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JANUARY/  
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MARCH/APRIL EDITION IS  
WEDNESDAY 30TH JANUARY**

**Editor: Susan Woolford  
Sales & Distribution:  
Leslie Woolford**

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It's always good to try new things and aspire to improve our lives, whether it's losing the extra pounds we put on over the festive season, attempting to become fitter, volunteering or helping a local charity, starting a new hobby or even starting a business. Trying something new and having different experiences often makes us feel focused and happier in life.

If you are interested in advertising your business in the directory, please contact us to find out about the very competitive advertising rates. You will always deal with us directly, like many of the businesses that advertise in this magazine, we are a small, independent business and fully appreciate how much your business means to you.

**We wish you a Happy New Year**

*Susan*  
x

**Advertising enquiries:**

**Telephone Leslie on 07725 888070 or 01633 892771  
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# Re-seeding & Re-growth of Twmbarlwm

Another year has gone by and it was another busy year for the Society and probably an unforgettable one for Twmbarlwm and the surrounding area.

You all know that I'm referring to the wildfires that devastated vast areas of the Cwmcarn Forest and spread over the summit of Twmbarlwm causing extensive damage to the undergrowth and compromising the underlying archaeology.



The fires raged around Twmbarlwm for nearly two weeks and once it was over, CTS met on the mountain with field officers from Cadw to examine the damage.

Then with advice from CCBC's ecologist and a Cadw appointed landscape engineer it was decided that in the short term it was vital to attempt to stabilise the surface by re-seeding as much of the damaged area as possible before severe winter weather did further damage to the landscape.

Therefore the society set about raising the necessary money, primarily from Cadw and Trustees of the Llanarth Estates, to pay for a specialised mix of native species grass seed.

With just three days before the proposed day to sow the seed we put a call out on the internet for volunteers to help with the sowing - so it was a marvellous surprise on 7th October when over 40 people turned up to help. It was a glorious sunny day with just a small breeze - perfect sowing weather - and we had the whole top of the mountain covered within three hours - it was a marvellous day and illustrates how the Twmp holds a unique place in the hearts of the local community.

We have kept our eye on the Twmp to check on progress since the re-seeding. Unfortunately, storm Callum whipped through the area just a couple of days after re-seeding, this did us no favours in giving the seed a chance to germinate. The burnt areas had a real battering from the heavy rain and strong winds, and areas that were fine ash and dust hardened into a solid clay consistency - not a good base for the grass seed.

Much of the seed was also swept off the crest of the surrounding ditch leaving a few bare patches. So for the first few weeks our efforts seemed to be futile.



*Some of the re-seeding volunteers show great sowing technique on Twmbarlwm*



*Despite some horrendous autumn weather some areas are showing signs of regrowth*

However, a month further on, I visited the mountain in early December and I could see more promising signs. Now I'm no botanist, but even I could tell that there was plenty of evidence that our newly sown grass was starting to show through as well as some original, surviving grass stock - there are also new shoots of heather and wimberry coming up.

I await the experts' verdict but I believe we did a satisfactory rescue job and expect more re-seeding will be necessary in the spring - so watch our website for announcements and come and join us next time. •

**CTS meet at the car park** below Twmbarlwm's summit for a litter pick and volunteer workday on the last Sunday of every month to which everyone is invited, it's not all hard work and it's a great opportunity to find your way around up there. We organise walks and other events up the mountain and at Crosskeys RFC throughout the year so watch our website and Facebook page for details.

**[www.twmbarlwm.co.uk](http://www.twmbarlwm.co.uk)**



*Over 40 volunteers helped sow grass seed over the scorched areas of the mountain top.*





## Little Dragons classes

Ages 4-7



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Ty-du community hall  
Welfare grounds  
Tregwyllym road  
Rogerstone  
NP10 9EQ  
Tuesdays 17.30 - 18.15  
Thursdays 17.30 - 18.15

Cwmcarn OAP hall  
Newport road  
Cwmcarn  
NP11 7LZ  
Monday 17.45 - 18.30  
Friday 17.45 - 18.30

## JUNIORS Taekwon-Do

Ages 7-13

ROGERSTONE  
Ty-du community hall  
Welfare grounds  
Tregwyllym road  
Rogerstone  
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Tuesdays 18.30 - 19.30  
Thursdays 18.30 - 19.30

Cwmcarn OAP hall  
Newport road  
Cwmcarn  
NP11 7LZ  
Monday 18.30 - 19.30  
Friday 18.30 - 19.30

