

BASSALEG & RHIWDERIN

# DIRECTORY



ISSUE 74  
MARCH/  
APRIL 2019



SW DIRECTORIES

**COPY DEADLINE  
FOR THE MAY/JUNE  
EDITION**

**Friday 29th March**

**Editor: Susan Woolford  
Sales & Distribution:  
Leslie Woolford**

The editor cannot accept any liability to any party for loss or damage caused by errors or omissions. All artwork is accepted on the strict condition that permission has been given for use in the publication. SW Directories does not officially endorse any advertising material included within this publication. All rights reserved. No part of this publication may be reproduced without the prior permission of the editor.



# Welcome!

If you are interested in advertising your business in the directory, please contact us to find out about the very competitive advertising rates. You will always deal with us directly, like many of the businesses that advertise in this magazine, we are a small, independent business and fully appreciate how much your business means to you.

Hopefully, the weather will warm up a little over the next couple of months and we'll all be able to take a walk in our beautiful countryside and benefit from some spring sunshine.

Wishing you all a Happy Easter.

Best wishes



**Advertising enquiries:**

**Telephone Leslie on 07725 888070 or 01633 892771  
or email [contact@swdirectories.co.uk](mailto:contact@swdirectories.co.uk)**

## Any problems or issues in the Graig Ward?



*Contact  
Councillor*

**David  
Williams**

The Waggoners Cottage  
Croes-Carn-Einon Farm  
Holly Lane  
Newport, NP10 8RR

**Email:** [david.williams@newport.gov.uk](mailto:david.williams@newport.gov.uk)

**Phone:** 01633 892134

**Mobile:** 07549 916533



**NO CHOKE CHAINS OR  
RATTLE BOTTLES JUST KIND  
EFFECTIVE METHODS!**

- **Puppy Classes**
- **Adult Dog Training Classes**
- **Weekly Classes**
- **Individual Training Sessions**
- **Over 10 Years' Experience**



Please check the website for all classes.

Call Shaun:

**07890 996093**

**[www.k9traintime.co.uk](http://www.k9traintime.co.uk)**



**Ceidwadwyr  
Cymreig**

**Welsh  
Conservatives**

I hold **regular advice surgeries** and my staff are always **eager to hear from constituents.**

Rwy'n cynnal **cymorthfeydd cyngor rheolaidd** ac mae fy staff yn awyddus i glywed gan etholwyr.

## **MOHAMMAD ASGHAR AM/AC**

South Wales East Assembly Member  
Aelod Cynulliad De Ddwyrain Cymru

**01633 220022**

[www.mohammadasghar.org.uk](http://www.mohammadasghar.org.uk)

Mohammad.Asghar@Assembly.Wales

Fairoak House,  
15 - 17 Church Road,  
Newport NP19 7EJ

Mohammad.Asghar@Cynulliad.Cymru

T Fairoak,  
15 - 17 Heol yr Eglwys,  
Casnewydd NP19 7EJ



# **RUNNING OUT OF SPACE?**

We have the answer at **The Storage Centre Risca**

**Personal and Business  
Storage**

**Store Furniture, Stock or  
Documents**

**Packing materials available**

**Easy access to your items**



**Call us for a FREE Quotation on 01633 615600  
RBF Business Centre, Risca, Newport, NP11 6NP**





# DAWN TO DUSK AUTOS

A Complete Garage Service from an Established Family Company



My Garage VMS app is available on the app store and Google play. Enter the garage code - DTD01 and your car registration, the app will then tell you when your MOT, Tax, Service is due and will also send you a reminder.

## MECHANICAL

- ✓ All makes & models serviced including new vehicles under warranty
- ✓ Car & Commercial repair work carried out
- ✓ Diesel specialist
- ✓ Clutch specialist
- ✓ Brake specialist
- ✓ MOT
- ✓ Exhausts
- ✓ Air conditioning

## DIAGNOSIS

- ✓ **ELECTRICAL**
- ✓ Engine Management
- ✓ Alternators
- ✓ ABS
- ✓ Starter Motors
- ✓ Air bag
- ✓ Batteries
- ✓ Central Locking

Units 1-3 Pontymister Industrial Estate,  
Risca NP11 6NP  
Telephone: 01633 614999  
Email: [contactus@dawnanddusk.co.uk](mailto:contactus@dawnanddusk.co.uk)  
[www.dawnanddusk.co.uk](http://www.dawnanddusk.co.uk)

**FREE LOCAL  
COLLECTION  
& DELIVERY**

# CHOW TAXI MINIBUSES

01633

# 211-011

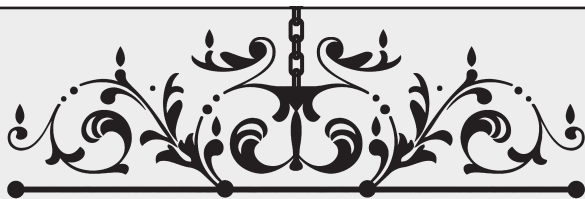
## DOWNLOAD THE APP



ALL MAJOR CREDIT CARDS ACCEPTED







PRIVILEGED PROPERTIES



# Do you need a **CLEANER?**

Domestic & Commercial Cleaning



Please call Julia on:



T: 01633 668976 | M: 07904 599421 | [www.privilegedproperties.co.uk](http://www.privilegedproperties.co.uk)



LOCAL, RELIABLE & FRIENDLY

- FREEVIEW, FREESAT & SKY
- AERIALS & SATELLITES
- NETWORKING & WI-FI
- SURROUND SOUND
- TV INSTALLATIONS
- TV WALL MOUNTING
- HIDDEN CABLES
- CCTV SYSTEMS



BESPOKE AUDIO-VISUAL SOLUTIONS  
FOR EVERY BUDGET

CALL US ON 01633 560131

[WWW.A2BAUDIOVISUAL.CO.UK](http://WWW.A2BAUDIOVISUAL.CO.UK)



- Painting & Decorating
    - Floor & Wall Tiling
    - UPVC - Soffit & Fascia Boards/Guttering
  - Laminate Flooring/Skirting Boards
    - Decking/Fencing/Patios
- Local Reliable Service  
Free Estimates and Advice

Call Wayne

**H: 01633 891970**

**M: 07760 357141**

# Tredegear House Folk Festival May 10th, 11th & 12th

## 30 YEARS OF MUSIC AND DANCE

**2019 brings the 30th anniversary for the Tredegear House Folk Festival, the festival started in 1988 but had to miss a year due to the foot and mouth outbreak in 2001.**

During the early years the festival was primarily a dance festival with multiple local and British teams taking part in free displays on the Saturday / Sunday afternoons (24 teams in 2018), joined by at least one international side. This year that side will again be Matenik from Prague in the Czech Republic. They are old friends of the festival, and their colourful costumes, lively dances plus a superb band of musicians always adds to the atmosphere.

Over the years the music side of the festival has expanded greatly thanks to the support of the Arts Council of Wales, and we have a reputation for featuring up and coming acts (often just as they receive a BBC Radio 2 folk award), while headlining the concerts with some of the finest talent around...which is often from right here in Wales.

This year on such a special anniversary there will be a major concert on each of the three days of the festival, plus a free Saturday afternoon concert run by the Lyceum and Llantrisant folk clubs which will include spots for local singers/musicians.

Across the weekend there will also be workshops as well as impromptu and organised music sessions.

At the time of writing, proposed acts for the main concerts are, Friday evening: Brooks Williams (one of the greatest acoustic country blues players), Will Pound and Eddy Jay (greatest harmonica player of his generation and the nation's



number one accordion player, these two get phenomenal

sounds from their instruments), plus Bob Fox (more than 40 years on the folk scene, latterly known as the Songman in War House). Saturday evening: Patty Gurdy, who is flying in from Dusseldorf and playing solo (known for her soaring vocals), Rob Lear Band, The Hut People (accordion and amazing percussion...they will also hold a workshop), and headlining will be Alaw comprising Jamie Smith (accordion), Oli Wilson-Dickson (violin) and Dylan Fowler (guitar). Jamie and Oli are the front line of the awesome Jamie Smith's Mabon and Dylan has developed an international career.

Sunday afternoon: Jez Lowe (his songs are sung by many other performers), Frank Hennessy (presenter of BBC Radio Wales's Celtic Heartbeat show and a distinctive singer songwriter), Belshazzar's Feast (Paul Hutchinson accordion and Paul Sartin oboe, violin and vocals), they have played together for over 10 years and are known for their impressive musicianship and sense of humour, and Calan (five brilliant young and original talents...the new Welsh supergroup).

Ceilidhs are held Friday and Saturday evenings, and a children's entertainer is on site Saturday /Sunday afternoons, plus this all takes place in the gorgeous surroundings of Newport's Tredegear House (NT car parking charges apply). All that is needed now for a perfect weekend for the whole family is some dry sunny weather (all events will be under cover should it be wet).

**For more details, and ticket prices for the whole weekend or individual concerts and ceilidhs, visit the website:**  
[www.tredegearhousefestival.org.uk](http://www.tredegearhousefestival.org.uk)

# This is Sarah. She's busy cleaning her oven...



Sarah called the domestic oven cleaning specialists, so she could relax and enjoy a coffee while it's done!

The  
**Clean Oven**  
Co

• Ovens • Agas • Grills • Hobs • Extractors • BBQs • Microwaves •

**CALL TODAY**

Newport & East Wales

**02920 990 287 or 01291 427 244**

[www.thecleanoven.co.uk](http://www.thecleanoven.co.uk)



**Put the sparkle back into Your kitchen today!**

## Clever Sarah!

## GREG HARRIS 07896 410017

LIFE INSURANCE - INCOME PROTECTION  
MORTGAGE COVER - SERIOUS/CRITICAL ILLNESS  
PRIVATE HEALTHCARE - BUSINESS COVER  
BUILDINGS & CONTENTS

**ALL SPORTS  
ALL OCCUPATIONS  
24/7 COVER AT HOME, WORK & PLAY**



@pentagonfinancial



@PentagonInsura1

**[www.pentagonfs.co.uk](http://www.pentagonfs.co.uk)**



# Alpha Property Maintenance

A NAME YOU CAN TRUST

NO JOB  
TOO  
SMALL



## HANDYMAN SERVICES

- Carpentry • General DIY • Plastering • Rendering
- All Types of Property Maintenance Work • All Work Guaranteed

Contact: Grahame Anzani

Tel: 01633 891007 Mob: 07767 696168

[alphapm3@gmail.com](mailto:alphapm3@gmail.com)

71 Squires Gate, Rogerstone NP10 0BQ

**FREE**  
no obligation  
quote on all  
work



**Over 50 years experience in Interior Design. We invite you to call into our showroom and chat with us about your furnishing ideas**

Our fabric displays are from carefully selected suppliers such as Ashley Wilde, Clarke & Clarke, Belfield, Bill Beaumont to name but a few, all of which offer immense inspiration. From the initial selection of fabric to the final fitting stage, we offer the highest standards and make sure that you will be pleased with your choice.

*Love your fabric choices for your made to measure curtains and blinds*

**MADE BY US IN HOUSE**

*We love what we do - So will you!*



**Opening Hours:** Monday Closed. Tues, Weds, Thurs 9.30am-5.30pm.  
Friday 9.30am-1.00pm. Saturday 10.00am-2.00pm

[www.cwmbbranchcurtainsandblinds.co.uk](http://www.cwmbbranchcurtainsandblinds.co.uk) email: [cwmbbranchcurtainsandblinds@gmail.com](mailto:cwmbbranchcurtainsandblinds@gmail.com)

Mob: 07887 677110





# CRAWFORDS

**Carpet and Upholstery  
Cleaning Specialist**

**Which?**  
Trusted trader

**Proud to be  
Endorsed**

**NCCA**  
NATIONAL CLOTHES CARE ASSOCIATION  
NCCA Member 1490

- Stain, Odour & Spot Removal
- Flood Damage/Restoration Work Undertaken
- Upholstery and Leather Suites
- Carpets & Rugs
- Competitive Prices
- 24 Hour Emergency Call Out
- Free Surveys/Estimates
- Full Liability Insurance
- Domestic & Commercial



**Our professional upholstery cleaning service comes with  
Free Scotchgard protection**



**01633 265458 / 07840 554485**

**info@crawfordscleaningservices.co.uk  
www.crawfordscleaningservices.co.uk**

## Holy Week and Easter in the Parish of Bassaleg



### Maundy Thursday 18<sup>th</sup> April

7.30pm Celebration of the Lord's supper at St Basil's Bassaleg

### Good Friday 19<sup>th</sup> April

10.30am Craft Party at St. Anne's Hall High Cross

11.30am Time for God at St. Anne's High Cross

2.00pm Celebration of the Cross at St. Basil's Bassaleg

6.00pm Evening Prayer at St. John's Rogerstone

### Holy Saturday 20<sup>th</sup> April

8.00pm The Easter Vigil at St. Basil's Bassaleg

### Easter Day 21<sup>st</sup> April

8.30am Holy Eucharist at St. Basil's Bassaleg

9.30am Holy Eucharist at St. Anne's High Cross

10.00am Holy Eucharist at St. Basil's Bassaleg

10.45am Holy Eucharist at St. John's Rogerstone

You are all very welcome to join us at any of our services





# L J SYMONDS

ROOFING, BUILDING & MAINTENANCE

## ROOFING

- Tiling
- Slating
- Fibreglass
- Chimney stack repair
- UPVC Fascias

## BUILDING

- New Build
- Extensions
- Renovations
- Garage Conversions

## MAINTENANCE

- Gutter repair
- UPVC cleaning
- Roof repair
- Misted glass repair
- House painting



Visit [www.ljsymonds.co.uk](http://www.ljsymonds.co.uk) Email [leesymonds@hotmail.co.uk](mailto:leesymonds@hotmail.co.uk)

Tel: 01633 548688 Mob: 07506 292990

Unit 9 Pontymister Industrial Estate, Risca NP11 6NP

# Veterans and pensioners Christmas meal 2018

**It is hard to believe that this was my eighth year organising and raising funds for Veterans and Pensioners from across South Wales.**

On Thursday the 13th December the staff canteen was transformed by volunteers from IPO, the Welsh Government and ONS, as over 60 volunteers descended on the canteen to help rearrange tables and chairs, dress the tables and lay them ready for our guests to arrive. It always amazes me to see how quickly the room is transformed. Our guests started arriving by car, minibus and taxi (some a little earlier than expected (at 14:00 instead of 15:00, but they were given tea/coffee and looked after by the volunteers). The volunteers welcomed all of the veterans and pensioners with a glass of Bucks Fizz or orange and lemonade. With coats and jackets taken, they then chose where they wanted to be seated. Some waited to see friends who they had not seen since last year and eyes glowed and the smiles spoke volumes at seeing each other again.

