

NEWPORT

# DIRECTORY



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Hopefully, the weather will warm up a little over the next couple of months and we'll all be able to take a walk in our beautiful countryside and benefit from some spring sunshine.

Wishing you all a Happy Easter.

Best wishes

*Susan*  
x



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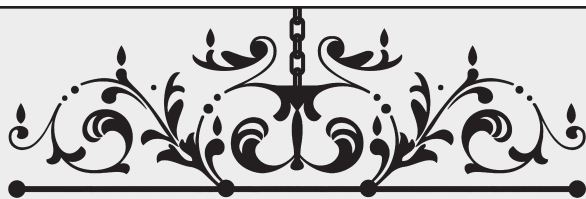
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# Tredegar House Folk Festival May 10th, 11th & 12th

## 30 YEARS OF MUSIC AND DANCE

**2019 brings the 30th anniversary for the Tredegar House Folk Festival, the festival started in 1988 but had to miss a year due to the foot and mouth outbreak in 2001.**

During the early years the festival was primarily a dance festival with multiple local and British teams taking part in free displays on the Saturday / Sunday afternoons (24 teams in 2018), joined by at least one international side. This year that side will again be Matenik from Prague in the Czech Republic. They are old friends of the festival, and their colourful costumes, lively dances plus a superb band of musicians always adds to the atmosphere.

Over the years the music side of the festival has expanded greatly thanks to the support of the Arts Council of Wales, and we have a reputation for featuring up and coming acts (often just as they receive a BBC Radio 2 folk award), while headlining the concerts with some of the finest talent around...which is often from right here in Wales.

This year on such a special anniversary there will be a major concert on each of the three days of the festival, plus a free Saturday afternoon concert run by the Lyceum and Llantrisant folk clubs which will include spots for local singers/musicians.

Across the weekend there will also be workshops as well as impromptu and organised music sessions.

At the time of writing, proposed acts for the main concerts are, Friday evening: Brooks Williams (one of the greatest acoustic country blues players), Will Pound and Eddy Jay (greatest harmonica player of his generation and the nation's



number one accordion player, these two get phenomenal

sounds from their instruments), plus Bob Fox (more than 40 years on the folk scene, latterly known as the Songman in War House). Saturday evening: Patty Gurdy, who is flying in from Dusseldorf and playing solo (known for her soaring vocals), Rob Lear Band, The Hut People (accordion and amazing percussion...they will also hold a workshop), and headlining will be Alaw comprising Jamie Smith (accordion), Oli Wilson-Dickson (violin) and Dylan Fowler (guitar). Jamie and Oli are the front line of the awesome Jamie Smith's Mabon and Dylan has developed an international career.

Sunday afternoon: Jez Lowe (his songs are sung by many other performers), Frank Hennessy (presenter of BBC Radio Wales's Celtic Heartbeat show and a distinctive singer songwriter), Belshazzar's Feast (Paul Hutchinson accordion and Paul Sartin oboe, violin and vocals), they have played together for over 10 years and are known for their impressive musicianship and sense of humour, and Calan (five brilliant young and original talents...the new Welsh supergroup).

Ceilidhs are held Friday and Saturday evenings, and a children's entertainer is on site Saturday /Sunday afternoons, plus this all takes place in the gorgeous surroundings of Newport's Tredegar House (NT car parking charges apply). All that is needed now for a perfect weekend for the whole family is some dry sunny weather (all events will be under cover should it be wet).

**For more details, and ticket prices for the whole weekend or individual concerts and ceilidhs, visit the website:**  
[www.tredegarhousefestival.org.uk](http://www.tredegarhousefestival.org.uk)



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# Twin Towns

by Paul Minton

**Twins play a significant role in popular culture, from identical pairings like Tweedledee and Tweedledum to mismatched siblings in the form of Arnold Schwarzenegger and Danny DeVito in...er... Twins. For my part, I am an only child but my aunt swears she saw my doppelgänger at a local pub. But then, surely all pubs serve doubles!**

Of course, it's not just people who might have twins. The idea of twinning towns to bring disparate communities together in a fractured post-war Europe goes back as far as the late '40s. The concept quickly gained popularity and nowadays, you might be hard pressed to find somewhere not linked to a distant counterpart. Newport is no exception and in fact, it is somewhat spoilt because rather than having just one twin, it has three.