## Adults Taekwon-Do

Ages 13+

ROGERSTONE  
Ty-du community hall  
Welfare grounds  
Tregwyllym road  
Rogerstone  
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Tuesdays 19.30 - 20.30  
Thursdays 19.30 - 20.30

Cwmcarn OAP hall  
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contact@swdirectories.co.uk

## **Benefice of Lower Islwyn**

### **St. Mary's Risca**

Sunday 10am Holy Eucharist  
**St. Margaret's Pontymister**  
Wednesday 10am Holy Eucharist  
Reverend Martyn Evans  
01633 619425  
martyn.evans01@btinternet.com

### **The Salvation Army**

Sunday – 10.30am & 5.00pm  
Parent & Toddlers, Tuesday 9.30am  
Luncheon Club –  
Wednesday 12.00pm  
Rainbow Weds 5.00pm  
Brownies Weds 6.00pm  
Guides Weds 6.30pm  
Captain John Stark  
01633 613794  
www.riscasalvationarmy.org.uk

### **Moriah Baptist Church**

Sunday 11.00am; 6.00pm  
Friday Babies & Tots  
9.30am-11.30am  
Secretary: Sylvia Ware  
01633 612789  
www.moriahrisca.com

### **Bethany Baptist Church**

Sunday 10.30am; 6.00pm.  
Wednesday Prayer & Bible Study  
7.15pm  
Friday Coffee Morning  
10.30-12noon  
The Revd. Ian Waugh  
01633 619163

### **St Davids Shared Church, Ty Sign**

Sunday 11.00; 6.00pm

### **Crosskeys Methodist Church**

Sunday 11.00am

### **Trinity Congregational Church, Pontywan**

Sunday 11.00am  
Rev Paula Parish-Foley

### **Hope Baptist Church, Crosskeys**

Sunday 11.00am; 6.00pm  
Tuesday Prayer Meeting 7.00pm

Wednesday Luncheon Club  
12.15pm

Thursday Sisterhood 7.00pm  
Friday (term time) K's Childrens  
meeting 6.00pm  
Contact: Stuart Godfrey  
01495 272227

### **Clyde Street Pentecostal Church**

Sunday Communion 11.00am  
Sunday Evening Service 6.00pm  
Tuesday Prayer Meeting 7.30pm

### **Ss. Anthony and Clare (RC) Risca**

Sunday Mass 11.00am  
Tuesday Mass 7.00pm  
Wednesday Exposition 9.30am  
followed by Mass 10.00am  
Church open to visitors 10.00–  
1.00pm  
with coffee and tea in the Church  
Hall

### **Our Lady of Peace (RC) Newbridge**

Sunday Mass 6.00pm  
Thursday Mass 1.30pm  
Church open to visitors 12.00–  
2.00pm

### **The Sacred Heart (RC), Pontllanfraith**

Saturday Mass 6.00pm  
Sunday Mass 9.30am  
Monday 11.00am  
Friday Exposition 10.00am  
followed by Mass 10.30am  
Church open to visitors 10.00am–  
2.00pm  
Fr. Kevin Paine Tel.01495 233304  
07980 236936  
catholicchurch@btinternet.com

### **Crosskeys Pentecostal Church**

Gladstone Street  
Sunday 10.30am; 6.00pm  
Sunday School 11.00am  
Tuesday 7.15pm prayer meeting  
Thursday 7.15pm Bible Study

### **Agape Community Church, Ty-Sign**

Channel View Community Centre  
Sunday 10.30am  
Pastor Mark Jones  
078836 608085  
www.agapeonline.org.uk

### **Ty-Isaf Baptist Church**

Sunday 11.00am; 6.00pm  
Thursday Prayer/Bible Study  
7.00pm  
Friday (term time) Children's Club  
6.00pm  
Pastor Stephen Tucker  
01633 866580  
www.tyisafbaptist.com

### **New Life Christian Church**

37 Llanover Street, West End,  
Abercarn NP11 4SX  
We meet at 5pm each Sunday.  
Haydn Jefferies  
07949 220135

### **Dan-y-Graig Church Risca**

Sunday 11.00am and 6.00pm.  
Sunday School 11.00am  
Monday 7.00pm Guild  
Tuesday 10.30am Coffee morning  
Thursday 10.30am Coffee morning  
Rev. Paula Parish-Foley 01633  
412760