It was only a short time later that the Deputy Mayor and Deputy Mayoress arrived. Speeches were given by the Deputy Mayor and Mrs Joan Reynolds and I thanked the catering staff and the volunteers for helping make the event possible. A huge thank you must also go to Mrs Joan Reynolds for putting together the list of attendees (no small task, as she worked long and hard to ensure that everyone had the opportunity to attend, even with some very late

replies.) I also paid thanks to our guests for attending and hoped that they enjoyed the afternoon. Everyone stood for the prayers which were read by Mrs Joan



Reynolds of The Royal British Legion, with shivers running down my spine and I am sure that I was not alone in feeling emotional; the room fell silent for the minute's silence. The bugle was played by Mr Bill Baber. Everyone returned to their tables for the start of the festivities. The catering staff provided yet another brilliant meal again this year with a four course dinner that would outshine even a five star restaurant (this coming from so many of our guests), they said that the meal was faultless and that they were all so grateful for the courtesy and kindness shown by the staff waiting on them. John Pullinger, Iain Bell, Jan Jones, Nick Barford and Scott Howell were a huge hit, not only with the staff for joining in, but also the pensioners and veterans. Well done to you all for taking time to come and support all the other volunteers.

The entertainment was provided in the form of The Cats Pyjama's

(from Bristol), three very talented young ladies and the ONS Choir. Again everyone was in awe of the talent and I have been asked for them to come again in 2019. I hope that this will be possible and will be asking to book them both again for 2019. Even though most of our guests had started leaving around 19:00, the canteen erupted when the Welsh national anthem was sung by the choir with everyone left joining in. Scott Howell took charge of the huge free raffle and did an amazing job (maybe he will add this to his busy calendar each year, fingers crossed). He helped wherever he could and did so with great gusto, much to the enjoyment of the veterans and pensioners.

All the veterans and pensioners were presented with a fabulous goodie bag that had been donated by NGARA Media UK, based in Cwmbran.

Lastly, my ever grateful thanks go to all the staff who volunteered to wait on the tables, help set up the canteen, cook and serve the meal and entertain our guests. I know a lot of you said that I did an amazing job again this year, but it would not have been at all possible without your fabulous help and support.

2019 is already in my diary, some invites have already been sent to ensure that dates are marked on calendars and I look forward to seeing everyone there again.



**Elizabeth Buttigerg**

AWARD  
WINNING  
GARDENS



# JAPONICA

LANDSCAPE CONSTRUCTION AND MAINTENANCE



FREE  
QUOTES



Domestic & Commercial  
**Fully Qualified with over  
22 years' experience**

Fully Insured and Local  
Authority Approved

**Professional & Reliable**

Competitive Rates &  
Friendly Staff

Artificial grass • Turfing • Paving • Decking • Fencing • Driveways  
Patios • Block paving • Tree work • Hedge cutting • Grass cutting  
Pressure washing • Planting • Tidy ups • Invasive weed control



We cover South Wales & West England.  
Whether it's a one off visit or something  
regular you're looking for

**Now proud members of the  
Marshall's register**



**01633 376226** [Info@japonica.co.uk](mailto:Info@japonica.co.uk) **07730 592009**



Follow us for News and Offers



**www.japonica.co.uk**



# Keith Price Garages Ltd

## **VOLVO**



### **New XC40**

- Full Dealer facilities
- Full four wheel alignment available
- Factory approved Polestar performance upgrades

**FREE COLLECTION AND DELIVERY  
WITH FREE LOAN CAR  
(ON REQUEST)**

**12 MONTHS FREE BREAKDOWN COVER WITH  
EVERY VOLVO SERVICE**

#### **Keith Price Garages Ltd (Volvo)**

Merthyr Road  
Abergavenny  
Monmouthshire  
NP7 5DB

[info@keithpricegarages.com](mailto:info@keithpricegarages.com)  
[www.keithpricegarages.com](http://www.keithpricegarages.com)



**Tel: 01873 857644**  
**Fax: 01873 858767**



24th April

# DINO DAY IS BACK!

Bigger and better than ever before,  
with brand new dinosaurs, activities,  
crafts and meet the experts



Come and join us for a fun packed  
Half Term with **FREE family friendly**  
events throughout the holidays.

Follow us to keep up to date with  
our activities and events.

**kingsway**  
centre

[kingswaycentre.com](http://kingswaycentre.com)

## **BASSALEG RECTORIAL BENEFICE**

<http://www.bassalegbenefice.org/>

### **St Basil, Bassaleg**

Sunday 8.30am; 10.00am; Monday 7.30pm; Friday 8.00am. Rector: Rev'd Christopher Stone  
01633 378354

### **St John Baptist, Rogerstone**

Sunday 10.45am; Tuesday 10.00am.

### **St Anne, High Cross**

Sunday 9.30am; 11.30am (Time for God – all age service); Thursday 10.00am.

### **Rivermead Centre, Afon Village**

Sunday 3.00pm (2nd Sunday in month)

For details of all other services & clergy

Please telephone or see our website

### **Saint Basil and Saint Gwladys RC Church, Rogerstone**

Saturday (Vigil Mass) - 6.00pm

Sunday 11.30 Mass in the Ordinarite Rite

Tuesday - Confessions 6.30pm & Mass 7.00pm

Further information, email [newport@rcadc.org](mailto:newport@rcadc.org)

Website [www.allsaintsarcnewport.org.uk](http://www.allsaintsarcnewport.org.uk)

Phone 01633 265533

### **St Michael & All Angels Church, Lower Machen**

Sunday 11.15am

The Reverend Peter Crocker 02920 885220

### **Trinity Methodist Church, Rogerstone**

Sunday 10.30am Morning Worship (1st

Sunday of month — All-Age Service),

6.00pm Evening Worship

Reverend Gordon Gresswell 01633 272066

### **Faith Community Church,**

Wern Industrial Estate, NP10 9FQ. (opposite Cedric John's). Sunday 10.30am

Pastors Mike & Helen Taylor 07454 179892

[www.fcconline.org.uk](http://www.fcconline.org.uk)

### **Bethel Baptist Church, Bassaleg**

Sunday 11.00am and 6.00pm

Sunday School 10.30am

Thursday Bible Study 10.30am

Secretary Cynthia Green 01633 894703

### **Tabernacle Congregational Chapel, Rhiwderin**

Sunday 11.00am and 6.00pm; Wednesday 7.15pm

Secretary Mr Nigel Darke 01633 891208 email: [seccattab@talktalk.net](mailto:seccattab@talktalk.net)

### **Free Presbyterian Church**

The Reverend Richard Monteith 02920 830206

### **St Michael Church, Michaelston-y-fedw**

The Reverend Peter Crocker 02920 885220

### **Ebenezer Pentecostal Church, Rogerstone**

Sunday 11.00am; 6.00pm; Tuesday 7.30pm

Pastor Jeff Jones 07973 672324

### **Christchurch, Old Malpas Road, Malpas**

Sunday 10.30am.

Pastor Pete Greasley 01633 822211

[office@christchurchnewport.org](mailto:office@christchurchnewport.org)

### **St Mary's Street Baptist Church**

St Mary's Street, Baneswell

Sunday 11.00am (service includes Sunday School)

Sunday 6.30pm

Pastor: Les Tuckwell 01633 764650

### **Stow Park Church Centre, Brynhyfryd Rd, Newport**

Sunday 10.45am

Sunday 3.00pm Oedfa Gymraeg

(Welsh Language Service)

Sunday 5.30pm Informal Service with Tea

Wednesday Prayers 10.00am, Bible Class 11.15am

Cafe with light meals and shop is now open

Tuesday to Friday only. Volunteers welcome.

[www.stowparkchurch.org.uk](http://www.stowparkchurch.org.uk) / 01633 843730

## **New Life Christian Church**

St John's Church, Park Street, Cwmcam

Sunday 5.00pm. Thursday 7.30pm. Haydn Jefferies  
07949 220135

## **Society of Friends (Quakers)**

Caerleon Town Hall, 1st & 3rd Sundays 10.30am

01633 264210

## **Grace Baptist Assembly**

Malpas Community Centre. Pillmawr Road

Sunday 3.00pm

## **Newport City wide Family of God Church**

Tydu Community Hall, Rogerstone

Sunday 10am-2pm. 07888 313523

[info@fogwales.com](mailto:info@fogwales.com). [www.fogwales.com](http://www.fogwales.com)

## **Eglwys Annibynol Mynydd Seion**

Hill Street, Casnewydd NP20 1LZ

Oedfa Gymraeg am10.30 Bore Sul ac Ysgol Sul

Welsh Language Service at 10.30am on Sundays

Croeso Cynnes i Bawb

A warm welcome to fluent Welsh speakers and

learners.

[www.mynyddseion.org.uk](http://www.mynyddseion.org.uk)

Sian Howley 01633 421427 [sianhowley@hotmail.com](mailto:sianhowley@hotmail.com)

Elin Maher 01633 243700 [elin.maher@ntlworld.com](mailto:elin.maher@ntlworld.com)

## **Newport Cathedral**

Sunday

8.00am Holy Eucharist

10.30am Cathedral Eucharist

5.00pm Choral Evensong

Every weekday

8.00 am Morning Prayer

8.15 am Holy Eucharist

Everyday except Wednesdays 5.00 pm Evensong

Wednesday 6.30 pm Choral Evensong

Thursdays only 10.30 am Cathedral Eucharist

Contact details 01633 267464

Email enquiries@newportcathedral.org.uk

Website [www.newportcathedral.org.uk](http://www.newportcathedral.org.uk)

## **St Martins-in-the-Gaer**

Sunday 9.30am Holy Eucharist

Contact details 01633 267464,

Email enquiries@newportcathedral.org.uk,

## **St Paul's City Centre Church**

The old Post Office building on Bridge Street

Sunday 10.30am

01633 266076

[www.stpaulsnewport.org.uk](http://www.stpaulsnewport.org.uk)

## **King's Church**

Lower Dock Street, Newport. Sunday 10.30am and

5.00pm. 01633 244453

## **Newport Christian Spiritualist Church**

Orchard Lane Community Centre off Stafford Road

Friday Service 7.00pm- 8.30pm

Sunday Service 6.30pm-8.00pm

Tuesday Healing Clinic 6.30pm-8.30pm

## **New Dimensions**

124 Lower Dock Street. Newport. NP20 1EG.

Tel: 01633 214264 (Facebook – New Dimensions,

FWM)

Services: Sunday 11am & Wed 6pm

## **Spiritualist National Union Church**

29 Charles Street, Newport. Sunday 6.30pm-8pm

Mon/Tues 7pm-8pm. 01633 895065

New Beginnings Church

## **New Beginnings Church**

Rogerstone Primary School

Ebenezer Drive, Rogerstone NP10 9YX

Sunday Service 11.00am

Facebook- New Beginnings Church/Newport

Contact: 07990 540966



# NEWPORT



**Theatre Enquiries: 01633 263670**

# What do Scouts do in the Winter?

It's Friday night. It's miserably dark and a few degrees above freezing outside the Scout Hall. A few feet away, on Cowshed Lane, I can hear small groups of people hurrying through the torrential rain between the TA and the Ruperra. But instead of a warm fire and a cold pint, I've got six disorderly stacks of paperwork in front of me. And I couldn't be happier.

Five of the stacks are for 1st Bassaleg Scout Troop's upcoming events - some of my favourites. The last is a pile of slips from our Scouts telling us what they liked last year and what they're looking forward to soon; it looks like they're as excited about what's coming up as I am!

"I like climbing, archery and pretty much all of the activities. I'm enjoying the 6 week archery course," says Morgan (11). That's just as well; climbing and archery evenings as well as a six week Master of Arms course are responsible for three of the wadges of permission and booking slips in front of me. "I am looking forward to Winter Camp as it was such fun last time" says George (12). Last year the theme was 'Harry Potter' which must have been good because halfway through,



I was asked if we were using real Cornish Pixies by one of the adults. This year, we're going to Dol-y-Gaer Hostel in the Beacons for a Taskmaster challenge weekend which Emily (10) says she and her friends are looking forward to. Hannah (11) seems to "love camps because everything is amazing apart from the washing up." Our County Camp in Monmouth in May certainly should be amazing with a thousand people on site and dozens of activities to try. Axe-throwing, inflatables, the spider tower, sumo suits, shooting, abseiling, zip-wire, crate-stacking, bungee-running, arts and crafts... Perhaps the Cubs and Beavers who are coming with us will enjoy the washing up relay more than Hannah does!

Fraser (11) talks about the "outside activities like lighting fires," because he loves the ideas and fun behind them. Just like Summer Camp at the seaside, a night hike in the spring, our Adventure Camp in the Autumn and the many things we do on a Friday night, I don't have a bundle of forms for this on the desk. But I will!

All of our Scouts write about the new and exciting things they want to do - outdoors, if possible. Two of the girls sum up why I couldn't be happier deep in the planning for the year. Molly (11) says "I like Scouts because everyone is friendly and kind." Ellie (13) keeps it simple with "I like Scouts because it's fun and ... um ... yeah." Fun and friendship is what it's all about, for those of us who volunteer as adults as well as for all of the Beavers, Cubs and Scouts involved.

**For information on joining the adventure, contact Chris on 07988 706402 or cregan83@hotmail.com**



Safe, Secure & very, very strong....

