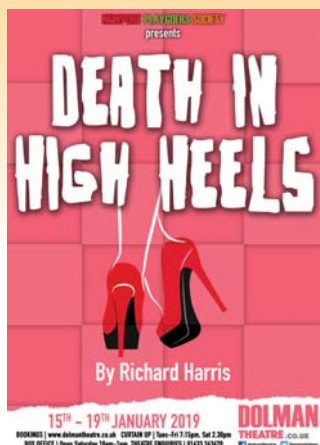
For those retired or near retirement, we meet at Shaftesbury Methodist Church each Wednesday, Thursday and Friday during term time. Nearly 40 interest groups from Art to Welsh. New members very welcome. For more details Contact Angela Robins 07980 970967 or [www.newportu3a.org.uk](http://www.newportu3a.org.uk).

## Bedwas & Trethomas Bridge Club

Looking for new members. Thursday 7:00-9:30pm. All standards welcome. Contact John: 07855 200525



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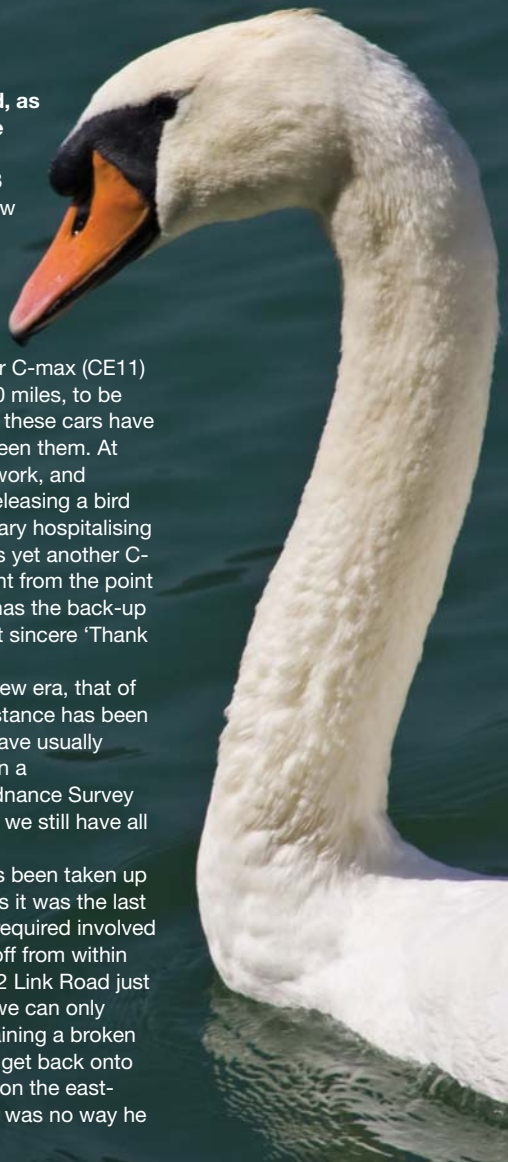
# And So Another Year Ends; How Worrying Is That?

**There we go! Another year is almost out, and, as usual, we're not stuck for something to write about!**

One of us retired from the steel industry in 2003 after 40 years, and promptly bought a brand new car, an absolutely brilliant Ford Focus estate (CE03). That car had to be retired, exhausted, after about seven years and 273,000 miles. The stats relating to the next car, a Ford C-max are beyond recall, but from memory are not quite so frightening. There was then another C-max (CE11) which also was retired, in October after 193,000 miles, to be replaced by yet another one. One thing is clear, these cars have accumulated well over half a million miles between them. At least 80% of this relates directly to our rescue work, and includes 'the afters' by which we mean either releasing a bird into the most appropriate location, or, if necessary hospitalising it. The latest vehicle to join us on the treadmill is yet another C-max, we have to say they have all been excellent from the point of view of comfort, economy and reliability, as has the back-up received from the staff at Newport Ford. A most sincere 'Thank you' to all concerned for that.

With this latest car (CE67), we have entered a new era, that of satnav! A part of so many calls requesting assistance has been the offer of a postcode which, in the past, we have usually declined because we have depended entirely on a comprehensive collection of A-Z Street and Ordnance Survey maps and a lifetime of successful map reading; we still have all of those, but held in reserve.

Much of our time in October and November has been taken up dealing with this year's cygnets in distress. Thus it was the last mission for which the most recent old car was required involved a young (2018) cygnet which must have taken off from within the Cardiff Bay lagoon and landed on the A4232 Link Road just short of the Butetown Tunnels. At some point, we can only guess the details, it was seriously injured, sustaining a broken leg. By the time we arrived, it was struggling to get back onto the water through the railings on the pavement on the east-bound side of the carriageway; mercifully, there was no way he



# SWAN RESCUE

could succeed; CE11's final trip was, therefore to take this poor little bird for treatment at the National Swan Sanctuary at Shepperton.