The oldest union is with Heidenheim in southern

Germany. The relationship was officially cemented in 1981 and both places have remained close ever since. The link fostered between the Newport Philharmonic Choir and the Heidenheim Oratorienchor has proven particularly strong and to mark noteworthy anniversaries, they have exchanged gifts, such as bespoke pottery, embroidery, and a specially-commissioned love spoon. In recognition of the civic partnership, the road leading from the Harlequin Roundabout to Kingsway is called Heidenheim Drive. Likewise, Heidenheim has



Newporter Strasse, a small street which has an English language school at one end and the River Brenz at the other. Famously, Field Marshal Rommel, known as The Desert Fox during World War II, was born in the town. Another of Newport's twins is Kutaisi: the third largest city in Georgia, the home of the Georgian Parliament until last year, and most importantly, the birthplace of the singer, Katie Melua. A formal application for twinning Newport with a Soviet town was submitted to Moscow shortly after its success with Heidenheim. Many years passed without apparent progress but unbeknownst to the council here, Kutaisi was looking to pair up with a British municipality. Despite there being a number of willing possibilities in England, the authorities settled on Newport in 1989. The choice was perhaps made because of perceived similarities between Georgia and Wales: both are



mountainous countries of comparable size with their own language and culture, as well as a shared passion for rugby. At the start of the millennium, Kutaisi renamed one of its main thoroughfares, Newport Street, in honour of the association. Meanwhile, the pathway alongside the Usk between Newport Bridge and the new footbridge was christened Kutaisi Walk in 2010. Admittedly, this would not appear to be on quite the same scale but it's the thought that counts and at least there's a commemorative plaque. The final member of our trio is doubtless the most controversial: Wuzhou in the Chinese Province of Guangxi was twinned with Newport in 1986. Despite this, contact has been comparatively infrequent. The last major interaction seems to have been in 2004 when a delegation from China visited the National Eisteddfod at Tredegar House. In the past year, however, local



campaigners have urged the cutting of ties in view of the Yulin Dog Festival. Established in 2009, the Province plays host to the annual ten day event at which around 10,000 of man's best friend are consumed. Activists believe many are killed inhumanely and there are claims that pets are stolen specifically to be served up to hungry festival-

goers. Definitely not the sort of dog show we are used to over here. A petition demanding that Newport terminates the connection with its twin has gained thousands of signatures and whilst it is often said you can't choose your family, our city is in the fortunate position that it most certainly can.



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**Its been a busy start of the year for estate agents in Newport. The city is continuing to increase in popularity amongst both home buyers and investors seeking to purchase properties.**

The number of people moving to Newport is at a record high as are the number of landlords from further afield who are adding houses here to their property portfolios.

## **What Does This Mean for Our City?**

In my opinion it is a clear indication that Newport is a city on the up. The launch and announcement of various commercial, retail and industrial schemes over the last 12 months has helped put Newport back on the map and become a location of choice for people to move to from both the local area and further afield.

The immediate conurbations surrounding the key M4 junctions remain the most popular. On the west side of the city, houses in these areas selling very quickly and at their full asking prices. We even have people on waiting lists which is a first since 2008.

## **As Winter Comes to an End, the Housing Market Will Spring Forward**

Whilst it has been a busier winter than in previous years we anticipate the housing market to move up another notch in the Spring. The longer days and (hopefully) better weather traditionally encourages those that are considering moving to start the process and begin to prepare their homes and look around the market.

## **Top Tips to Sell Your House This Spring**

1. **First Appearances Count** - prepare the exterior of your house and garden to make it appealing
2. **Have a Spring Clean** - Mess and clutter doesn't sell houses but brighter and more spacious areas does
3. **Finish off any Jobs** - get the professionals in for plumbing, building and electrical work and decorate in neutral colours
4. **Warm, Welcoming Homes Sell** - open the curtains, turn lights and heating on if necessary. Polish and flowers can also help!
5. **Use a Professional to Sell Your House** - get in touch for a free market appraisal and valuation, accompanied viewings, extensive marketing and coverage of your home, quality photographs and floorplans and managing all interactions with viewers/buyers.