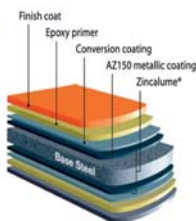
# The ULTIMATE garden fence



## The Fence that repairs itself.

If you scratch or cut ColourFence, the ingenious zinc element in the Zincalume steel reacts with moisture to form a protective barrier to prevent any corrosion with no action needed from you.

**STRONG, SECURE & BUILT TO LAST!**



## The only fence that won't

☞ warp ☞ crack ☞ shrink ☞ rot ☞ peel ☞ break ☞ blow over

...well for **25 years\***, at least!



## COLOURFENCE ARE TRANSFORMING GARDENS ACROSS NEWPORT, CWMBRAN, CAERLEON, PONTPOOL & MONMOUTHSHIRE

It may do "exactly what it says on the tin" but let's face it, treating a timber fence can never be called fun! In fact, owning a timber fence isn't much fun either with costly, time consuming maintenance and repairs almost every year.

Finally, the alternative to timber fencing.... our fence goes up and stays up, resisting wind gusts of up to 130mph!

ColourFence fencing solutions are made from innovative Colorbond steel, virtually maintenance free with an occasional wash down with water to keep it looking as good as new – so you never need to pick up that paintbrush again! **Guaranteed not to rot, warp, chip or peel for 25 years.\***

Available in a variety of heights and colours with or without trellis, our skilled installation team will make short work of transforming your garden.

The best news is the pricing is just as attractive, starting costs are in line with comparable traditional systems but offer the ongoing peace of mind, your investment will continue to save time and money year after year.

**For those of us who want a low maintenance garden, ColourFence promises a lifetime of hassle-free enjoyment.**



For a **free** no-obligation site visit, please call **Chris & Karen** on:

**Tel: 01633 211860 | [www.colourfence.co.uk](http://www.colourfence.co.uk)**



\* full terms & conditions available online



# Devine Curtains & Blinds

**Based at George St Furnishers,  
Newport with a wide selection of  
fabrics on show**

Home Consultation Service Available  
20 years' experience.

Large selection of fabrics available or you are  
welcome to provide your own fabric  
Curtain fitting service available

- Curtains • Valances • Tie Backs • Swags & Tails
- Roman Blinds • Vertical Blinds • Roller Blinds
- Venetian Blinds • Conservatory Blinds

We have the largest selection in Newport of  
made-to-measure fabrics

## SPECIAL OFFER

20% OFF FABRICS FOR JANUARY AND  
FEBRUARY WITH THIS ADVERT.

Opening Hours

Mon, Weds & Fri 11am-3pm. Sat 10.30am-3pm



All consultations are free of charge

Call Elizabeth Eatherington: 01633 896867 07707 606043 [www.devinecurtains.co.uk](http://www.devinecurtains.co.uk)

## Andy Cutter Garden Design



- ❖ Would love a new garden but don't know where to start?
- ❖ Qualified Garden Designer - Fully Insured.
- ❖ Services range from a full design package to updating your current planting scheme.
- ❖ Using a designer could save you money.
- ❖ See website for details & design examples.
- ❖ Contact ANDY for a FREE no obligation initial discussion at your home.

**T: 07929 561154**

Web: [andycuttergd.co.uk](http://andycuttergd.co.uk)

Email: [andy@andycuttergd.co.uk](mailto:andy@andycuttergd.co.uk)

## IRONING SERVICE



Local, reliable and  
friendly.

Flexible service to  
meet your  
requirements.

Smoke free, clean  
working area.

Collection and  
delivery.

**PLEASE CALL SALLY ON  
07740 096099**



# R Howells

Plumbing & Heating Services

Email: [ryanplumbandheat@gmail.com](mailto:ryanplumbandheat@gmail.com)

[www.rhowellsplumbingandheating.co.uk](http://www.rhowellsplumbingandheating.co.uk)

**Call Ryan on 07789 996779**

for a free friendly quote



No Job  
Too  
Small!

- Central Heating Systems
- New Boiler Installations
- Boiler Repairs, Servicing & Power Flushing
- Landlord's Certificates
- Domestic & Commercial Services
- Bathroom Installation, including Plastering & Tiling
- All Aspects of Plumbing Services
- 24 hour callout, 365 days per year
- Local & Reliable Service
- Over 15 Years Experience



**Yell.com**



**FULLY INSURED**

# HALES TELEVISION

Est. 1969



**Aerial Installation and Repair**

- Digital Aerial Installation
- Extra Aerial Points Fitted
- T.V. Reception Problems Fixed
- Freesat Installed
- Satellite Dish Alignment
- LCD/LED Television Repairs
- Free Quotations

Professional service from a  
family owned business for 48 years!  
Give us a call today on

**01633 266563**



email: [halestelevision@yahoo.co.uk](mailto:halestelevision@yahoo.co.uk)

[www.halestelevision.co.uk](http://www.halestelevision.co.uk)

Family-run  
business

**David James  
& Sons**  
Est 1988

## CARPET, FLOORING & LAMINATE SPECIALISTS

**CALL IN FOR  
A BARGAIN**

**CELEBRATING OUR 30TH  
YEAR ANNIVERSARY  
OFFERS**

**ON ALL ROLL STOCK &  
REMNANTS REDUCED TO CLEAR**

**Great deals on  
all leading  
manufacturers**

**Free planning,  
estimate, & home  
selection service**

**Moving heavy furniture  
& old carpet removal  
service available**



**VISIT OUR SHOWROOM TODAY**

458a – 462 Caerleon Road, Newport NP19 7LW | Tel. 01633 253800  
Email: [james.carpets@ntlworld](mailto:james.carpets@ntlworld) | Web: [www.davidjamescarpets.co.uk](http://www.davidjamescarpets.co.uk)

# HIGHCROSS HOME MAINTENANCE

**SPRING BOILER OFFER  
NOW AVAILABLE**

**highcross Home  
Maintenance**  
Plumber, gas and  
heating engineer  
**07521 958009**

Find us on  
**facebook**

## Plumber, gas and heating engineer

[highcrosshomemaintenance@outlook.com](mailto:highcrosshomemaintenance@outlook.com)

**07521 958009**

**Naz Amin**



# Peterstone Lakes Golf Club

(PW Millar Golf Limited)



**2019 Membership Offer (April 1st 2019 - March 31st 2020)**

**7 day for ONLY £555**

**5 day for ONLY £405**

7 day membership payment structure: 1st payment of £95 followed by 10 monthly payments of £50 (inc. £40 admin fee).

5 day membership payment structure: 1st payment of £95 followed by 10 monthly payments of £35 (inc. £40 admin fee).

**JOIN NOW AND WE WILL GIVE YOU MARCH 2019 FREE**

Joining is simple and we welcome applications for membership all year round with no formal interviews or recommendations required.

**Monday special offer £15 all day**

**Weekday £20**

**Weekend rate £25**

Society packages available upon request.

**Telephone: 01633 680075**

For best discounted rates book on-line at

**[www.peterstonelakes.co.uk](http://www.peterstonelakes.co.uk)**





# Optimism for the Future of Twmbarlwm

**FROM THE FIRST DAY** that the Twmbarlwm Society was formed our motto has been “Dedicated to Research, Restore and Protect Mynydd Twmbarlwm” and here nearly 10 years on, that sentiment is as relevant as ever – and we are hopeful to push forward with that mantra even more this coming year.

Five years ago the Society took part in a survey (along with other local societies) that had been commissioned by Torfaen and Caerphilly County councils to help identify ways in which the area could be developed in the future.

Since the publication of that survey, known as the ‘Twmbarlwm and Mynydd Maen Scoping Study’, funding has been put in place and CTS are now hopeful that some of the proposals we put forward to the survey will be implemented over the next few years.

The overall project is referred to as ‘The Adventure Triangle’, it takes in the mountain ridge running from the A467 Hafodyrnys - Pontypool road to Twmbarlwm and along the Monmouthshire Brecon Canal.

Proposals in this project include the development of ‘physical links and key connections between Cwmcarn over Mynydd Maen and Twmbarlwm’ to Torfaen.

To put it simply the idea is to encourage more people to make use of the mountain ridge for recreation by linking the common and Twmbarlwm to the Cwmcarn Visitor Centre and Forest Drive and to Blaen Bran in Cwmbran. There will be improved signage and track repairs done to aid cross-common cycling, horse riding and walking routes to link Blaen Bran and Cwmcarn.

As far as the Society is concerned, we are now more optimistic that some plans that we have had in place for years will now come to fruition. Indeed some projects have already been put in place.

Projects include everything from landscape repair and erecting new signs to addressing illegal off-roading and anti-social behaviour. To help achieve these aims we will be calling for a great deal of volunteer help in the months ahead. So please watch this space for further information and regularly check out our website and Facebook page.

**Some much needed repair work will need to be done to the Scheduled Ancient Monument after the wild fires of last year**



*Improved paths and signs can only encourage more events like the St David's Hospice Twmbarlwm Trek.*

If you are interested in volunteering, come along and meet us - there's plenty of opportunity to do so at the other events we hold. For instance, just around the corner it's the annual tradition of tramping up to

Twmbarlwm on Good Friday (April 19th) – what we now call our Hot-Cross-Bun Walk. Again this year there will be organised walks from the Story Bridge in Pontymister, Cwmcarn Visitor Centre and Cwmbran.

We also have a couple of our popular historical talks planned. There will be a talk at Crosskeys RFC on the History of Newport Castle (TBC) and later in March there will be a fascinating talk on the famous Bowmen of Gwent and the part they played at the Battle of Agincourt.

There are also walks planned - one around the Forest Drive, one to Pwll Tra and another to Llanderfel Chapel. Each of these walks is always very popular so please keep an eye on our website for announcements.

Many members come along to these events, it's always a good time to catch up with news of what the society is up to, and with all the work we anticipate in the future we need all the help we can get.

**Terry Evans** (Chairman CTS)



*Over 40 volunteers helped out with the re-seeding of the Tump last October*

**CTS meet at the car park** below Twmbarlwm's summit for a litter pick and volunteer workday on the last Sunday of every month to which everyone is invited, it's not all hard work and it's a great opportunity to find your way around up there. We organise walks and other events up the mountain and at Crosskeys RFC throughout the year so watch our website and Facebook page for details.

[www.twmbarlwm.co.uk](http://www.twmbarlwm.co.uk)



*Photos: Terry C. Evans ©*





We offer a wide range of instrumental lessons, available in both group and individual classes, from pre-school age to adult!

Instruments available include:

Violin, Viola, 'Cello,  
Electric Guitar, Classical Guitar, Bass Guitar,  
Piano, Ukelele, Mandolin.

We also offer Music Theory classes.

For your **FREE** trial lesson  
and more information call: 01633 321801,  
e-mail on: [leadingnotes@hotmail.com](mailto:leadingnotes@hotmail.com)  
or find us on: [www.facebook.com/LeadingNotesMusic](http://www.facebook.com/LeadingNotesMusic)

## RJ Heating & Plumbing

ALL ASPECTS OF PLUMBING SERVICES



**NO  
JOB TOO  
SMALL**

- Central Heating Systems installed/repaired
- New Boilers installed
- Landlord Certificates
- Bathroom fitting/repairs
- Breakdowns
- Leaks



A friendly, local and reliable service with over 20 years experience.

References available upon request

**Call Richard Lewis on: 07972 722215**

Myrtle Drive, Rogerstone, Newport  
For a free friendly quote

# Molyn Builders

- Extensions, loft conversions and garage conversions
- Full or partial home refurbishment
- Structural opening up work
- Kitchens
- Bathrooms
- All plumbing and electrical work



**ALL WORK GUARANTEED**  
CALL FOR A QUOTATION OR ADVICE  
**TELEPHONE 01633 250287**

**[www.molyn.co.uk](http://www.molyn.co.uk)**

Email enquiries to [info@molyn.co.uk](mailto:info@molyn.co.uk)  
15 Allt-yr-yn Avenue, Newport NP20 5DA

# St David's Hospice Care

By supporting the work of St David's Hospice Care, you are making a positive difference to patients and their families throughout Newport, Caerphilly, Monmouthshire, Torfaen and South / Mid Powys. Funds raised provide comprehensive palliative care and support to patients and their families at a very difficult time of their lives. Our aim is to ensure patients have 'real' choice to receive individual tailored care, surrounded by friends and families.

**St David's Hospice Care** *Bringing care home*

**Big Welsh Brew** 

**1<sup>st</sup> March 2019**  
**#BigWelshBrew**



The Big Welsh Brew can be as big or as small as you like. Whether you invite the whole office or just some friends to your home, every cuppa is supporting the hospice.

For a free fundraising pack please contact us on 01633 851051 or email fundraising@stdavidshospicecare.org

[www.stdavidshospicecare.org](http://www.stdavidshospicecare.org)

Registered charity number: 1010576

**St David's Hospice Care**

**The 'Jam In' Appeal**

**Jam In** your 20p coins then return the jar to one of our outlets / charity shops.

These jam jars perfectly fit £5 worth of 20p coins, the exact amount needed to treat a patient to afternoon tea, scones, jam, cream... the full works.