The following day, we parted with CE11 and took delivery of CE67, to be followed the very next day with a mission to the Teifi Estuary beyond Cardigan. Satnav came into its own on this very first trip mainly because of the road closures necessitated by the very heavy rain the week before. The story of the swan we had to rescue was peculiar to say the least. James

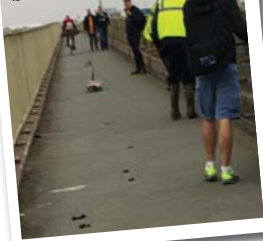
and his partner live on a boat moored in the estuary. A few months prior, they had rescued/befriended an adult swan they had spotted in a reed bed near their mooring. It appeared to be scruffy, in generally poor condition and underweight. Over the following weeks they fed him, it seems to the point at which the swan preferred their company to that of the other swans on the estuary. Crazy though it may sound, it seems he had forgotten how to be a wild swan. With James' travel plans for the forthcoming winter in mind spending it in Greece, it was agreed it would be best to relocate the bird to Shepperton which we duly did some few days later.

Excitement in the following days included, on two separate occasions, swans 'down' on the west-bound M4 and A48. In the latter case the bird had flown



*Coed Kernew family before cob disappeared.*

*Cygnets which crash landed on Butetown Link Road and Subsequently suffered a broken leg.*



before we arrived, but in the other there was a significant build up of traffic, potentially making it extremely difficult to progress quickly to the

precise location where our experience could be put to effective use. Needless to say, the Motorway Police and Traffic Officers were greatly relieved when we did finally turn up. In the event neither was too bad unlike on one occasion a few years ago when a major incident occurred on the A40 at Ross-on-Wye, on the bridge over the river itself; it took nearly an hour to complete the last mile to the scene.

With the benefit of hindsight, the implications of the case of the swan on the motorway are sad. A day later it was reported the adult male, the cob, from a family with its territory at Coed

Kernew had gone missing. This is a most unusual thing to have happened, a very well established family comprising an adult pair and four cygnets. This is the time of year when the young are starting to disperse, either of their own accord, or being 'encouraged' to do so especially by the cob. We've never come across a case of an adult leaving like this. Sadly, we've been left wondering whether or not the swan on the motorway could have been him. Having released this bird at Channel View in Grangetown, we have been hoping ever since he would fly back, something we do know a swan is well capable of, but so far it hasn't happened in this case. In the meantime, we continue to keep an eye on what is now a 'one parent family' resident near Coed Kernew.

**Story by Peter, photographs by Ellen. For swan and all other wildlife problems please contact Peter & Ellen on 01633 895241 or 07802 472788**

# Gwerinwyr Gwent Diary



While most of the team were dancing in the rain in Stroud on 22nd September (Nov/Dec issue), a couple of our members were in the rain in Caldicot at a mini-twmpath for Ysgol Gwmraeg Y Ffin, who were celebrating their 10th birthday. The age of participants ranged from 4 to 84, never too old!

On Friday 19th October GG paid a return visit to the Stow Park Church Centre to provide an evening's entertainment for Newport Welsh Society. Barbara Griffiths, although recovering from a hip replacement, had put together a survey to find the most popular place in Wales. GG members went through the alphabet with a brief description of Welsh places, and the audience then got to choose their favourite (St David's was the winner in case you were wondering). In between there was plenty of music and dancing with chances for audience participation. The evening finished with a lovely buffet. Now for something different, on Sunday 11th November, the 6 available dancers plus musicians Oly and Mike travelled to a blustery Cardiff Bay to be filmed outside the Millennium Centre, along with many other acts, for



the opening credits on the Welsh auditions of the next series of Britain's Got Talent. Regular readers may remember that in 2013 GG was filmed for the opening credits of the X Factor and shown for all of two seconds. I wonder how long we will get this time, or if we even make it to the screen!

Passing Welsh culture and dancing onto future generations is of prime importance to GG, so in 1981 we worked with primary schools from the former county of Gwent, enabling many schools to set up 'after school clubs' where hundreds/thousands of children have danced and enjoyed Welsh culture throughout the years. When some of these children became adults they even joined GG, bringing the average age of the members down considerably!!! As well as schools,

we invite any other children's organisations who meet on a weekly basis to join Gwyl Plant Gwent (translated: Gwent's children's festival). We have retired members who are always willing to give a helping hand to get you started.

Gwyl Plant festivals for 2019 are: Newport - Newport Sports Village, Saturday 15th June 10am -12pm

Cwmbran - Cwmbran Square, Saturday 22nd June 10am-12pm  
Abergavenny - Abergavenny Castle, Saturday 29th June 11am-1pm

Mini Gwyl Plant - Tredegar House Folk Festival, Saturday 11th May 11am-12pm

If you are interested please ring 01633 892697 for further details. Come and join in with the children and parents, or if you prefer just come and watch.

**Gwerinwyr Gwent is always looking for new members, and beginners or experienced dancers or musicians are very welcome.**

**We meet on Thursdays from 8-10pm at the Graig Community Hall, Bassaleg, NP10 8LG (opposite the Ruperra PH). Just come along, or ring 01495 271953 for more details, also visit our website [www.gwerinwyrghwent.org.uk](http://www.gwerinwyrghwent.org.uk)**



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