### **Crosskeys Methodist Church**

Sunday Worship 11am  
Mondays - Wesley Guild  
7pm to 9pm  
Contact Michael Gray  
01495 270253  
Thursdays - Ladies Group 2pm  
to 4pm  
Contact Ruth Gray 01495 270253  
General Contact Michael Gray  
01495 270253, or  
The Minister, Rev Les Jones  
01633 843322



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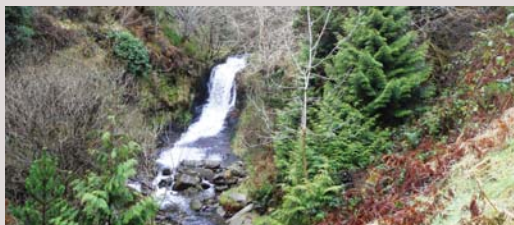
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## Blaenrhondda Waterfalls

From Merthyr Tydfil, take the A465 to towards Hirwaun, then take the winding A4061 Rhigos Road to Blaenrhondda. Take the B4522 to Blaencwm and follow the signs for Waterfall car park. Follow the footpath along the left side of the stream up to the Nant Melyn waterfall. It is possible to see the Nant Carnfoesen waterfall from the path, but for the best view, cross the stream just upstream of the tiny reservoir and head up the left bank of the other stream that enters the reservoir. Follow it up to the waterfall but there is no proper path to this point.

**The Waterfall Wanderer.**



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## Reservoirs in Wales

# Caban Coch

**The lowest of the dams in the sequence of four built in the valley of the Elan River is Caban Coch dam. It is the simplest and most functional in appearance of all the dams, resembling a natural waterfall when the reservoir is full and the dam.**

The Birmingham Corporation agreed and an Act of Parliament was passed for the compulsory purchase of the total water catchment area of the Elan and Claerwen Valleys. In 1893 the building work began, a railway line was constructed to transport the workers and thousands of tonnes of building material each day, this took three years. Local rock was only suitable for use inside of the dams. The hand-chiselled facing stones were transported from Glamorgan. On 21st July 1904 King Edward VII and Queen Alexandra opened the Elan dams and water started flowing along 73 miles of pipeline to Birmingham. The whole of the Elan scheme had cost £6 million and employed 50,000 men in total.

An average of 360 million litres of water a day is extracted from the Foel Tower to the Severn Trent water treatment works. The Foel Tower stands 171 feet above the Frankley Reservoir in Birmingham. The gradient of the aqueduct maintains a flow of less than 2 miles per hour and the water takes one-and-a-half days to reach Birmingham. The River Elan is compensated with 68 million litres of water a day from Caban Coch. This can be increased to 232 million litres



per day so that South Wales can also benefit from this water as the River Elan flows into the River Wye from which water can be transferred in times of shortage.

I was fortunate to visit the Elan Valley on a beautiful sunny day last year, just after a prolonged period of heavy rainfall. The spectacular view of the water cascading over the dams together with the graceful Red Kites flying overhead was breathtaking. This really is a

peaceful and tranquil place that makes you feel grateful to be alive and privileged to experience the beauty all around us.

This spectacular scenery is slightly less than a two hour drive to from Newport and is well worth the effort. On an average it rains 235 days a year on the Elan Estate so, for the perfect day out make sure you check the local weather forecast before you leave.





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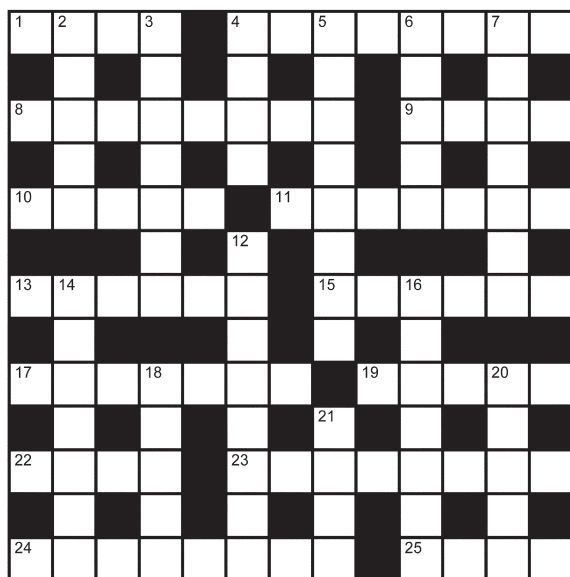
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[www.newportpantomimesociety.co.uk](http://www.newportpantomimesociety.co.uk)