01633 851051 [stdavidshospicecare.org](http://stdavidshospicecare.org)

**St David's Hospice Care** *Bringing care home*

**Spring Draw** 

First Prize £3,000  
2nd £500 3rd £250  
4th £50 & 20 prizes of £10 Plus

An extra prize to help you with your Spring cleaning - a Vacuum Cleaner donated by Western Power Distribution

**£1** per ticket

Draw date **Friday 29 March 2019**

For more information visit [stdavidshospicecare.org](http://stdavidshospicecare.org)

**St David's Hospice Care** *Bringing care home*

**Water Spray Station**

**Kolor Dash**

**Sun 19 May 2019**  
Treddegar Park, Newport  
11am Start - 5k

**£5** £10 £25 £50 per person

Get involved with the brightest Kolor Dash in Wales and help raise funds for a great cause

[www.stdavidshospicecare.org](http://www.stdavidshospicecare.org)  
01633 851051

Paint Stations  
Foil Stations  
Live Music & Entertainment  
Music Station

**St David's Hospice Care**

**Acorn** 

**Dalmatian BIKE RIDE**

**Sat 8 June 2019**  
Entries from £25

Text 041601 45 to 70070

[www.dalmatianbikeride.com](http://www.dalmatianbikeride.com)  
01633 851051 [stdavidshospicecare.org](http://www.stdavidshospicecare.org)

Run Family Fun Race & The Priority Caravan

**St David's Hospice Care**

**PORT STOCK**

**SATURDAY 22<sup>nd</sup> JUNE 2019**  
**RODNEY PARADE, NEWPORT**

**STE REO MC's**  
the darling buds of MAY  
DR FEELGOOD  
JOE KELLY  
THE REAL RAYMOND

**EARLYBIRD TICKETS**  
ADULTS £28 (UNDER 165 £10)  
UNDER 25 FREE (FAMILY TICKET £70)  
BOOK VIA 01633 674 990 OR AT [WWW.PORTSTOCK.CO.UK](http://WWW.PORTSTOCK.CO.UK)

Don't be all the family

**St David's Hospice Care** *Bringing care home*

**Sand to City Bike Ride**

**Friday 5 Saturday 12/13 July 2019**

**Are you up for the challenge?**  
A 2 day cycling event from Aberystwyth to Newport with an overnight stopover on route in Llandudno. We'll give you a chance to make a difference to our charity before packing day 2 for packed lunch home!

**£150 entry fee**  
Includes: 2 nights accommodation, breakfast, lunch, evening meal, transport to/from Newport, insurance, and a St David's Hospice Care t-shirt.

**Contact**  
01633 851051  
[fundraising@stdavidshospicecare.org](mailto:fundraising@stdavidshospicecare.org)  
[www.stdavidshospicecare.org](http://www.stdavidshospicecare.org)

**St David's Hospice Care** *Bringing care home*

**Charity Golf Days**

**Thursday 12 September 2019**  
Newport Golf Club  
(South course)

**£200 per team - 4 Ball**

[www.stdavidshospicecare.org](http://www.stdavidshospicecare.org)  
01633 851051 [hello@stdavidshospicecare.org](mailto:hello@stdavidshospicecare.org)

**St David's Hospice Care** *Bringing care home*

**Your Local Hospice Lottery**

Supporting Hospice Care in our community

**Play online at:**  
[www.stdavidshospicecare.org](http://www.stdavidshospicecare.org)  
or ring us: 01633 851051

**First Prize £1500!**  
Second Prize £500  
Third Prize £250  
Fourth Prize £100

**24 weekly prizes**

**Join our Lottery**

Host a loose change collection box

Collect 20p's in our Jammin' Jam Jar Appeal

**easyfundraising**  
feel good shopping

**Sign up to Easy Fundraising**  
[easyfundraising.gov.uk](http://easyfundraising.gov.uk)  
children/adults

*Bringing care home*

**St David's Hospice Care** Blackett Avenue, Newport, NP20 6NH  
**Telephone:** 01633 851051 **Email:** [fundraising@stdavidshospicecare.org](mailto:fundraising@stdavidshospicecare.org)  
**[www.stdavidshospicecare.org](http://www.stdavidshospicecare.org)**

**Find us on:**    

Registered charity number: 1010576



# be delicious! with Slimming World

## ROGERSTONE

### MONDAY

7.30pm

The Rivermead Centre

Fuscia Way

NP10 9LZ

Tel: Michelle 07378 420331

## ROGERSTONE

### WEDNESDAY

5.15pm & 7.15pm

Tydu Community Hall

Welfare Grounds

Tel: Janice 07813 286489

## ROGERSTONE

### THURSDAY

9.30am, 11.30am

3.30pm, 5.30pm

7.30pm

St Anne's Church Hall

High Cross

Tel: Gill 01633 780593

07963 808664

[slimmingworld.co.uk](http://slimmingworld.co.uk)



0344 897 8000



# SW Directories

## Local Business & Community Magazines



## Advertise with us

SW Directories offers a low cost and effective way to acquire more business. Established in 2006, the Directories are extensively used and respected by our readers.

28875 copies are delivered to homes and local businesses six times a year.

It's easy to be in the magazine, call us today to find out about our special offers.



SW DIRECTORIES

To advertise call Leslie on 01633 892771 / 07725 888070

Email: [contact@swdirectories.co.uk](mailto:contact@swdirectories.co.uk)

[www.swdirectories.com](http://www.swdirectories.com)

**CALL US TODAY**

☎ 01633 257230

☎ 07770 693170



## **GARETH WILLIAMS HEATING**

**The Boiler Installation Company  
with over 30 years experience**

We provide free, no obligation quotations.

There are no hidden charges once we give you an estimate, we guarantee that it is fixed so there are never any surprises.

- ✓ Boiler installations
- ✓ Central heating systems
- ✓ Landlords safety checks
- ✓ Gas appliance servicing
- ✓ System power flushing
- ✓ 10 year guarantees on selected boilers
- ✓ Finance options available on any boiler

### **FIND US ONLINE**

🔗 [www.garethwilliamsheating.co.uk](http://www.garethwilliamsheating.co.uk)

**Checkatrade.com**  
Where reputation matters

**ATAG**  
HEATING TECHNOLOGY

**Vaillant**  
ADVANCE INSTALLER

**Which?**  
Trusted trader

**gas safe**  
REGISTER

**TRUSTPILOT**  
★★★★★

📍 103 Melfort Rd, Newport, NP203FS

✉ [garethdw@yahoo.com](mailto:garethdw@yahoo.com)



JOIN US ON  
facebook

# GATERS



07585 558051 **Barbershop**

54, TREDEGAR STREET, RISCA, NP11 6BW



**Gaters Barbershop has moved to new premises**



Gaters Barbers are pleased to welcome you to our new barbershop which opened on Monday 21<sup>st</sup> March At 54 Tredegar street Risca NP11 6BW only about 80 yards from our old shop but this one offers you more luxury with a dedicated seating / waiting area which has TV and FREE WI FI so you can connect with your phones , check in and if you have kids they can play on their ipads to keep them entertained also. We look forward to seeing our old customers and look forward to seeing new ones too.

[www.gatersbarbers.com](http://www.gatersbarbers.com)



**WH TOOL HIRE RISCA 01633 619129**

# WH

## TOOLHIRE



**Ring MARK GATER**



**Ring NICK FORBES**

**UNITS 1 - 4 PARK ROAD IND ESTATE PARK ROAD RISCA  
NP11 6PU**

WH TOOL HIRE RISCA 01633 619129

**WH**  
TOOLHIRE



15% HIRE DISCOUNT

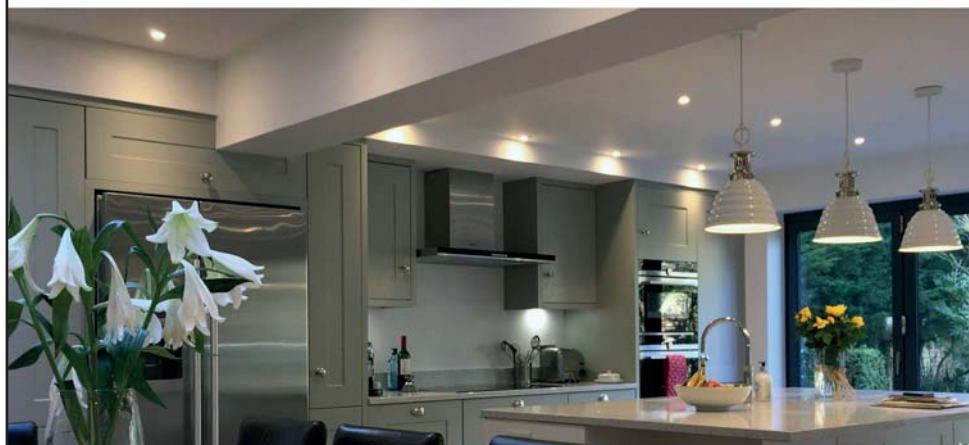
GET YOUR  
DISCOUNT VOUCHER

Apply for it



**www.whtoolhire.com**





Full & Partial  
Rewires



Landlord  
Certificates



Security  
Alarm Systems



PAT Testing  
Services



Fuse Board  
Changes



New Build  
Installations

NIC EIC Insurance Services  
approved electrical contractors

find us at

[www.darkelectrical.com](http://www.darkelectrical.com)  
07896 279 331

"No Job is Too Big, No Job is Too Small"  
We are equally adept working for  
commercial, industrial and domestic  
customers.

Review us on



07896 279 331 [info@darkelectrical.com](mailto:info@darkelectrical.com)  
14 Priory Way, Langstone, Newport, NP18 2JE

follow us at







# DISTINCT KITCHENS



## FULL DESIGN & INSTALLATION SERVICE

[www.distinctkitchens.co.uk](http://www.distinctkitchens.co.uk)



### TRADITIONAL

Classic look and feel with the added benefit of modern functionality.



### MODERN

Clever design to create an impressive space to cook, eat and entertain.



### BESPOKE

Bespoke hand-made kitchens are exquisitely designed and made with the finest materials.

☎ 01633 619 999 ✉ [info@distinctkitchens.co.uk](mailto:info@distinctkitchens.co.uk)

📍 [www.distinctkitchens.co.uk](http://www.distinctkitchens.co.uk) 📍 Unit 17, Pontymister Industrial Estate, Risca, NP11 6NP



# THE GRAIG BEST KEPT VILLAGE GROUP

The Graig Best Kept Villages Group is preparing to begin activities for the spring and summer.

We would be very grateful to anybody willing to give just an hour or two, to help with any of our activities, either litter picking or planting. We will provide all the necessary equipment, including the litter pickers, protective gloves and plants.

For more information, please contact: Mandy Womack  
Tel: 01633 895145 or email [mandy.womack@sky.com](mailto:mandy.womack@sky.com)



## LITTER PICKS 2019

We meet at the end of Forge Lane/Court Crescent at 10.30am for the Bassaleg litter picks & at Rhiwderin Community Centre at 10.30am for the Rhiwderin litter picks.

### BASSALEG

Saturday 27<sup>th</sup> April  
Saturday 25<sup>th</sup> May  
Saturday 29<sup>th</sup> June  
Saturday 27<sup>th</sup> July  
Saturday 24<sup>th</sup> August  
Saturday 28<sup>th</sup> September

### RHIWDERIN

Sunday 28<sup>th</sup> April  
Sunday 26<sup>th</sup> May  
Sunday 30<sup>th</sup> June  
Sunday 28<sup>th</sup> July  
Sunday 25<sup>th</sup> August  
Sunday 29<sup>th</sup> September

## Pen-y-Garreg Reservoir

Excavation work on the foundations for the dam at Pen-y-Garreg began in April 1895, when the railway line that was constructed for the building of the dams reached the site. Work on the masonry of the dam itself started at the end of the following year.

Although there are actually four dams in the valley of the Elan River, Pen-y-Garreg is often regarded as the 'middle dam' in the series.



This spectacular scenery is slightly less than a two hour drive from Newport. On an average it rains 235 days a

year on the Elan Estate, for the perfect day out make sure you check the local weather forecast before you leave.





## Little Dragons classes

Ages 4-7



### ROGERSTONE

Ty-du community hall  
Welfare grounds  
Tregwyllym road  
Rogerstone  
NP10 9EQ  
Tuesdays 17.30 - 18.15  
Thursdays 17.30 - 18.15

Cwmcarn OAP hall  
Newport road  
Cwmcarn  
NP11 7LZ  
Monday 17.45 - 18.30  
Friday 17.45 - 18.30

## JUNIORS Taekwon-Do

Ages 7-13

### ROGERSTONE

Ty-du community hall  
Welfare grounds  
Tregwyllym road  
Rogerstone  
NP10 9EQ  
Tuesdays 18.30 - 19.30  
Thursdays 18.30 - 19.30

Cwmcarn OAP hall  
Newport road  
Cwmcarn  
NP11 7LZ  
Monday 18.30 - 19.30  
Friday 18.30 - 19.30

## Adults Taekwon-Do

Ages 13+

### ROGERSTONE

Ty-du community hall  
Welfare grounds  
Tregwyllym road  
Rogerstone  
NP10 9EQ  
Tuesdays 19.30 - 20.30  
Thursdays 19.30 - 20.30

Cwmcarn OAP hall  
Newport road  
Cwmcarn  
NP11 7LZ  
Monday 19.30 - 20.30  
Friday 19.30 - 20.30

*\* First week free as a trial*

Phone: 07891 054 890  
info@artofcombatmartialarts.com  
www.artofcombatmartialarts.com  
Facebook Art of Combat Taekwon-Do



# Bluebird Care

## Providing Support When You Need It



**We provide high quality care and support services throughout Newport & South Monmouthshire, enabling our customers to retain their independence whilst living in the comfort of their own homes.**

### **Why choose Bluebird Care**

It might be the first time that you have had to consider care for yourself or a member of your family; or perhaps you are looking for some extra support to complement the care you already receive. Whatever your situation, deciding on a suitable care company can be a stressful and difficult task, filled with uncertainty and pressure to make the right choice.

Unlike other companies, we do not take a 'one size fits all' approach to providing care. Instead, we are passionate about delivering a personalised service designed around the needs of each individual customer to support their lifestyle.

### **Our staff**

We recruit and train all of our own staff to the highest standards to ensure we provide the quality of care that we would want for our own family and friends.

Connect with us on Facebook  **Bluebird Care Newport & South Monmouthshire**  
Follow us on Twitter  **@BluebirdNewport**

## Our Services

You might be looking for short-term help and support after a stay in hospital, or whilst recovering from an illness. Or perhaps you need care and support for the long term. It might be respite that you need whilst your usual carer takes a break, or maybe you need someone to take care of a family member whilst you're away. Whatever your needs, Bluebird Care can help.

From 30-minute visits aimed at helping with household tasks or preparing a meal; to caring for those living with dementia – Bluebird Care provides you with the support you need, when you need it most.