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# Veterans and pensioners Christmas meal 2018

**It is hard to believe that this was my eighth year organising and raising funds for Veterans and Pensioners from across South Wales.**

On Thursday the 13th December the staff canteen was transformed by volunteers from IPO, the Welsh Government and ONS, as over 60 volunteers descended on the canteen to help rearrange tables and chairs, dress the tables and lay them ready for our guests to arrive. It always amazes me to see how quickly the room is transformed. Our guests started arriving by car, minibus and taxi (some a little earlier than expected (at 14:00 instead of 15:00, but they were given tea/coffee and looked after by the volunteers). The volunteers welcomed all of the veterans and pensioners with a glass of Bucks Fizz or orange and lemonade. With coats and jackets taken, they then chose where they wanted to be seated. Some waited to see friends who they had not seen since last year and eyes glowed and the smiles spoke volumes at seeing each other again.

It was only a short time later that the Deputy Mayor and Deputy Mayoress arrived. Speeches were given by the Deputy Mayor and Mrs Joan Reynolds and I thanked the catering staff and the volunteers for helping make the event possible. A huge thank you must also go to Mrs Joan Reynolds for putting together the list of attendees (no small task, as she worked long and hard to ensure that everyone had the opportunity to attend, even with some very late

replies.) I also paid thanks to our guests for attending and hoped that they enjoyed the afternoon. Everyone stood for the prayers which were read by Mrs Joan



Reynolds of The Royal British Legion, with shivers running down my spine and I am sure that I was not alone in feeling emotional; the room fell silent for the minute's silence. The bugle was played by Mr Bill Baber. Everyone returned to their tables for the start of the festivities. The catering staff provided yet another brilliant meal again this year with a four course dinner that would outshine even a five star restaurant (this coming from so many of our guests), they said that the meal was faultless and that they were all so grateful for the courtesy and kindness shown by the staff waiting on them. John Pullinger, Iain Bell, Jan Jones, Nick Barford and Scott Howell were a huge hit, not only with the staff for joining in, but also the pensioners and veterans. Well done to you all for taking time to come and support all the other volunteers.

The entertainment was provided in the form of The Cats Pyjama's

(from Bristol), three very talented young ladies and the ONS Choir. Again everyone was in awe of the talent and I have been asked for them to come again in 2019. I hope that this will be possible and will be asking to book them both again for 2019. Even though most of our guests had started leaving around 19:00, the canteen erupted when the Welsh national anthem was sung by the choir with everyone left joining in. Scott Howell took charge of the huge free raffle and did an amazing job (maybe he will add this to his busy calendar each year, fingers crossed). He helped wherever he could and did so with great gusto, much to the enjoyment of the veterans and pensioners.

All the veterans and pensioners were presented with a fabulous goodie bag that had been donated by NGARA Media UK, based in Cwmbran.

Lastly, my ever grateful thanks go to all the staff who volunteered to wait on the tables, help set up the canteen, cook and serve the meal and entertain our guests. I know a lot of you said that I did an amazing job again this year, but it would not have been at all possible without your fabulous help and support.

2019 is already in my diary, some invites have already been sent to ensure that dates are marked on calendars and I look forward to seeing everyone there again.