# Crossword



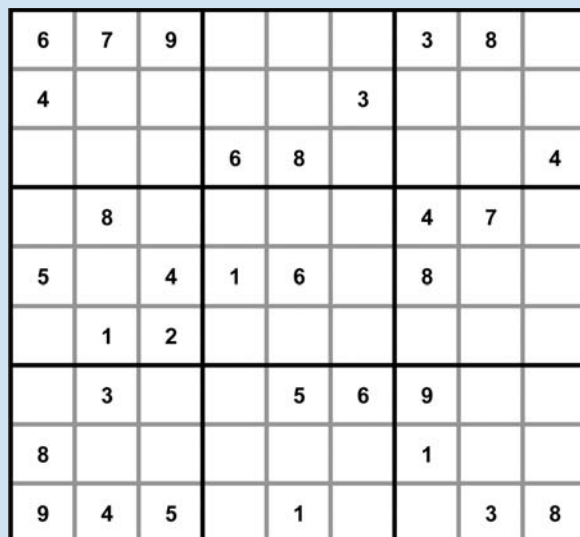
## Across

- 1 "Beware the \_\_\_ of March", advice given to Julius Caesar (4)
- 4 Lake on which Chicago stands (8)
- 8 Royalist supporter of Charles I (8)
- 9 Hindu or Buddhist religious leader (4)
- 10 Divisions of the school year (5)
- 11 Plait of braided hair (7)
- 13 Protruding abdomen (6)
- 15 Computer application program that uses the client's web browser to provide a user interface (6)
- 17 Outlet of a river to the sea (7)
- 19 City, the capital of Ghana (5)
- 22 Threesome (4)
- 23 Spillage caused by exceeding capacity (4)
- 24 Medicated lozenge for the throat (8)
- 25 Dark greenish-blue colour (4)

## Down

- 2 First Englishman to circumnavigate the globe (5)
- 3 Itinerant Australian labourer (7)
- 4 Female domestic (4)
- 5 Prominent bishop of the Roman Catholic Church (8)
- 6 Block of metal (5)
- 7 Flight-operating company (7)
- 12 Stick of black carbon material used for drawing (8)
- 14 Country, capital Vienna (7)
- 16 World's largest ocean (7)
- 18 German submarine in World War II (1-4)
- 20 Dry red table wine from Spain (5)
- 21 French for 'father' (4)

# Sudoku



The object of sudoku is to insert the missing numbers in the boxes to satisfy just one condition: each row, column and 3x3 box must contain the digits 1 through to 9 exactly once. This can be done by applying logic – you do not have to guess.

Solution on page 22



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- Adjustable seat, which slides to allow more leg room
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**SAVE £200** On Previous Price

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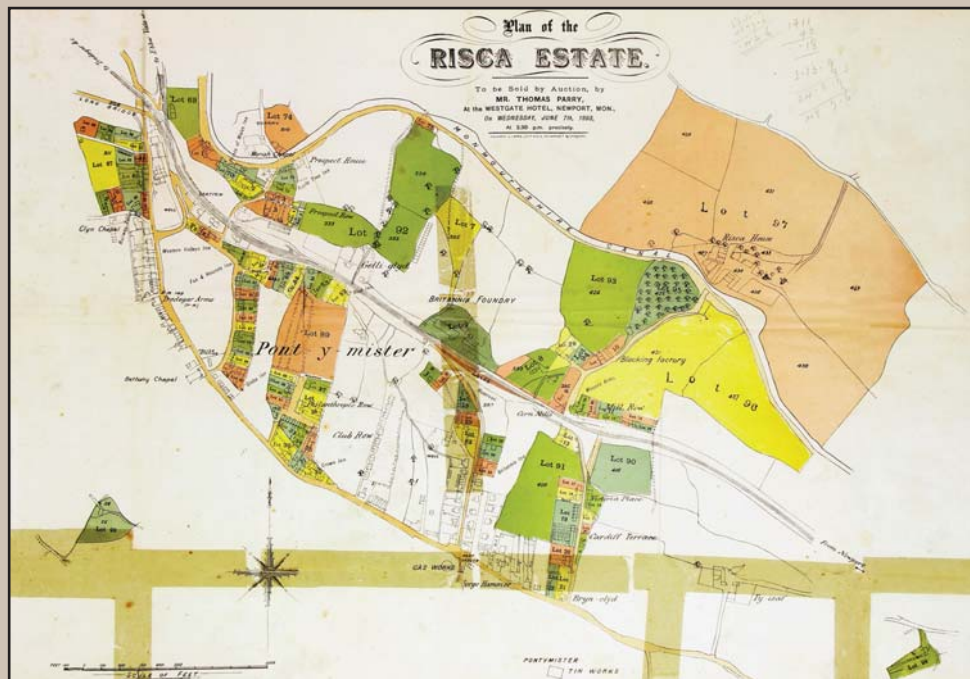
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# Risca Estate Sale of 1893