### Some of the tasks that our Home Care Assistants frequently undertake include:

- Full personal care including showering and bathing
- Mobility assistance, including the use of hoists and other equipment
- Assisting with medication
- Assisting with managing the home, e.g. cooking, cleaning, laundry
- Help with shopping and meeting friends
- Providing support and assistance to customers attending GP/hospital/dental appointments

## A realistic and affordable alternative to Residential Care

### We also provide 24 hour Care

Our dedicated live-in carers provide personal assistance from waking until bedtime and are on hand if they are required during the night.

Should you need care and support around the clock, we will put together a small team to provide care on an hourly basis, day and night, for total peace of mind.



**Call and speak to a member of our team to find out how Bluebird Care can help you and your family.**

# Oxford House Industrial History Society

After a few years in the increasingly crowded Oxford House complex, in 1974 the society was offered an empty classroom in the old Pontymister Secondary School for their Friday evening lectures. This extended to being given the use of an outside building, previously the pottery room, as the first Museum enabling various bits & pieces to be transferred from the garden of Oxford House. This was officially opened by Winford Vaughan Thomas with Saturday mornings becoming the regular opening time. Although suffering an influx of two feet of water during the 1978 Risca flood (the building was next to the river wall) most of the contents survived intact.

The Chemist Shop contents which had been saved from a skip in Cardiff were enabled to be put together in another empty classroom in such a way as to recreate, as closely as possible, it's original look. This was also opened on Saturday mornings.

An old railway wagon was placed in the school yard and used for storage. There was much mindless vandalism at this time and the Society were aware of the two remaining gravestones in the Miners Cemetery at Greenmeadow. These were of great historical importance but very vulnerable,



so a few Society members took the decision to rescue them and store them in the railway wagon. They are now incorporated into the memorial wall at the back of the

cemetery.

There followed a very settled period of time at Pontymister which ended in 1990 when we were informed that the school buildings were to be demolished, Lidl and it's car park now occupy the site. The Society returned to Oxford House for their Friday evening lectures but what about the Museum and Chemist Shop. Islwyn Borough Council offered free storage in an empty industrial unit in Pontllanfraith but the Society had to arrange transportation and do the physical moving.

Over three years later the council acquired the old Risca Miners Institute using European Heritage funding by allowing the Industrial History Society to install the museum on the ground floor and using it for their weekly lectures whilst the upper floor was converted for use by other Oxford House groups. This has been the Societies home since then. The Oxford House Industrial History Society meets on the ground floor of the old Risca Miners Institute (Risca Museum) in Grove Road at 7pm on a Friday evening. The new season started on January 4th and future illustrated talks includes the Llanerch Colliery disaster, Neath Abbey Ironworks and the History of Risca Type. The full programme is available on our website - [www.riscamuseum.org.uk](http://www.riscamuseum.org.uk)

**Anyone interested in local or industrial history, or who just enjoys listening to a good speaker delivering an expert presentation, will enjoy the evening, if you are interested just turn up at 7pm any Friday evening.**

# PREPARING FOR RETIREMENT WHEN YOU'VE REACHED YOUR HALF CENTURY

When people reach their 50s, they often begin to realise that retirement, in whatever form they decide to take it, suddenly feels an awful lot nearer. If you're in that age group and haven't yet given the prospect much thought, now is a good time to start thinking about the years that lie ahead.

## Plan ahead

When do you envisage starting your retirement? Having an approximate date in mind will help you work out a budget for your later years. Typically, retirees need more money to spend in their active years on things like travel and hobbies. Later in retirement they tend to need less income, with their spending levels likely to increase towards the end of their life if they need residential or nursing care.

## Get a pension check

Now is the time to review your pension arrangements to see if they are on track



Please contact your local Financial Planning Consultant

**Mrs Kelly East CeMAP, DipFA.**

to book an initial no obligation appointment today  
m: 07957 555006  
e: [kelly.east@charlesderby.com](mailto:kelly.east@charlesderby.com)  
w: [www.charlesderby-kellyeast.com](http://www.charlesderby-kellyeast.com)

to provide the level of retirement income you'll need. At this point, if it looks as if you need to save more to reach your target income, you still have a few years in which to step up your contributions if your earnings will allow.

You should also keep track of any pensions you may have accumulated with past employers and take advice about whether it would be in your best interests to consolidate them into just one plan.

It also makes sense to get a state pension forecast, and to check when you will receive it, as the state pension age is increasing to 67 between 2026 and 2028.

There's a lot to consider in the run-up to retirement; we're here to help.

***If you're making plans for your retirement and would like some professional advice, then please get in touch for a free initial Pension Review.***

***The value of pensions and the income they produce can fall as well as rise. You may get back less than you invested.***



## ADULTS COMPLETE 109 LIFE ADMIN TASKS A YEAR

Most of us have a list of personal admin tasks that need doing, such as paying bills, managing our mortgage, topping up our savings or checking our bank statements. On occasions we can all struggle to get through what seems to be a never-ending 'to do' list.

A recent survey<sup>[1]</sup> shows that the average adult has four important tasks currently pending, but never enough time to do them. These admin tasks include important things like managing their mortgage and reviewing their insurance and savings.

Whilst admin tasks can be a pain, tackling them can be financially rewarding, and give you a sense of achievement and peace of mind that you've finally accomplished them.

## Getting the help you need

Working with an adviser can help you tackle some of those tasks you know you should attend to. We can review your mortgage, tell you if you're saving enough in your pension, help you put the right protection policies in place to protect you and your family, and much more besides.

1. AAT (Association of Accounting Technicians) 2018





# Are You Selling Your House in 2019?

**Its been a busy start of the year for estate agents in Newport. The city is continuing to increase in popularity amongst both home buyers and investors seeking to purchase properties.**

The number of people moving to Newport is at a record high as are the number of landlords from further afield who are adding houses here to their property portfolios.

## **What Does This Mean for Our City?**

In my opinion it is a clear indication that Newport is a city on the up. The launch and announcement of various commercial, retail and industrial schemes over the last 12 months has helped put Newport back on the map and become a location of choice for people to move to from both the local area and further afield.

The immediate conurbations surrounding the key M4 junctions remain the most popular. On the west side of the city, houses in these areas selling very quickly and at their full asking prices. We even have people on waiting lists which is a first since 2008.

## **As Winter Comes to an End, the Housing Market Will Spring Forward**

Whilst it has been a busier winter than in previous years we anticipate the housing market to move up another notch in the Spring. The longer days and (hopefully) better weather traditionally encourages those that are considering moving to start the process and begin to prepare their homes and look around the market.

## **Top Tips to Sell Your House This Spring**

1. **First Appearances Count** - prepare the exterior of your house and garden to make it appealing
2. **Have a Spring Clean** - Mess and clutter doesn't sell houses but brighter and more spacious areas does
3. **Finish off any Jobs** - get the professionals in for plumbing, building and electrical work and decorate in neutral colours
4. **Warm, Welcoming Homes Sell** - open the curtains, turn lights and heating on if necessary. Polish and flowers can also help!
5. **Use a Professional to Sell Your House** - get in touch for a free market appraisal and valuation, accompanied viewings, extensive marketing and coverage of your home, quality photographs and floorplans and managing all interactions with viewers/buyers.



**Please Get in Touch or Call in to Speak to One of Our Team:**

**Kingston Newell Estate Agents**, 70 Bridge Street, Newport, South Wales NP20 4AQ  
Tel: 01633 262628 Email: [sales@kingston-newell.com](mailto:sales@kingston-newell.com) [www.kingston-newell.com](http://www.kingston-newell.com)

## This months Hot Properties

FOR SALE



£425,000

### Stow Park Avenue, Newport

Newly renovated 5 bedroom mid-terrace period property on the West side of the city.

FOR SALE



£349,950

### York Place, Newport

Recently refurbished fully licensed HMO. Six double bedrooms each with en suite.

FOR SALE



£315,000

### Camellia Avenue, Rogerstone

Superbly presented 4 bedroom detached family home. Double garage & driveway.

FOR SALE



£295,000

### Allt-yr-yn Heights, Newport

Well presented detached 4 bedroom detached property. Driveway with integral single garage providing off-road parking.

*All properties available at time of going press*

# Kingston Newell

ESTATE AGENTS



OUR  
GUARANTEE  
WE WILL  
MATCH ANY  
OF OUR  
COMPETITORS  
FEES\*

## Key to *your* move...

Kingston Newell is one of the leading independent estate agents in Newport with more than 30 years experience. We pride ourselves on the level of service we offer to our clients.

- No sale - no fee
- Residential or commercial sales and lettings
- Internet promotion to 1000's of prospective buyers
- Call us for a free, no obligation valuation or property appraisal

Call us **today** on

# 01633 26 26 28

70 Bridge Street, Newport, South Wales NP20 4AQ

[www.kingston-newell.com](http://www.kingston-newell.com)

## 1st Rhiwderin Brownies

For more info visit the website  
[www.girlguiding.org.uk/information-for-parents/register-your-daughter/](http://www.girlguiding.org.uk/information-for-parents/register-your-daughter/)

## Scouts, Beavers and Cubs

Scouts (10-14 years) Friday Evening  
 Beavers (6-8 years) Monday Evening  
 Cubs (8-10 years) Monday 6.30-7.45pm  
 At 1st Bassaleg Scout Hut,  
 Cowshed Lane, Bassaleg  
 Contact: Chris Regan 07988 706402  
[cregan83@hotmail.com](mailto:cregan83@hotmail.com)

## La Leche de Newport

La Leche League Groups provide mother-to-mother support by holding regular meetings on various aspects of mothering through breastfeeding. Location details or further

information please contact Rhiannon  
 01633 892505

## Whitehead Steelers Junior RFC

Wednesday and Thursday evenings  
 The club is always looking for new players and we welcome both boys and girls aged five years and over. For more information please contact Ryan on 07809 768203

## Rogerstone Junior RFC

We are holding Training Sessions for 10 to 16 year olds on Wednesday evenings, 6.30pm at Newport Fugitives Club, High Cross NP10 9AE. Please contact James on 07919 412221 to join the fun.

## Risca Mini & Juniors RFC U14s

Training sessions are held every Wednesday night at Fire Station Fields, Risca throughout the rugby season. We always welcome new players under 14 years old.  
 Contact Andrew on 07751 033507 for more details.

## 1st Rogerstone Scout Band

Lowery Hall (The Scout Hut) Rogerstone  
[www.facebook.com/1stRogerstoneScoutBand](http://www.facebook.com/1stRogerstoneScoutBand)

[www.1strogerstonescoutband.co.uk](http://www.1strogerstonescoutband.co.uk)  
 Band Master: Gavin Foley - 07739 233164

## Young Archaeologists' club

We are a group for young people aged 8-16 and their families. Further details can be found on [www.yac-uk.org](http://www.yac-uk.org)  
 Membership secretary: 07747 047909  
 Email: [Surfingchick03@hotmail.com](mailto:Surfingchick03@hotmail.com)

## Rhiwderin Tabernacle

Fridays - Computer Class 2.15-4.15pm

## Rhiwderin W.I.

2nd and 4th Tuesday of the month, at 7.30pm, Rhiwderin Village Hall. We are a friendly, supportive group and warmly welcome new members.

Contact: Linda Hughes on 01633 894042

## Whist Drive

Mondays - play starts at 1.45pm  
 Rhiwderin Village Hall Admission £3  
 Contact: Angela Robins 07980 970967

## Rhiwderin Indoor Bowls Club

Rhiwderin Community Centre (The Old School)

There are several sessions held during the Summer and Winter, afternoons and evenings.

If you would like to try an inexpensive activity contact: Linda Vacara 01633 891608

## Legs Bums & Tums, Zumba, Pilates

Rivermead Centre, Afon Village, Welfare Grounds, Rogerstone. For further information call Michelle: 07957 267977

## Tai Chi

Tydu Community Hall, Rogerstone NP10 9EQ

Monday 7.15pm

Contact Bill James 07814 571247

Email: [bill.james@live.co.uk](mailto:bill.james@live.co.uk)

## Badminton club

Rogerstone Primary School every Tuesday and Friday 7-9pm.

All ages welcome, for details:

Gary: 07967 146332

Linda: 07952 583827

[lindajdaniels@btinternet.com](mailto:lindajdaniels@btinternet.com)

Twitter: @PonthirBadders

Facebook: Ponthir Badminton

## Line Dance Class for all levels

7.00pm every Monday  
 Rogerstone & Bassaleg Social Club  
 Tel 01633 262796 or just come along to join in the fun

## Sequence Dance Club

St Basil's Church Hall, Bassaleg.

Fridays 8.00pm-10.00pm.

New members very welcome.

For more details call

Geoff or Maureen on 07802 934402

**Activities held in the Graig Community Centre**

# What's On

## Indoor Short Green Bowls Club

Graig Community Hall, Bassaleg  
Mon 7.00pm-9.00pm  
Tues 10.00am-12.00pm  
Thurs 10.00-12.00pm  
Contact: K. Davis 01633 896015  
D. Martyn 01633 892659  
Or turn up and give it a try.