**Elizabeth Buttigerg**

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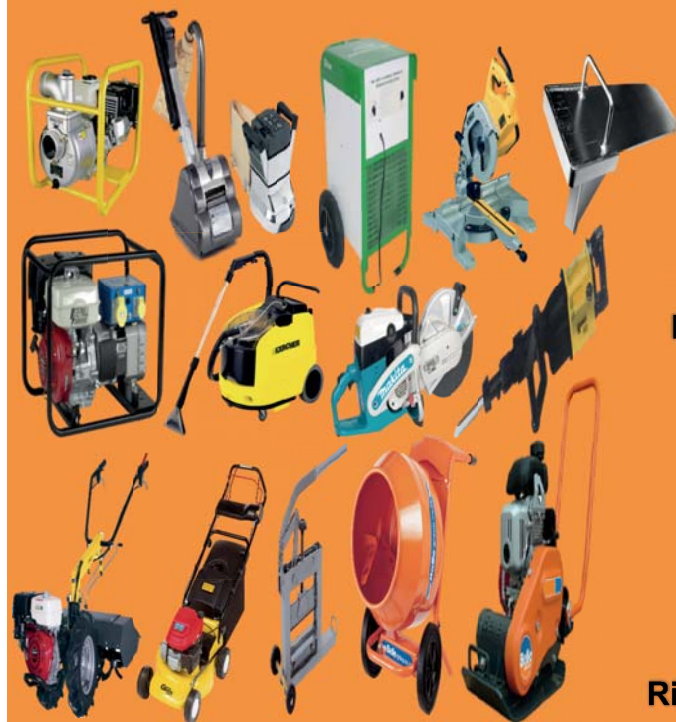




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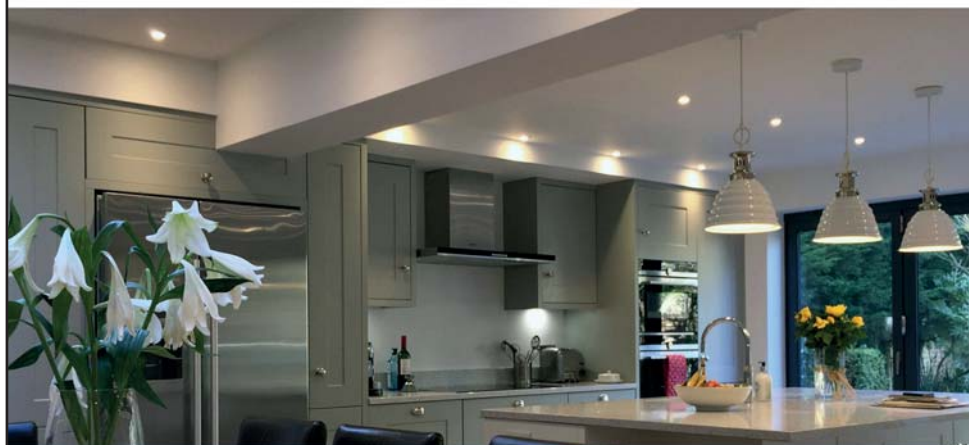


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# Optimism for the Future of Twmbarlwm

**FROM THE FIRST DAY** that the Twmbarlwm Society was formed our motto has been “Dedicated to Research, Restore and Protect Mynydd Twmbarlwm” and here nearly 10 years on, that sentiment is as relevant as ever – and we are hopeful to push forward with that mantra even more this coming year.

Five years ago the Society took part in a survey (along with other local societies) that had been commissioned by Torfaen and Caerphilly County councils to help identify ways in which the area could be developed in the future.

Since the publication of that survey, known as the ‘Twmbarlwm and Mynydd Maen Scoping Study’, funding has been put in place and CTS are now hopeful that some of the proposals we put forward to the survey will be implemented over the next few years.

The overall project is referred to as ‘The Adventure Triangle’, it takes in the mountain ridge running from the A467 Hafodyrnys - Pontypool road to Twmbarlwm and along the Monmouthshire Brecon Canal.

Proposals in this project include the development of ‘physical links and key connections between Cwmcarn over Mynydd Maen and Twmbarlwm’ to Torfaen.

To put it simply the idea is to encourage more people to make use of the mountain ridge for recreation by linking the common and Twmbarlwm to the Cwmcarn Visitor Centre and Forest Drive and to Blaen Bran in Cwmbran. There will be improved signage and track repairs done to aid cross-common cycling, horse riding and walking routes to link Blaen Bran and Cwmcarn.

As far as the Society is concerned, we are now more optimistic that some plans that we have had in place for years will now come to fruition. Indeed some projects have already been put in place.