Currently on display at Risca Museum is an original catalogue advertising the proposed auction of the Risca Estate, Monmouthshire. The estate was to be sold at the Westgate Hotel, Newport, by Newport auctioneers Thomas Parry on June 7th, 1893, on behalf of the owner, Frederick Phillips, a descendant of the legendary 'Squire' Phillips. Included in the auction was a manor house and freehold farm known as Risca House (Ty-Mawr). It was this house that gave its name to 'Manor Way', the road now leading to the modern-day housing estate known as Ty-Sign.

In addition to the manor house there were 68 acres of pasture and arable land and some 30 freehold workmen's cottages and gardens. The estate generated ground rent income of over £400 per annum. In the possession of the Phillips family since the 1750s, descendants farmed much of the surrounding neighbourhood. By the 19th century the Parish of Risca had begun to change from a rural to an industrial society. Although many of the local populace were involved in farming, documentation records a growing workforce employed as masons, blacksmiths, foundry workers, as well as

shopkeepers and maltsters. The 1893 Risca Estate Map clearly shows that Risca had the arteries to develop and take advantage of its natural and man made resources. As the population grew, local industries became a magnet to workers from other parts of the country. New cottages, shops and public houses were centred on the earlier communities. For example, housing for the workers of Britannia Foundry was built along a branch line which served the Foundry and known as Forge Trip. Cottages were also built in nearby Mill Row. Yet more cottages were to be built in Water Lane, later

renamed Mill Street. The estate map clearly shows Club Row, built in the early 1850s, and now known as Brookland Road. As communities grew, each became well served by local hosteleries. The auction catalogue records long forgotten inns including: 'Western Valley Inn', 'Crown Inn', 'Apple Tree Inn', 'New Inn', 'Globe Inn'. Many of these inns were owned by the Risca brewers, Cross and Matthews. Of the auctioned inns, the 'Fox and Hounds' near Risca railway station sold for £850. However, the 'Mason's Arms', leased to Messrs. Cross and Matthews, sold for £1010. The high price probably reflected by its location near to Britannia Foundry and its considerable workforce. The 'Apple Tree' was sold to Cross and Matthews for £605. Situated adjacent to the Monmouthshire canal was the 'Prince of Wales'; this property and three nearby freehold cottages sold for £750. Meanwhile, 'The Railway Tavern' and 'Britannia Inn', located off Forge Trip, sold for £750 and £75, respectively. Chapels serving the early communities include; Glyn, Bethany and Moriah. Sale documents record that the 99 lots generated returns of £21,600: today equivalent to £17.7 million. Lot 99, for example, illustrate that Risca House was sold to William Giles for £2,075. The sale price included arable and pasture land, orchards, as well as out-buildings such as the magnificent stables. Of particular interest, Lot 9 - Risca Mill, as well as certain water rights, was sold for £505 to Henry White, owner of Britannia Foundry. The sales agreement included an undertaking for White to

improve the property and to maintain existing machinery. The nearby Flannel Factory and three cottages were sold to Thomas Budding for £110. Ten cottages located close to the 'Apple Tree' and known as Prospect Row, sold for £140 or £14 each! One particular plot identified as 'Watling Dab' was sold to a Mr Goldsworthy for £50, the 'postal' address being 'Tydee Road, Pontymister'. That location is today identified as being adjacent to the junction of

Park Road and Station Road. The sale document also refers to a number of sites adjacent to the former Pontymister Ironworks - a site now occupied by a Tesco supermarket store.

N.B. It is noteworthy that the Risca Estate Map is clearly branded as PONTYMISTER, suggesting that in 1893 the location of Risca was acknowledged as being north of the Longbridge and not extending south, as it is today!