## Ladies Badminton Club

Tuesdays 2.00pm-4.00pm  
Graig Community Hall, Bassaleg  
Friendly club wishing to expand  
Contact: Denise Jones 01633 893583

## Welsh Folk Dancing Group

Thursdays 8.00pm-10.00pm  
Graig Community Hall, Bassaleg  
Beginners & Experienced dancers welcome  
Contact: 01495 271953 or just turn up

## Adult Ballet

Tuesday from 6.30pm  
Graig Community Hall, Bassaleg

## Line Dancing

Wednesday 7.00pm Intermediate Level  
Graig Community Hall, Bassaleg

## Aviation and Air Traffic Control

If you are interested in aviation and would like to know more about what goes on in the air above us every day, why not come along to one of our regular meetings at the Graig Community Hall, Bassaleg.  
For more information call 01633 213243

## Newport Folk Club

Every Thursday 8.45 at Newport Fugitives Athletic Club, High Cross  
Contact Malcolm Charnley on 07973 278932

## The Lyceum Folk Club of Newport

Held every Thursday at 8.30pm  
at the Crindau Constitutional Club.  
Malpas Road Newport  
For more details ring 07966 754366

## Nostalgia Music Society

Rogerstone & Bassaleg Social Club,  
Tregwilym Road, Rogerstone  
4th Wednesday of every month at 7.15pm.  
Admission £2.00  
Further details from Dave Davies  
01633 891711  
Email: glyntaff2011@hotmail.co.uk

## Alcan Singers

Wednesdays 7.30pm  
Rogerstone and Bassaleg Social Club (Alcan Club) Tom Claridge 01495 231761

## Christchurch Music Society

We are an amateur music society welcoming new members on stage and back stage.  
We meet on a Wednesday at 7.30pm at

Christchurch Church Hall, Newport.  
Contact the secretary for more details  
Martyn Brown 07896 284424  
www.christchurchmusicsociety.co.uk

## Risca Male Choir

Sunday 6-8pm and Thursday 7-9 pm at the old Risca UDC offices in St. Mary Street  
For more details call secretary Alan Davis  
01495 272664 or www.riscachoir.net

## Newport Orchestra

Can you play an orchestral instrument?  
The orchestra NOW rehearse weekly (in school term time) on Monday 7.30-9.30pm at YMCA, Mendelgief Road, Newport.  
Please contact the Secretary by e-mail at newportorchestra@hotmail.com or visit the website www.newportorchestra.co.uk

## GWENT CHORALE supported by COLEG GWENT

The choir meets every Wednesday at 7pm at Dan-y-Graig Church, Risca NP11 6DR  
New choristers are always welcome.  
For more details call Colin on 01633 894914 or Nicola on 07974 111712  
Or visit www.gwentchorale.com

## Fourteen Locks Canal & Heritage Centre

Why not come and join us on one of our regular monthly walks from the Centre, they take place on the first Saturday of each month at 10.00am REGARDLESS OF WEATHER.

Please phone 01633 892167 for details of the next walk.

## Western Valley Camera Club

Thursday evening in the Dudley Suite, Cross Keys Rugby Club (Pandy Park, Woodward Avenue, Cross Keys NP11 7BS) at 7.30pm and aim to finish by 10.00pm. For further information please go to the club website - www.westernvalley.co.uk

## The Rotary Club of Machen

Sec: Hugh Clatworthy 01633 440999  
Email: john.newton645@btinternet.com

## The Rotary Club of Newport

Sec: Peter Landers 01633 213049  
www.rotarynewport.org  
email: peter\_landers@hotmail.com

## The Rotary Club of Newport Uskmouth

Sec: Keith Minton 01633 423368  
www.nuws.org.uk

email: keithminton44@gmail.com

## The Rotary Club of Caerleon

Sec: Gerry Fulcher 07891 390255  
www.rotary-ribi.org/caerleon  
email: gerryfulcher369@gmail.com

Please let me know if you are involved with a non-profit making organisation and would like your details included on this page.  
Tel: 07725 888070  
Email: contact@swdirectories.co.uk



# What's On

Please let me know if you are involved with a non-profit making organisation and would like your details included on this page.  
Tel: 07725 888070  
Email: [contact@swdirectories.co.uk](mailto:contact@swdirectories.co.uk)

## The Rotary Club of St Woolos Newport

Sec: Alan Thomas  
email: [stwoolosnewport@outlook.com](mailto:stwoolosnewport@outlook.com)

## Ridgeway and Allt-yr-yn Community Centre

MONDAY	OAP Keep Fit 2pm-4pm Pray Meeting 7.30pm-8pm
TUESDAY	Art Class 10am-4.30pm
WEDNESDAY	Patch Work & Quilting 1pm-3pm Sewing Class 7pm-9pm
THURSDAY	Yoga Class 9.45am-11.15am
For more details call Helen on 07973 534483	
	French Class 7pm-9pm, Bible Reading 7.30pm-8.30pm
FRIDAY	Pilates 10.00am-12.00pm Sewing Class 12.30pm-4.30pm
SUNDAY	Bible Reading 11.00am-12.00pm Gospel Meeting 4.30pm-5.15pm

Hall can be hired for children's parties, receptions and meetings

For more information email Malcolm Schulz: [malcolmschulze@viginmedia.com](mailto:malcolmschulze@viginmedia.com) or come to the Centre any Wednesday

## MERCHED Y WAWR CASNEWYDD A'R CYLCH

(for Welsh Speakers & Learners)  
Dewch aton ni i fwynhau gweithgareddau amrywiol. Yr ail nos lau bob mis (Medi-Mehefin) am 7:30 y.h. yn Neuadd Eglwys Bethesda, Cefn Road, Ty-du.  
Ffôn: Bronwen Green 01633 894404 / Vivien Lee 01633 894896

## BYDD CROESO MAWR I CHI I GYD

Ffôn Bronwen Green 01633 894404 / Vivien Lee 01633 894896

## Newport and County Horticultural Society.

Winter talks and summer outings.  
For further information contact Gay Thomas on 01633 274527

## The Newport Medieval Ship

The Ship Centre is opened Fridays & Saturdays 10.30am - 4.30pm  
Unit 20 Estuary Road, Queensway Meadows Ind Est, Newport, NP19 4SP

## Rogerstone Roses WI

2nd and 4th Tuesday in the month 7.00pm  
St Anne's Church Hall

Contact: Olive Sheward 07954 336098

## Gwent Family History Society (Newport Branch)

Help Desk at Newport Reference Library  
2nd Wednesday of each month 2pm-4pm  
Beginners Class at the Civic Centre  
7.00pm on the second Wednesday of each month.

Branch Meeting at the Civic Centre  
7.00pm on the Last Wednesday of each month. Contact 01633 421378

## Friends of Newport's Ornamental Parks

If you would like to become a Friend of Newport's Ornamental Parks contact Kerry on 01633 660716 or go to the website [www.fonop.org.uk](http://www.fonop.org.uk)

## Newport Reading Group

Tuesday 7.00pm-8.30pm  
Ye Old Murranger Inn, High Street, Newport  
Please see our blog ([www.thenewportreadinggroup.blog.blogspot.co.uk](http://www.thenewportreadinggroup.blog.blogspot.co.uk)) for information the group and contact details.

## South Wales and Mon. Numismatic Society

1st Monday of the month in Newport for anyone interested in coins, tokens, Medals, Banknotes.

For details please contact the Chairman on 01633 413238 or Secretary on 02920 561564

## Risca U3A

for retired & unemployed people.  
Risca Youth Centre, Lyne Road  
Daily activities & Monthly Social Afternoon on last Thursday of the Month at 2.00pm  
We Warmly Welcome New Members  
Please Contact for more details  
Mrs I Davies 01633 850095

## Newport U3A

for those retired or near retirement, we meet at Shaftesbury Methodist Church each Wednesday, Thursday and Friday during term time. Nearly 40 interest groups from Art to Welsh. New members very welcome. For more details Contact Angela Robins 07980 970967 or [www.newportu3a.org.uk](http://www.newportu3a.org.uk).

## Bedwas & Trethomas Bridge Club

is looking for new members. Thursday 7:00-9:30pm  
All standards welcome. Contact John: 07855 200525

# ROGERSTONE

Landscaping & Driveways Ltd

**Driveway, Landscaping and  
Building Specialist**  
All Aspects of Work Undertaken

Google

5 Star Customer Rating  
★ ★ ★ ★ ★  
READ REVIEWS



Marshall's  
REGISTER  
APPROVED INSTALLERS

Yell

★ ★ ★ ★ ★  
5 Star Reviews



Find us on:  
facebook.

**Don't Delay CALL today for a  
Free quotation**

**Tel: 01633 449836  
Mob: 07765 240400**

Email: [Rogerstone.id@hotmail.com](mailto:Rogerstone.id@hotmail.com)

Web: [rogerstonelandscapingdriveways.co.uk](http://rogerstonelandscapingdriveways.co.uk)

# G R JOINERS

**ALL ASPECTS OF CARPENTRY WORK  
UNDERTAKEN**

- UPVC Specialists
- Doors/Windows/Soffit & Fascia
- Boards/Guttering
- Fitted Kitchens & Bathrooms
- Laminate Flooring/Skirting Boards
- Door Locks Supplied & Fitted
- Garage Doors
- Flat Pack Furniture Assembly
- Decking/Fencing
- Floor And Wall Tiling



**ALL WORK  
GUARANTEED**

**OVER 20 YEARS'  
EXPERIENCE**

**LOCAL RELIABLE  
SERVICE**

**QUALITY  
WORKMANSHIP**

For Free Estimates And Helpful, Friendly Advice Call Glenn

**Call 07775 811523 or 01633 376412**



[www.facebook.com/GRJoiners](http://www.facebook.com/GRJoiners)

58 Herbert Avenue, Risca, Newport, NP11 6JT

## R J PHILLIPS INTERIORS

CURTAINS—BLINDS—SOFT FURNISHINGS—TRACKS AND POLES



**NEW SHOWROOM**



**CUSTOM MADE SOFT FURNISHINGS, DESIGN AND FIT**

- Wide range of fabrics
- Alterations
- No job too big, or too small.
- Use of own fabric acceptable
- Quality, expert service at affordable prices

**FREE quotation, measure and design service**

**[www.rjphillipsinteriors.co.uk](http://www.rjphillipsinteriors.co.uk)**

**Tel : 01633 267753 Mob: 07906 040417**

**[enquiries@rjphillipsinteriors.co.uk](mailto:enquiries@rjphillipsinteriors.co.uk)**

**59 Church Road, Newport, NP19 7EJ**

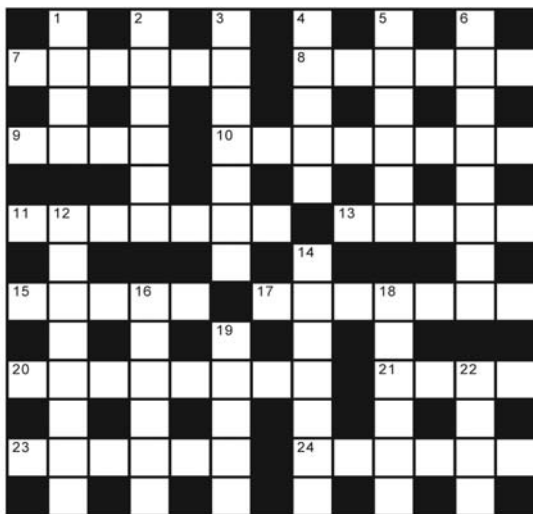
# Crossword

## Across

- 7 Vocation (6)
- 8 Preferably (6)
- 9 Clarified butter (4)
- 10 Undomesticated animals (8)
- 11 Left out (7)
- 13 Furious (5)
- 15 Apart (5)
- 17 Dental practitioner (7)
- 20 Across the country (8)
- 21 Simple (4)
- 23 Abandon (6)
- 24 Guest houses (6)

## Down

- 1 Quick (4)
- 2 Concrete (6)
- 3 Full of people (7)
- 4 Ruff (5)
- 5 Taken without consent (6)



- 6 Acts (8)
- 12 Errors (8)
- 14 Having a strong constitution (7)
- 16 Determined (6)
- 18 Pact (6)
- 19 Bring together (5)
- 22 Flat fish (4)

# Sudoku

		2		7	6	8	1	
	9			8	5		7	
8				4				2
	3			9			8	6
6	1				2		3	
9					3		4	
7					8			3
3			6		7			
		6	5				2	

The object of sudoku is to insert the missing numbers in the boxes to satisfy just one condition: each row, column and 3x3 box must contain the digits 1 through to 9 exactly once. This can be done by applying logic – you do not have to guess.

Solution on page 48



# Leaky Shower???

## We have a Shower Pod Solution



**SALE  
NOW  
ON**

### Are you fed up with your leaking shower area?

Install a leak free replacement from Newport Bathroom Centre.

We have a special offer for a 900mm Quad 2 door shower door, with a thermo shower mixer and leak free shower pod.

Supplied and fitted from  
**£1595.00 inc Vat**

**(Full terms apply)**

- Quick Installation
- Minimum disruption
- Completely leak free construction
- Say goodbye to silicone and grout
- No mould or bacteria
- Easy to clean

We also offer a full design service using the latest 3D Software to visualise designs.  
Supply Only OR Supply and Professional Installation.  
Tiles, bathrooms, furniture, accessories, showers and much, much more.



## Newport Bathroom Centre Ltd

Based @ George Street Furnishers 19-24 George Street, Newport. NP20 1EN

**Tel: 01633 26 26 29**

[info@newportbathroomcentre.com](mailto:info@newportbathroomcentre.com)

## Service No 37 Rhiwderin–Newport via Cardiff Road–NEWPORT BUS

To Newport (Stand 7—Friars Walk) Mon – Sat (not Bank Holidays) *Mon – Fri only							
Cwm Cwddy Drive	06.56 *	07.55	09.00	10.00	11.00	12.00	
Cwm Cwddy Drive	13.00	14.00	15.00	16.00	17.00	18.25	
Laurel Road	07.06*	08.05	09.11	10.11	11.11	12.11	
Laurel Road	13.11	14.11	15.11	16.11	17.11	18.36	
From Newport (Stand 7)	07.30	08.35	09.35	10.35	11.35	12.35	
	13.35	14.35	15.35	16.35	18.00	—	

## Service No 50 Bargued–Newport via The Handpost–Stagecoach Valid from 02.01.18

To Newport (Stand 19 - Market Square) Mon – Sat (not Bank Holidays)								
<b>Rhiwderin Inn</b>  Services with an * Departs from Laurel Road 3mins later than shown times	06.58*	07.18	07.41	07.56*	08.11	08.26*	08.42	09.03*
	09.17	09.35*	09.51	10.05*	10.21	10.35*	10.51	11.05*
	11.21	11.35*	11.51	12.05*	12.21	12.35*	12.51	13.05*
	13.21	13.35*	13.51	14.05*	14.21	14.35*	14.51	15.05*
	15.21	15.35*	15.51	16.05*	16.21	16.35*	16.51	17.05*
<b>From Newport (Stand 21)</b>	17.21	17.51	18.43*	19.14	20.14	21.14	22.14	
	07.45	08.13	08.28	08.43	08.58	09.13	09.28	09.43
	09.58	10.13	10.28	10.43	10.58	11.13	11.28	11.43
	11.58	12.13	12.28	12.43	12.58	13.13	13.28	13.43
	13.58	14.13	14.28	14.43	14.58	15.13	15.28	15.43
	15.58	16.13	16.28	16.43	16.58	17.13	17.28	17.43
	18.15	19.05	20.05	21.05	22.05	23.00		
To Newport (Stand 19 - Market Square) Sun & Bank Holiday Mon								
Rhiwderin Inn	10.03	12.03	14.03	16.03	18.03	20.03	22.03	
From Newport (Stand 21)	09.50	11.50	13.50	15.50	17.50	19.50	22.20	

For more information visit [www.Traveline](http://www.Traveline) or call **0871 200 22 33** SCHEDULE CORRECT AS AT TIME OF GOING TO PRESS



### Usk New Start Cat Rescue

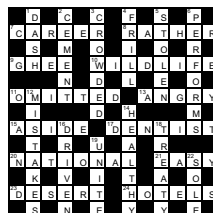
We rescue abandoned and stray kitties and support owners to re-home.