Projects include everything from landscape repair and erecting new signs to addressing illegal off-roading and anti-social behaviour. To help achieve these aims we will be calling for a great deal of volunteer help in the months ahead. So please watch this space for further information and regularly check out our website and Facebook page.

**Some much needed repair work will need to be done to the Scheduled Ancient Monument after the wild fires of last year**



Photos: Terry C. Evans ©



*Improved paths and signs can only encourage more events like the St David's Hospice Twmbarlwm Trek.*

If you are interested in volunteering, come along and meet us - there's plenty of opportunity to do so at the other events we hold. For instance, just around the corner it's the annual tradition of tramping up to Twmbarlwm on Good Friday (April 19th) – what we now call our Hot-Cross-Bun Walk. Again this year there will be organised walks from the Stony Bridge in Pontymister, Cwmcarn Visitor Centre and Cwmbran.

We also have a couple of our popular historical talks planned. There will be a talk at Crosskeys RFC on the History of Newport Castle (TBC) and later in March there will be a fascinating talk on the famous Bowmen of Gwent and the part they played at the Battle of Agincourt.

There are also walks planned - one around the Forest Drive, one to Pwll Tra and another to Llanderfel Chapel. Each of these walks is always very popular so please keep an eye on our website for announcements.

Many members come along to these events, it's always a good time to catch up with news of what the society is up to, and with all the work we anticipate in the future we need all the help we can get.

**Terry Evans** (Chairman CTS)



*Over 40 volunteers helped out with the re-seeding of the Tump last October*

**CTS meet at the car park** below Twmbarlwm's summit for a litter pick and volunteer workday on the last Sunday of every month to which everyone is invited, it's not all hard work and it's a great opportunity to find your way around up there. We organise walks and other events up the mountain and at Crosskeys RFC throughout the year so watch our website and Facebook page for details.

**[www.twmbarlwm.co.uk](http://www.twmbarlwm.co.uk)**

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Should you have any queries please do not hesitate to contact: Maggie Bain - Chairperson Tel 07714 008796  
Liz Waite-Programme Organiser Tel 01633 252393

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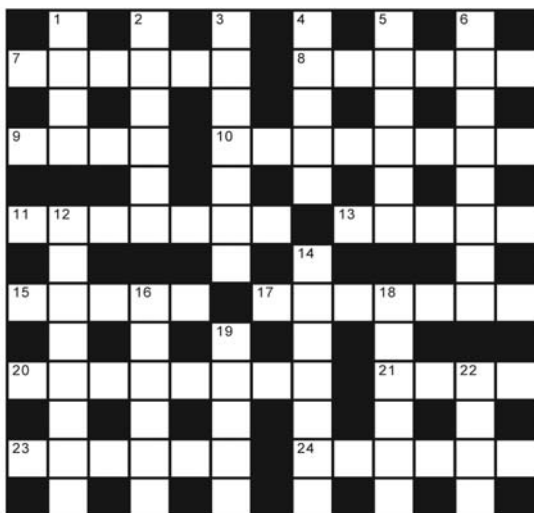
# Crossword

## Across

- 7 Vocation (6)
- 8 Preferably (6)
- 9 Clarified butter (4)
- 10 Undomesticated animals (8)
- 11 Left out (7)
- 13 Furious (5)
- 15 Apart (5)
- 17 Dental practitioner (7)
- 20 Across the country (8)
- 21 Simple (4)
- 23 Abandon (6)
- 24 Guest houses (6)

## Down

- 1 Quick (4)
- 2 Concrete (6)
- 3 Full of people (7)
- 4 Ruff (5)
- 5 Taken without consent (6)



- 6 Acts (8)
- 12 Errors (8)
- 14 Having a strong constitution (7)
- 16 Determined (6)
- 18 Pact (6)
- 19 Bring together (5)
- 22 Flat fish (4)

Solution on page 29

## Newport Central Library

**01633 656656**

Email:

[lending.library@newport.gov.uk](mailto:lending.library@newport.gov.uk)

### OPENING TIMES

Monday	Closed
Tuesday	9.00am - 5.30pm
Wednesday	9.00am - 5.30pm
Thursday	9.00am - 5.30pm
Friday	9.00am - 5.30pm
Saturday	9.00am - 4.00pm

Central Lending Library  
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Newport NP20 1PA



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# LLANSANTFFRAED AND THE NARES FAMILY

## (Part 5)

We will now continue discussing the Naval career of George Strong Nares, following his progress after his 1869 transit of the Suez Canal, which so upset the French nation.