## FRIENDS OF RISCA MUSEUM



Just over a year ago the Risca Museum, which is run by a small group of volunteers, suffered an increase of about £3000 in their annual rent which put the continued existence of the Museum in jeopardy. As a result the 'Friends of Risca Museum' was formed based on an annual donation of £10, very little to ensure that this special local institution continues to exist. Unfortunately, numbers fell short of what was required to meet the costs but one-off visitor donations helped and the balance was met from Museum reserves. However, if this situation continues, it would result in the Museum

reserves being exhausted within a few years and closure being the only option. We are therefore making a further appeal for 2019, hoping existing Friends will renew and that many more will decide give their support. Please consider becoming a Friend and also talk to your friends, relations and neighbours. Whilst our preference is for Friends to complete a direct debit form, we are happy to accept other methods. Full details are available on our website [www.riscamuseum.org.uk](http://www.riscamuseum.org.uk) or Facebook page or call in to the Museum any Saturday between 10am and 12.30pm.

## **Oxford House Museum**

Open every Saturday from 10.00am to 12.30pm

## **Risca U3A**

for retired & unemployed people.  
Risca Youth Centre, Lyne Road

### **MONDAY**

Walking 10.00am at Risca Leisure Centre  
Scrabble 12.30pm

### **TUESDAY**

Art Club 9.00am, Local History 12.30pm  
Walking 10.00am at Fields Road

### **WEDNESDAY**

Keep Fit 10.30am, Short Mat Bowls 1.00pm  
Bridge 1.15pm

### **THURSDAY**

Craft 9.00am, Short mat Bowls 9.30am

### **FRIDAY**

Walking 10.00am at Risca Leisure Centre (Easy). Monthly Social Afternoon on last Thursday of the Month at 2.00pm  
Please Contact Mrs I Davies  
01633 850095

## **Trussell Trust Food Bank**

Monday: 10am - 12pm  
Wednesday: 10am - 12pm  
Friday: 10am - 12pm  
Salvation Army  
66A Commercial Street, Risca  
Tel: 07599 973312 or 01633 613794  
[info@risca.foodbank.org.uk](mailto:info@risca.foodbank.org.uk)

## **Oxford House Industrial History Society.** (OHIHS)

If you are interested in industrial history then why not join us every Friday evening at Risca Colliers Institute 7:00 pm.  
Details of our talks and walks programme are available on our website [www.riscamuseum.org.uk](http://www.riscamuseum.org.uk)  
Contact Brian Absolon 01633 264819

## **Western Valley Camera Club**

Every Thursday - 7:30pm till about 10:00  
Cross Keys RFC, Pandy Park, Woodward Ave, Cross Keys  
We run a varied program of competitions, practical work, talks, etc.  
Everyone is welcome regardless of age, gender, experience, ability, or equipment.  
For more info contact: Vince Penticost, Chairman - 01495 271581, Chris Meaker 07730 686034

Or visit the club website - [www.westernvalley.co.uk](http://www.westernvalley.co.uk)

## **Sequence Dancing**

Monday 8.00pm  
St Margaret's Church Hall, Risca  
MC's Paul & Bella. All are Welcome  
Contact 01633 612823 for more details

## **Sequence Dancing**

Tuesday 8.15pm-10.15pm (dance and instruction)  
Saturday 8.00pm-10.30pm (social dancing)  
Channel View Community Centre (off Lower Wyndham Terrace)  
Contact: Les 01495 270798

## **Shade**

A self help group for people with depression and anxiety. Every Tuesday 7.00-9.00pm and Thursday 1.00-3.00pm, Danygraig Church Hall.  
No charge, all welcome

## **Risca Male Choir**

Sunday 6-8pm and Thursday 7-9 pm at the old Risca UDC offices in St. Mary Street  
For more details call secretary Alan Davis 01495 272664 or [www.riscachoir.net](http://www.riscachoir.net)

## **GWENT CHORALE supported by COLEG GWENT**

The choir meets every Wednesday at 7pm at Dan-y-Graig Church, Risca NP11 6DR  
New choristers are always welcome.  
For more details call Colin on 01633 894914 or Nicola on 07974 111712  
Or visit [www.gwentchorale.com](http://www.gwentchorale.com)

## **Indoor Short Mat Bowls**

Every Tuesday 12.30pm until 2.30pm at the Risca Library.  
£2 a game. All ages and abilities welcome  
For more information please Contact Derek Haines on 01633 601302

## **Reading Group - Risca Library**

1st Tuesday morning each month 11.00am-12noon. For full details please contact Gill Bartlett - 01443 864780

## **Story, Rhyme and Play Session**

For children under 4 at Risca Library  
Tuesday & Saturdays 11am-12noon (term-time only). Contact: Risca Library 01443 864780