If you would like to adopt one of our furry friends please contact Sam Murray on 07535 087970. Adoption fee applies.

We also need additional volunteers within all areas of Gwent to help with transport, fostering or fundraising. Even the smallest of help can make a huge difference.

Please friend us on Facebook;  
Usk New Start Cat Rescue

## Crossword Solution



Across: 7 Career, 8 Rather, 9 Ghee, 10 Wildlife, 11 Omitted, 13 Angry, 15 Aside, 17 Dentist, 20 National, 21 Easy, 23 Desert, 24 Hotels.  
Down: 1 Dash, 2 Cement, 3 Crowded, 4 Frill, 5 Stolen, 6 Performs, 12 Mistakes, 14 Healthy, 16 Driven, 18 Treaty, 19 Unite, 22 Sole.

## Sudoku Solution

5	4	2	3	7	6	8	1	9
1	9	3	2	8	5	6	7	4
8	6	7	9	4	1	3	5	2
2	3	5	7	9	4	1	8	6
6	1	4	8	5	2	9	3	7
9	7	8	1	6	3	2	4	5
7	2	9	4	1	8	5	6	3
3	5	1	6	2	7	4	9	8
4	8	6	5	3	9	7	2	1

# GRACE BAPTIST ASSEMBLY

gathers for public worship on Sunday afternoons at the  
**Malpas Community Centre, Pillmawr Road, Newport, at 3pm and  
fourth Sunday mornings of the month at the Libanus Centre,  
Libanus Road, Blackwood, at 10.30am**

## What do we believe?

### We seek to be Word-centred and gospel-driven.

The Word of God is crucial! The ministry of Grace Baptist Assembly will, we trust, always keep God's Word central. Why? The Holy Bible is God's written Word; it is how He has chosen to communicate to us who He is, what He has been doing, and what He expects of us. The Bible alone holds the ultimate, most trustworthy, most authoritative answers to the questions of life and eternity. Thus, rather than magnifying the ideas of mere human beings, we look instead to God, trusting that He inspired and preserved His Word for His glory and our good. We believe that the written Word is a reflection of the Living Word, Jesus Christ, and that its contents are our reliable, sufficient rule of faith and practice. When a moral question is raised, or when we face a difficult circumstance, we choose to resort to the Bible for guidance, correction or comfort, rather than falling back on our own experiences and opinions.

### We seek to be traditional in our message.

We hold to historical Baptist distinctives. Specifically, we are fond of The First London Baptist Confession of Faith, 1646 edition. We gladly accept broken, unaccomplished, needy sinners like ourselves; but we are not seeker-driven. We do not believe that 'doing church' is what God requires of people, and we do not believe that it is this or any other local church's responsibility to water down, nor add to, the gospel of Jesus Christ in order to create a more 'comfortable' environment. Do we want that gospel [good news] to be understandable? Yes. Do we ourselves want to be compassionate and inclusive? Yes. We want broken people - people like us - who know their sinfulness. We are here for those who know that they need something more than what this life has to offer. We seek not to offer more of the same, but to offer something different. The person and work of Jesus Christ is enough for us. We invite you to come see why.

### We seek to be relevant in our vision.

We maintain that the Bible is more than a collection of ancient writings, but rather, it contains everything we need to face the problems of life in today's culture. Consequently, our teaching and preaching will include practical application to help us live as we ought to live. We are not an elite group of those who have 'arrived' and we are committed to continual change. We rest on and submit to the absolute, unchanging truth of the Bible; and it in turn changes us. We hear and meditate on God's Word - and while we do that, we try to be doers of that Word, and not hearers only. We have found that the unchanging truths of the Bible affect our everyday lives, and we pray that we will become more and more like Jesus Christ as we submit to and obey His Word.

Find us on Facebook 



## GRACE BAPTIST ASSEMBLY

gathers for public worship on Sunday afternoons at the **Malpas Community Centre**, Pillmawr Road, at **3 pm**.

Sermon excerpt from: *JESUS CHRIST REVEALED BY SOMETHING MORE THAN FLESH AND BLOOD*

(continued from the previous issue) ...So, let's take these two questions one at a time.

First, **what is being denied in verse 17 when Jesus says, "...flesh and blood hath not revealed it unto thee - flesh and blood has not revealed to you that I am the Messiah and the Son of God"?**

The phrase "**flesh and blood**" is used four other times in the New Testament.

Speaking of the resurrection body, the Apostle Paul says in I Corinthians 15:50, "...this I say, brethren, that **flesh and blood** cannot inherit the kingdom of God; neither doth corruption inherit incorruption."

The meaning seems to be that ordinary human nature will not be raised from the dead. There will be a change. There will be a spiritual body, similar, yet different. "Flesh and blood" is man in his present limited, ordinary state.

In Galatians 1:15-17, Paul speaks of his own conversion: "But when it pleased God, who separated me from my mother's womb, and called *me* by his grace, to reveal his Son in me, that I might preach him among the heathen; immediately I conferred not with **flesh and blood**: neither went I up to Jerusalem to them which were apostles before me; but I went into Arabia..."

This is a remarkable parallel to Matthew 16:17. God "reveals" His Son to Paul, and Paul doesn't confer with "flesh and blood" - that is, Paul doesn't confer with man. He goes away to Arabia.

In Ephesians 6:12 Paul tells us, "...we wrestle not against **flesh and blood**, but against principalities, against powers, against the rulers of the darkness of this world, against spiritual wickedness in high *places*."

So "**flesh and blood**" is the merely human non-supernatural forces in the world. These are **NOT** our real enemies; the real ones are supernatural.

In Hebrews 2:14 we read concerning the incarnation of Jesus: "Forasmuch then as the children are partakers of **flesh and blood**, he also himself likewise took part of the same..."

In other words, Jesus Christ took on human nature and became a man.

So, what we can conclude from all these uses of the phrase "**flesh and blood**" is that it is simply a way of referring to ordinary humanity - finite, limited, natural.

So, when the Lord Jesus denies that "**flesh and blood**" has revealed His true identity to Peter, what He's saying is that mere human powers by themselves cannot recognize the true glory of Jesus Christ. Neither your humanity nor that of anyone else has opened the eyes of your heart to recognize the truth and beauty of Jesus.

This was the teaching of Jesus that the Apostle Paul unfolded in I Corinthians 2:14, "...the natural man receiveth not the things of the Spirit of God: for they are foolishness unto him: neither can he know *them*, because they are spiritually discerned."

The "natural man" in I Corinthians 2:14 is basically the same as "**flesh and blood**" in Matthew 16:17. **Flesh and blood** cannot reveal the true spiritual reality of Jesus Christ and the "**natural man**" cannot know the things of the Spirit of God.

Why not? Because (as Paul says) apart from God the Holy Spirit we inevitably assess heavenly things as "foolishness..." Apart from the work of God in our hearts we don't like the humiliating implications of Christmas. What are the humiliating implications of Christmas? How about...that we're under a **curse** and we need a **Saviour**...that we're **dirty** and we need a **Purifier**...that we're **lost sheep** who need a **Shepherd**...that we're **sick** and need a **Physician**...that we're **rebels** who need a **Mediator** and **Reconciler**.

The inevitable reflex of our natural antipathy toward this truth is blindness. Why is it that flesh and blood cannot see the light of the glory of God in Jesus Christ? Jesus said in John 3:19, "...**light is come into the world, and men loved darkness rather than light, because their deeds were evil**." We inevitably love darkness; that's why we cannot see the light. Nobody is spiritually blind against his or her will. The blindness of fallen flesh and blood is simply this: fallen flesh and blood hates the light.

And so, Simon Peter didn't confess the truth of Jesus by means of his own ability. Flesh and blood could never reveal such a wonderful thing as the true Messiahship and Sonship of Jesus Christ. Something more than flesh and blood is required in order to recognize Christ for who He truly is.

Anybody in this room who has recognized in Jesus the glory of the Son of God and acknowledged Him as the Fulfiller of all of God's promises - the very Messiah - has done so because something more has been at work than flesh and blood. That leads us to the second question.

**What does Jesus mean in Matthew 16:17 when He says, "...flesh and blood hath not revealed it unto thee, but my Father which is in heaven"?** How does God reveal the true identity of His Son to a person?

Christian friend, what happened in Peter's heart and your heart that can be called a revelation of the Son of God? Did God speak to you in a dream and tell you to believe the Bible? Did thunder strike when you were reading a certain verse about the deity of Jesus Christ?

I've got to tell you that I'd be very suspicious of such things, because in themselves they do not honour Jesus Christ. If Christ knocks at your door and you don't recognize Him and welcome Him as Christ because of His own glory, but you only let Him in because someone calls you on the phone and tells you that He's coming and that you'd better let Him in, then you've not really recognized Christ for who He is. It is really no honour to Him to gain admittance on the word of another.

Is this the way that God revealed the Son to Peter? Was Peter looking at the work of Jesus and listening to the teaching of Jesus and seeing nothing but a prophet and a rabbi and a friend until God came to Peter in a dream or a vision and said that, contrary to all appearances and evidences, this Jesus was the Christ, the Son of the living God? And was Peter's confession then based on this new information, so that it meant something like this: "Jesus, personally I just don't see the marks of divinity in you, and I don't see the works of a Messiah or any evidence that you're the Son of God, but on the basis of the dream I had last night, I'll believe it anyway; You're the Messiah, the Son of the living God" - is that how it went down?

Listen to me now - if that's what happened, then the confession of Simon Peter really isn't much credit to Jesus, now is it? If the recognition of Jesus of Nazareth's true dignity and glory as the Son of God is based on some separate information than what it is that we see in Him, then our confession doesn't glorify Jesus.

I cannot imagine that this is what Jesus meant when He said that His Father had revealed Jesus to Peter. So just what *did* Jesus mean?

Let me give you just one illustration from many possibilities (Matthew 11:21; 14:33; 15:13-14; 21:38; 23:16; etc.) of how Jesus expected people to recognize Him for who He truly was. In Matthew 11:2-3, John the Baptist, from his prison cell, is struggling with doubts about Jesus. John sends his disciples to ask Jesus, "Art thou he that should come, or do we look for another?" (Matthew 11:3). In other words, "Are you really the Messiah?" - the very question that Jesus says you can only answer willingly if God reveals it to you.

But how does Jesus answer John's question? Does He say, "Pray, John, for a special revelation, and God will tell you if I am the Christ"? No! He says, "**Go and shew John again those things which ye do hear and see: the blind receive their sight, and the lame walk, the lepers are cleansed, and the deaf hear, the dead are raised up, and the poor have the gospel preached to them. And blessed is he, whosoever shall not be offended in me**" (Matthew 11:4-6).

Now, if you can only recognize Jesus as the Messiah and the Son of God by means of a divine revelation of God, why does Jesus answer John's desperate question with a human report of His power and His preaching?

The answer is this: the absolutely indispensable work of God in revealing the Son both then to John the Baptist and Simon Peter and today to me and you is **NOT** the adding to what we see and hear in Jesus Himself; it is the opening of the eyes of our hearts to taste and see the true divine glory of what is really there in Jesus Christ.

When people have doubts about the truth of Jesus Christ, don't send them away to seek special messages from God. Point them to Christ. Tell them what you've seen and heard in His life and His teachings. Why? Because **this** is where God breaks in with His revealing power! God the Father **loves** to **glorify His SON!** He loves to open the eyes of the blind when they're looking at His **SON!**

God the Father doesn't reveal His Son to me by coming to me and saying, "Now, look here, I know that you don't see anything magnificent in **MY SON**; you don't see Him as all glorious and divine and attractive above all worldly things; you don't see Him as your all-satisfying treasure; and you don't see His holiness and wisdom and power and love as beautiful beyond measure; but you just take **MY WORD** for it; He is all that; just believe it."

**NO! ABSOLUTELY NOT!** Such faith as that does **NOT** honour the Son of God. It **cannot** glorify the Son. Saving faith is based on a spiritual sight of Jesus Christ as He is in Himself, the all glorious Son of God. And this spiritual sight is given to us through this inspired Word - the Holy Bible. And the eyes of our hearts are opened to recognize Him and receive Him not by the wisdom of flesh and blood, but by the revealing work of His heavenly Father.

The Apostle Paul wrote, "For God, who commanded the light to shine out of darkness, hath shined in our hearts, to give the light of the knowledge of the glory of God in the face of Jesus Christ" (II Corinthians 4:6).

So, how shall you prepare your heart this Christmas to receive Christ? Fix your gaze on Him in His Word. Look to Christ! Consider Jesus. And pray, beyond the power of your own flesh and blood, that God would give you eyes to see and ears to hear that you might cry out with Simon Peter, "Thou art the Christ, the Son of the living God."