As previously related he was promoted to Captain in December 1869, then commanding *HMS Shearwater* (1871 – 1872) he continued hydrographical work. This included an oceanographic research of the sea currents around Gibraltar. This experience led to him being next appointed to *HMS Challenger*, a steam assisted 2,306 ton corvette, which was sent on a three year voyage circumnavigating the world carrying out oceanographic exploration.

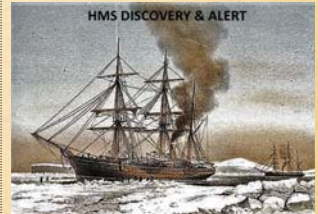
This voyage was the first time that the world's oceans were systematically investigated for scientific purposes. The crew included a team of civilian scientists as well as officers experienced as naval surveyors. *Challenger* spent the first year in the Atlantic, then in 1874, travelling between Cape Town and Australia, she investigated in a southerly direction visiting Marion, Kerguelon and the Heard islands. She next ventured south as far as 66° 40' S, 78° 22' E, where ice prevented further progress. *Challenger* became the first steam-propelled vessel to cross the Antarctic Circle.

On this voyage Nares took his nine year old son, William Grant Nares with him, accompanied by a tutor,

Adam Ebbels, who unfortunately died later in the voyage. Another unique feature of the expedition was the innovative extensive use of photography as a means of recording records, which ensured it a place in history. Nares published a two volume book in 1878, entitled '*Voyage to the Polar Sea*', which is now highly valued for its early photographs.

In 1874, Nares was recalled and appointed to command the *Alert* and *Discovery* vessels during the British Arctic Expedition. He was an ideal choice for this because of his past experience in both Arctic and Antarctic expeditions. He was then in the prime of his life and one of the most experienced surveyors existing at that time. The ships attempted to reach the North Pole by sailing into the Arctic

Ocean, via Smith Sound, which separated Greenland from Ellesmere Island. This attempt failed and the *Alert* only managed to reach Floeberg Beach at 82° N, on the north-east tip of Ellesmere Island, one of the highest Northern Latitudes reached at that date.



This voyage lasted 18 months but was blighted by an outbreak of the highly dreaded disease – scurvy. This outbreak, particularly amongst sledging parties, became so severe that it was decided to make an early return in autumn 1876. This decision probably saved many lives amongst those affected. Nares was severely criticised for





allowing scurvy to develop, he pointed out that he had regularly issued rations of lime juice the recognised preventive. It was later discovered that it had been boiled before being bottled to enhance the storage. The boiling caused the loss of much of the vitamin 'C' content, making it practically useless.

Nares was made a Fellow of the Royal Society in 1875 and in 1877 awarded the gold medal of the Royal Geographic Society and also the Société de Géographie de Paris. In 1876 he was knighted by Her Majesty Queen Victoria, then in 1878 he was appointed again to the *Alert* to carry out further surveying work in the Magellan Strait. After one season, he was recalled and appointed Marine Adviser to the Board of Trade. He served in the Harbour Department from 1879 to 1896. He was a Conservator of the River Mersey

from 1896 to 1910. He officially retired from active Naval service in 1886.