### **Moriah Baptist Church**

Friday Parents and Tots 9.30am-11.30am  
Secretary: Sylvia Ware 01633 612789  
[www.moriahrisca.org.uk](http://www.moriahrisca.org.uk)

### **5th Risca Scout Group – Beavers/Cubs/Scouts**

Beavers: Tuesday 5.15pm–6.15pm  
Cubs: Tuesday 6.30pm–7.30pm  
Scouts: Wednesday 7.00pm–9.00pm  
Contact: Gareth Tanswell  
(Group Scout Leader) 08432 891272

### **The Samurai Judo Club – Crosskeys**

St Catherine's Church, Gladstone Street  
Wednesday 6.15pm-8.00pm  
For more information contact: 01633 614356  
or 01633 601256

### **Agape Community Church, Ty-Sign**

Monday 9:30am-11:30am Ty Sign Tots at  
Channel View Community Hall.  
Monday 7:00pm-9:00pm CAP Fresh Start  
Group for people tackling life controlling  
dependencies at TLC Cafe.  
Wednesday 10:30am-12:00noon at the TLC  
Cafe CAP Job Club.  
Wednesday 7:30pm-9:30pm. Connect Group  
for adults.  
Thursday evening 7:30pm once a month Bible  
Book Club.  
Contact 07836 608085 for details of CAP  
Group courses and Bible Book Club.

### **Really Cuckoo Company**

Sing, Dance, Act and have Fun  
[www.cuckoos.org.uk](http://www.cuckoos.org.uk)

### **Risca Mini & Juniors RFC U14s**

Our training sessions are held every  
Wednesday night at Fire Station Fields, Risca  
throughout the rugby season.  
We are actively seeking new players under  
14 years old.  
Contact Andrew on 07751 033507 for more  
details.

### **1st Pontywaun Scout Group**

Beavers/Cubs/Scouts  
Beavers: Monday 5:00pm - 6:00pm  
Cubs: Monday 6:00pm - 7:30pm  
Scouts: Monday 6:00pm - 7:30pm  
Contact: Alan Terrell (Group Scout Leader)  
07977 651453  
[gsl@1stpontywaun.craiscouts.co.uk](mailto:gsl@1stpontywaun.craiscouts.co.uk)

# **Risca LIBRARY**

Risca Palace Unit B, 75 Tredegar Street

**01443 864780**

**[www.caerphilly.gov.uk](http://www.caerphilly.gov.uk)**

Monday	9.30am - 1.00pm 2.00pm - 6.00pm
Tuesday	9.30am - 1.00pm 2.00pm - 5.00pm
Wednesday	9.30am - 1.00pm 2.00pm - 6.00pm
Thursday	9.30am - 1.00pm 2.00pm - 5.00pm
Friday	9.30am - 1.00pm 2.00pm - 5.00pm
Saturday	9.30am - 4.00pm

### **Reading Group**

meet on the 1st Tuesday of every month  
from 11am-12pm  
(The reading groups are fun, friendly  
discussions about a book we have all  
chosen to read over the month. Tea and  
coffee provided)

### **Crafters Corner**

meets weekly on Friday's at 11am-12pm  
(Informal craft session over tea and  
coffee, bring your own projects)

### **Story Time and Crafts**

(for children under4) – weekly on  
Tuesdays and Saturdays from 11am-12pm



## Crossword

**Across:** 1 Ideas, 4 Michigan, 8 Cavalier, 9 Guru, 10 Terms, 11 Pigtail, 13 Paunch, 15 Applet, 17 Estuary, 19 Accra, 22 Trio, 23 Overthrow, 24 Pastille, 25 Cyan.

**Down:** 2 Drake, 3 Swagman, 4 Maid, 5 Cardinal, 6 Ingot, 7 Airline, 12 Charcoal, 14 Austria, 16 Pacific. 18 U-boat, 20 Rioja, 21 Péré

## Sudoku

6	7	9	2	4	1	3	8	5
4	5	8	9	7	3	2	1	6
1	2	3	6	8	5	7	9	4
3	8	6	5	2	9	4	7	1
5	9	4	1	6	7	8	2	3
7	1	2	4	3	8	5	6	9
2	3	1	8	5	6	9	4	7
8	6	7	3	9	4	1	5	2
9	4	5	7	1	2	6	3	8

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We meet on a Thursday evening at Cross Keys Rugby Club and operate for people who are interested in photography and wish to develop and enhance new and existing skills.