# Sugarloaf Mountain

**I**t was a dull, dreary Sunday morning in January when we decided to cheer ourselves up by going for a walk.

I was thinking of maybe a stroll along the canal or a quick trip to the Heritage Coast for a meander along the beach, followed by a nice cup of coffee somewhere. I don't quite know how it happened but I was persuaded that it would be a good idea to tackle Sugarloaf Mountain again. It had been at least six months since we first walked up the mountain, it was one of the hottest days of 2018 so it was a different walk this time with the rain, mist and even a smidgen of snow at the top. I was impressed by the number of people we encountered early on a January morning, all enjoying their walk to the summit, some finding it easier than others! As for us, we would most certainly not be classed as mountain walkers, we much prefer the flat. The final ascent to the summit on both occasions proved to be a little challenging but the rewards far outweighed the physical discomfort. I love my regular gentle strolls along canal paths or through pretty parks, often followed by a coffee and slice of cake but the expedition to the top of Sugarloaf Mountain was well worth the effort, mainly for the views but also for the sense of achievement.

My advice is to take it slowly and when you are in desperate need of a rest just stop and pretend that you want to take in the view, even if it is after every 10 steps. A flask of coffee and a snack is a must.



# J. YOUNG PLASTERING

## Plastering & Painting Services

- No Job Too Small
- Competitive Rates
- Call for a Free Quote
- Clean, Friendly & Reliable

Over 10 Years Experience

**01633 891456 / 07515 277547**

**f** J Young Plastering Services

## AM GARDENING

- TURFING
- LAWNS MOWED
- PRESSURE WASHING
- HEDGES & TREES CUT
- SHRUB PLANTING & PRUNING
- ROTAVATOR FOR HIRE
- WEED CONTROL OF LAWN & DRIVE AREAS



**FOR A FREE QUOTE CONTACT ALISTAIR**

**01633 664617 / 07854 456094**

## RHIWDERIN PLUMBING & HEATING

- BOILER INSTALLATIONS
- BOILER SERVICING & REPAIRS
- LANDLORD GAS SAFETY CERTIFICATE
- ALL TYPES OF RESIDENTIAL PLUMBING NEEDS



**CALL: PAUL DAVID**

Registered Gas Safe Engineer

**07974 319586**

**Adrian Morgan**

## Local Builder

- PLASTERING
- BRICKWORK & BLOCK WORK
- BRICKWORK REPOINTING
- GENERAL HOME IMPROVEMENTS
- STUD PARTITION WALLS
- PROPERTY ALTERATIONS & REPAIRS

**Tel: 01633 892990 Mob: 07860 857885**

**Advertise  
your business**

*from only*

**£50**

per issue



**07725  
888070  
01633  
892771**

[contact@swdirectories.co.uk](mailto:contact@swdirectories.co.uk)

## INDEPENDENT SCHOOL OF MOTORING

### Driving Lessons

Les Evans ADI  
Driving Instructor



**01633 897940  
07979 341717**

Email: [leslie.evans1@tesco.net](mailto:leslie.evans1@tesco.net)

2 Sunnybank  
Bassaleg  
NP10 8JP

## S.CLODE FELT ROOFING

**LOCAL ROOFER**

- Competitive Rates
- No Job Too Small
- UPVC Fascia & Guttering Repaired & Cleaned



**Call Stephen on:**

**01633 300913**

**07778 496385**

## RLP Services

- All internal/external Carpentry and Joinery
- House Maintenance
- Soffit/Fascias
- Decking & Fencing



**Other services available**  
Friendly reliable service and advice  
All jobs considered

**Tel: Ross 01633 893866**

**Mob: 07975 680209**

**Email: [ross.porter1@aol.co.uk](mailto:ross.porter1@aol.co.uk)**



# Is it time to change your worktops?

Established 1974

## WT Laminates - Worktop Specialist



Mr & Mrs Lucas of Cwmbrian recently upgraded their worktops and Sinks to Staron Tempest Peak Worksurfaces

- Laminate and solid surfaces
- Cutting and Fitting services

DuPont™  
**CORIAN®**

**staron**  
Solid Surfaces

**AXIOM**  
by Formica

**F prima**

**DUROPAL**

**BB omega**

### Opening Hours

Monday–Thursday 8.00am–5.00pm  
Friday 8.00am–4.30pm Saturday 9.00am–1.00pm



Before upgrade

### STRUGGLING TO FIND TIME TO VISIT US?

Use the calculator on our website to receive samples and obtain an on-line quote [www.wtlaminates.co.uk](http://www.wtlaminates.co.uk)

• OPEN TO THE TRADE AND PUBLIC • EASY PARKING

**PLEASE COME AND VISIT OUR NEW SHOWROOM**

Units 10-12 Newport Business Park, Corporation Road,  
Newport NP19 4RF 01633 251908 [info@wtlaminates.co.uk](mailto:info@wtlaminates.co.uk)  
[www.wtlaminates.co.uk](http://www.wtlaminates.co.uk)

# THE HAIR JUNCTION

## Update

## Exciting news here at the Hair Junction!

We have a new stylist Katie, to add to our hard working team. Katie is fully qualified in all aspects of hairdressing and has eight years salon experience. She is also qualified in hair extensions. We will be offering this service soon!

We are now a GHD salon, which gives us the training and knowledge to use GHD products and equipment. This enables us to give you your desired look.

As the Hair Junction is a very busy salon and we have added our 6th stylist to our team, we are opening on Mondays starting in March. We hope doing this will expand our clientele and show new clients our creative side.

Check out all of our work including styles created with GHD on our Facebook page – The Hair Junction and on our Instagram – thehairjunction Like & Share!

Thank you for the continued support and kindness shown by all our client's both old and new. Love from Lesley and all the girls from the hair junction.

**Lesley, Carol, Adrienne, Katie, Ashleigh and Katie**

### New Opening Hours

<b>Mon</b> 9.00am - 5.00pm	<b>Tues</b> 9.00am - 5.00pm
<b>Wed</b> 9.00am - 5.00pm	<b>Thurs</b> 9.00am - 7.00pm
<b>Fri</b> 9.00am - 6.00pm	<b>Sat</b> 9.00am - 2.30pm

Late appointments available on request  
Free parking available

29 Western Valley Road,  
(The Old Petrol Station – Pye Corner).

**01633 892197**

Check out our Facebook page for all our on going work and offers



ghd



ELUMEN

GOLDWELL

NECTAYA

TOPCHIC®

# LLANSANTFFRAED AND THE NARES FAMILY

## (Part 5)

We will now continue discussing the Naval career of George Strong Nares, following his progress after his 1869 transit of the Suez Canal, which so upset the French nation.

As previously related he was promoted to Captain in December 1869, then commanding *HMS Shearwater* (1871 – 1872) he continued hydrographical work. This included an oceanographic research of the sea currents around Gibraltar. This experience lead to him being next appointed to *HMS Challenger*, a steam assisted 2,306 ton corvette, which was sent on a three year voyage circumnavigating the world carrying out oceanographic exploration.

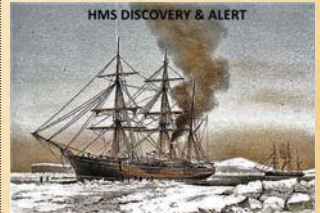
This voyage was the first time that the world's oceans were systematically investigated for scientific purposes. The crew included a team of civilian scientists as well as officers experienced as naval surveyors. *Challenger* spent the first year in the Atlantic, then in 1874, travelling between Cape Town and Australia, she investigated in a southerly direction visiting Marion, Kerguelon and the Heard islands. She next ventured south as far as 66° 40' S, 78° 22' E, where ice prevented further progress. *Challenger* became the first steam-propelled vessel to cross the Antarctic Circle.

On this voyage Nares took his nine year old son, William Grant Nares with him, accompanied by a tutor,

Adam Ebbels, who unfortunately died later in the voyage. Another unique feature of the expedition was the innovative extensive use of photography as a means of recording records, which ensured it a place in history. Nares published a two volume book in 1878, entitled '*Voyage to the Polar Sea*', which is now highly valued for its early photographs.

In 1874, Nares was recalled and appointed to command the *Alert* and *Discovery* vessels during the British Arctic Expedition. He was an ideal choice for this because of his past experience in both Arctic and Antarctic expeditions. He was then in the prime of his life and one of the most experienced surveyors existing at that time. The ships attempted to reach the North Pole by sailing into the Arctic

Ocean, via Smith Sound, which separated Greenland from Ellesmere Island. This attempt failed and the *Alert* only managed to reach Floeberg Beach at 82° N, on the north-east tip of Ellesmere Island, one of the highest Northern Latitudes reached at that date.



This voyage lasted 18 months but was blighted by an outbreak of the highly dreaded disease – scurvy. This outbreak, particularly amongst sledging parties, became so severe that it was decided to make an early return in autumn 1876. This decision probably saved many lives amongst those affected. Nares was severely criticised for





allowing scurvy to develop, he pointed out that he had regularly issued rations of lime juice the recognised preventive. It was later discovered that it had been boiled before being bottled to enhance the storage. The boiling caused the loss of much of the vitamin 'C' content, making it practically useless.

Nares was made a Fellow of the Royal Society in 1875 and in 1877 awarded the gold medal of the Royal Geographic Society and also the Société de Géographie de Paris. In 1876 he was knighted by Her Majesty Queen Victoria, then in 1878 he was appointed again to the *Alert* to carry out further surveying work in the Magellan Strait. After one season, he was recalled and appointed Marine Adviser to the Board of Trade. He served in the Harbour Department from 1879 to 1896. He was a Conservator of the River Mersey

from 1896 to 1910. He officially retired from active Naval service in 1886.

Nares was made a Rear Admiral in 1887 and placed on the retired list of Vice Admirals in 1892. One point of interest is that Nares was a member of the 'Ship Committee' for Captain Scott's ill-fated Antarctic expedition. Nares died in 1915 and his wife, Mary Grant, in 1905. He was buried at Long Ditton Churchyard on the 19th January 1915. Two of his sons also entered the Royal Navy and one of them, Vice Admiral John Dodd Nares (1877 to 1957), became Assistant Hydrographer and Director of the International Hydrographic Bureau at Monaco. Nares certainly left his mark on the world's geography because his name was so frequently used in naming many of the regions that he encountered. Examples of this are *Nares Harbour* in the

Admiralty Islands, *Nares Deep* in the North Atlantic, two Capes in the Canadian Arctic, *Nares Land* in northern Greenland, *Nares Strait* between Ellesmere Island and Greenland and *Mount Nares* in Victoria Land in the Antarctic, etc. etc..

(The End)

REAR ADMIRAL G.S. NARES



# Get ready for Summer!

- Bedding Plants, Tomato, Cucumber & Vegetable Plants
- Geraniums – 3 plants, £1 per strip
- Perennial Plants, Hanging Baskets, Fuchsias
- Herbs, Trees, Shrubs
- Full range of Compost, Gro-bags & Manure
- Oak Barrels, Coloured Stone, Toughened Greenhouse Glass, Canes
- 20 varieties of seed potatoes
- Loose vegetable seed

*Plus much, much more*

**Greenmoor Nurseries**

St Brides, Wentloog, Newport NP10 8SQ

**Tel: 01633 680572 Fax: 01633 681742**

**[www.greenmoornurseries.co.uk](http://www.greenmoornurseries.co.uk)**

**COMPOST  
3 BAGS FOR**

**£12**



# PORT STOCK

In support of:  
**St David's**  
Hospice Care

SATURDAY  
22<sup>nd</sup> JUNE 2019

RODNEY PARADE, NEWPORT



the  
darling  
buds

RUSTY  
CHACKLE

STE  
REO  
MC's

DR FEELGOOD 



JOE KELLY  
& THE ROYAL PHARMACY

## EARLYBIRD TICKETS

ADULTS £28 | UNDER 16S £10 |  
UNDER 2S FREE | FAMILY TICKET £70

\*Later ticket prices and releases subject to change

BOOK VIA: 01633 674 990  
OR AT [WWW.PORTSTOCK.CO.UK](http://WWW.PORTSTOCK.CO.UK)

*Fun for all  
the family*



**New boiler offer!**

**£1400.00 + VAT**

- Boiler installation
- Flue installation
- Programable Controls
- Thermostatic Radiator Valves (Bedroom)
- 7 Year Manufacturers Warranty
- **FREE** Magnetic System Filter



Full central heating systems  
24 hr breakdowns & maintenance  
Boiler repair & installation  
Boiler and fire servicing  
Bathroom design & fit out  
Radiator installation  
Fires & surrounds  
Gas safety certificates  
General plumbing  
365 days a year helpline

[www.ecowarmth.wales](http://www.ecowarmth.wales)

  
**ecowarmth**

Contact our family run team on

**01633 894 113**  
**01633 615 800**

# Revive your drive with Resin Drives



Combine extra parking space with stunning kerb appeal.



Give your outdoor space the 'wow' factor with landscaped pathways.



Create a unique and stylish patio area.

## Why Choose Resin?

- Completely porous and puddle free
- Hardwearing, durable and weed-adverse
- 10 times more environmentally friendly than concrete
- Slip resistant, wheelchair friendly and excellent tyre traction

**\*BUY  
NOW  
AND PAY  
NOTHING  
UNTIL 2020**

## Why Choose Resindrives.co.uk?

- Highly skilled installation team
- No subcontracting
- Multiple colour schemes & styles to choose from
- Over 10 years experience

**For ultimate kerb appeal add a state of the art gliderol garage door, maintenance-free composite fencing or a realistic artificial lawn**



CALL TODAY FOR A FREE QUOTE AND SURVEY

**0800 007 5733**  
**www.resindrives.co.uk**



THE ORIGINAL RESIN CO.

\*Resindrives.co.uk is a trading name of resindrives.co.uk Ltd. Authorised and regulated by the Financial Conduct Authority (FRN743675) We are a credit broker and not a lender, we offer credit facilities from a panel of lenders. Finance subject to status. Terms and conditions apply.