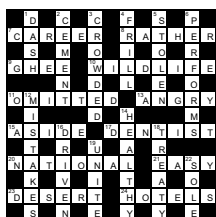
Nares was made a Rear Admiral in 1887 and placed on the retired list of Vice Admirals in 1892. One point of interest is that Nares was a member of the 'Ship Committee' for Captain Scott's ill-fated Antarctic expedition. Nares died in 1915 and his wife, Mary Grant, in 1905. He was buried at Long Ditton Churchyard on the 19th January 1915. Two of his sons also entered the Royal Navy and one of them, Vice Admiral John Dodd Nares (1877 to 1957), became Assistant Hydrographer and Director of the International Hydrographic Bureau at Monaco. Nares certainly left his mark on the world's geography because his name was so frequently used in naming many of the regions that he encountered. Examples of this are *Nares Harbour* in the

Admiralty Islands, *Nares Deep* in the North Atlantic, two Capes in the Canadian Arctic, *Nares Land* in northern Greenland, *Nares Strait* between Ellesmere Island and Greenland and *Mount Nares* in Victoria Land in the Antarctic, etc. etc..  
(The End)

REAR ADMIRAL G.S. NARES



## Sudoku Solution



Across: 7 Career, 8 Rather, 9 Ghen, 10 Wildlife, 11 Omitted, 13 Angry, 15 Aside, 17 Dentist, 20 National, 21 Easy, 23 Desert, 24 Hotels.

Down: 1 Dash, 2 Cement, 3 Crowded, 4 Frill, 5 Stolen, 6 Performs, 12 Mistakes, 14 Healthy, 16 Driven, 18 Treaty, 19 Unlike, 22 Sole.

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# Places of Worship

Please contact me if you would like your Place of Worship added to this page: 07725 888070  
contact@swdirectories.co.uk

## **The Parish Church of St. Julians, Heather Road**

Sunday 10.00am and Daily 9.30am  
Father David Matthews  
Tel: 01633 258040  
www.stjuliansparishchurch.co.uk

## **St. Julians Baptist Church Centre**

Sunday 10.30am and 6.30pm

Rev. Clive Taylor. Tel 01633 258042

## **St Julians Methodist Church, Caerleon Road**

Sunday 10.30am Morning Worship & Junior Church  
Sunday 6.30pm 1st & 3rd Sunday of month Evening Worship

Monday 2pm Monday Club

Tuesday 1.30pm Toddlers

7.30pm Wives Group

Wednesday 9.30am Stroke Association

2.30pm Women's Fellowship

6.00-7.30pm Brownies

7.30-9.00pm Guides

Thursday 11am-12noon Coffee Morning

Friday 10.30am Cwm Bayeux

Stitchers

Saturday 10.30 Coffee Morning

A warm welcome to all above services & meetings extended to all.

Minister Rev Les Jones 01633 843322

## **Duckpool Road Baptist Church, Duckpool Road**

Sunday 10.30am Family Service and Young Church . Evening Service at 6.30pm

Wednesday 7.30 pm Bible Study and Prayer. Tel 01633 662094 A very warm wel-

come to all

## **Newport Gateway Church**

Sunday 10.30am. Tel 01633 22100

## **Summerhill Baptist Church**

Sunday 11.00am and 6.30pm

Rev. Peter Wood. Tel 01633 223400

## **St. John the Evangelist**

Sunday 10.45am

Weds Communion 10.30am

Tel 01633 674155

## **St Mary's - Wharf Road**

Sunday 9.15am

Tel 01633 674155

## **Penylan Baptist Church**

Sunday 11.00am

1st Wednesday of the month

Coffee morning 11.00am-12.00pm

## **Newport Cathedral**

Sunday 8.00am Holy Eucharist

10.30am Cathedral Eucharist

5.00pm Choral Evensong

Every weekday 8.00 am Morning Prayer

8.15 am Holy Eucharist

Everyday except Wednesdays 5.00 pm

Evensong

Wednesday 6.30 pm Choral Evensong

Thursdays only 10.30 am Cathedral

Eucharist

Contact details 01633 267464

Email enquiries@newportcathedral.org.uk

Website www.newportcathedral.org.uk

## **St Martins-in-the-Gaer**

Sunday 9.30am Holy Eucharist

Contact details 01633 267464,

Email enquiries@newportcathedral.org.uk,

## **St Marks Church, Gold Tops**

Sunday 8.00am Holy Communion

10.30am Sung Eucharist

6.00pm Evensong

Wednesday 11.00am Holy Communion

Rev Dr Paul Thompson 01633 252046

## **Stow Park Church Centre, Brynhyfryd Rd, Newport**

Sunday 10.45am

Sunday 3.00pm Oedfa Gymraeg (Welsh

Language Service)