The club holds meetings throughout the year on a variety of topics and aims to provide a varied programme which features the following broad topic areas:

- Competitions
- Practical sessions
- Demonstrations
- Talks and presentations from members and quality external speakers

We hold our meetings in the Dudley Suite, Cross Keys Rugby Club (Pandy Park, Woodward Avenue, Cross Keys, NP11 7BS) at 7.30pm and aim to finish by 10.00pm



For further information please go to the club web page at [www.westernvalley.co.uk](http://www.westernvalley.co.uk)

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01633  
892771

07725  
888070

[contact@swdirectories.co.uk](mailto:contact@swdirectories.co.uk)

## GWENT CHORALE

We meet at Dan-y-Graig Church, Risca at 7.00pm every Wednesday.

More information about the choir can be found at [www.gwentchorale.com](http://www.gwentchorale.com) or find us on Facebook.

Alternatively you may like to talk to Nicola Price on 07974 111712 or Colin Harvey on 01633 894914.

# St David's Hospice Care

By supporting the work of St David's Hospice Care, you are making a positive difference to patients and their families throughout Newport, Caerphilly, Monmouthshire, Torfaen and South / Mid Powys. Funds raised provide comprehensive palliative care and support to patients and their families at a very difficult time of their lives. Our aim is to ensure patients have 'real' choice to receive individual tailored care, surrounded by friends and families.

**Pontypool 10k Home Run** Sunday 24 February 2019

**St David's Hospice Care** *Bringing care home*

**Pontypool 10k Home Run & 2km Fun Run**

10am  
Sun 24 February 2019  
Pontypool Park

Run with us along the beautiful Monmouthshire Brecon canal towpath. Suitable for all levels of ability. Proceeds to St David's Hospice Care.

[www.stdavidshospicecare.org](http://www.stdavidshospicecare.org) 01633 851051

**Big Welsh Brew** 1st March 2019 #BigWelshBrew

**St David's Hospice Care** *Bringing care home*

The Big Welsh Brew can be as big or as small as you like. Whether you invite the whole office or just some friends to your home, every cuppa is supporting the Hospice.

For a free fundraising pack please contact us on 01633 851051 or email [fundraising@stdavidshospicecare.org](mailto:fundraising@stdavidshospicecare.org)

[www.stdavidshospicecare.org](http://www.stdavidshospicecare.org)

**The Admiral City of Newport Half Marathon** Sunday 3 March 2019

**St David's Hospice Care** *Bringing care home*

**The Admiral City of Newport Half Marathon**  
Sun 3 March 2019  
Start: Start

Scenic course that showcases some of the iconic landmarks of the City of Newport.

[www.cityofnewporthalfmarathon.com](http://www.cityofnewporthalfmarathon.com)  
01633 851051

**TOUR DE GWENT** Sunday 14th April 2019

**St David's Hospice Care** *Bringing care home*

Ride for charity & enjoy a stunning scenery across a variety of routes around South Wales. Jersey or t-shirt (4 shirts) are included in the registration fee.

Register now at: [www.tourdegwent.org](http://www.tourdegwent.org)

Our 2019 jersey

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**Kolor Dash** Sunday 19 May 2019

**St David's Hospice Care** *Bringing care home*

**Water Spray Station**

**Kolor Dash**

Sun 19 May 2019  
Tredegar Park, Newport  
11am Start - 5k

£5 £10 £25  
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[www.stdavidshospicecare.org](http://www.stdavidshospicecare.org) 01633 851051

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**Acorn Dalmatian BIKE RIDE** Saturday 8 June 2019

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[www.dalmatianbikeride.com](http://www.dalmatianbikeride.com)  
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[www.stdavidshospicecare.org](http://www.stdavidshospicecare.org)

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**Charity Golf Days** 12 September 2019

**St David's Hospice Care** *Bringing care home*

**Charity Golf Days**

Thursday 12 September 2019  
Newport Golf Club

£200 per team - 4 Ball

[www.stdavidshospicecare.org](http://www.stdavidshospicecare.org)  
01633 851051 [hello@stdavidshospicecare.org](mailto:hello@stdavidshospicecare.org)

**St David's Hospice Care Lottery**

**St David's Hospice Care** *Bringing care home*

**Your Local Hospice Lottery**

Supporting Hospice Care in our community

**Play online at:**  
[www.stdavidshospicecare.org](http://www.stdavidshospicecare.org)  
or ring us: 01633 851051

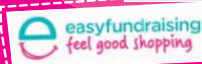
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*Bringing care home*

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[www.stdavidshospicecare.org](http://www.stdavidshospicecare.org)

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