Sunday 5.30pm Informal Service with Tea

Wednesday Prayers 10.00am, Bible Class

11.15am

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welcome. www.stowparkchurch.org.uk /

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Sian Howley 01633 421427

sianhowley@hotmail.com

Elin Maher 01633 243700 elin.maher@ntl-

world.com

## **St Paul's City Centre Church**

The Old Post Office building on Bridge

Street

Sunday 10.30am

01633 266076

www.stpaulsnewport.org.uk

## **King's Church**

Lower Dock Street, Newport

Sunday 10.30am and 5.00pm

01633 244453

## **Society of Friends (Quakers)**

Caerleon Town Hall

1st & 3rd Sundays 10.30am

01633 264210

## **Beechwood Park Presbyterian Church,**

Chepstow Road NP19 8JH

Sunday 11.00am Worship Service

Family service 3rd Sunday of month

Open Door Coffee morning every Friday

10am - 12noon

Free morning for chat, making friends, and

friendship

## **Newport Christian Spiritualist Church**

Orchard Lane Community Centre off

Stafford Road

Friday Service 7.00pm- 8.30pm

Sunday Service 6.30pm-8.00pm

Tuesday Healing Clinic 6.30pm-8.30pm

## **New Dimensions**

124 Lower Dock Street. Newport. NP20

1EG.

Tel: 01633 214264 (Facebook - New

Dimensions, FWM )

Services: Sunday 11am & Wed 6pm

## **Spiritualist National Union Church**

29 Charles Street, Newport

Sunday 6.30pm-8pm

Mon/Tues 7pm-8pm

01633 895065

## **Grace Baptist Assembly**

Malpas Community Centre

Pillmawr Road

Sunday 3.00pm

## **Bishpool Methodist church**

Ringland Circle

Sunday worship 10.30am

Coffee morning 4th Wednesday every

month 10.30am to 12.30pm.

## **Holy Trinity Church**

Christchurch Newport NP18 1JJ

Sunday 8.00am Holy Communion

Sunday 10.30am Sung Eucharist

2nd Sunday of month

10.30am Family Service

Sunday 6.00pm Evensong

Wednesday 10.30am Holy Communion

Rev Michael Jarman 01633 420701

## **The Warehouse Church**

23 Mill Parade, Newport, NP20 2JQ

Sunday 10.30am, Wednesday 7.30pm

(please check website and social media for

details)

Pastors: Robbie & Donna Howells

01633 250001

info@thewarehousechurch.tv

www.thewarehousechurch.tv

## **Abundant Life Centre**

Monday- 19:00 Asian Outreach

Wednesday - 19:00 Bridge for life

Thursday- 19:30 Prayer meeting

Friday - 22:00 Prayer

Sunday- 10:30 Family Worship

Pastor: Maldwyn Holland

58 Lower Dock Street, Newport NP20 1EG

Facebook- Abundant Life Centre, Newport

**Gear Christian Centre, Gear Newport**

Sunday Worship 10.30am

Wednesday 10.30am

Robert Davies 07598 750040

Francis Davies 07818 406392

## **Church of Christ (Iglesia ni Cristo)**

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1<sup>st</sup> March 2019  
#BigWelshBrew



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[www.stdavidshospicecare.org](http://www.stdavidshospicecare.org)

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Southwards

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01633 851051 [hello@stdavidshospicecare.org](mailto:hello@stdavidshospicecare.org)

Facebook Twitter Instagram

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# Sugarloaf Mountain

**I**t was a dull, dreary Sunday morning in January when we decided to cheer ourselves up by going for a walk.

I was thinking of maybe a stroll along the canal or a quick trip to the Heritage Coast for a meander along the beach, followed by a nice cup of coffee somewhere. I don't quite know how it happened but I was persuaded that it would be a good idea to tackle Sugarloaf Mountain again. It had been at least six months since we first walked up the mountain, it was one of the hottest days of 2018 so it was a different walk this time with the rain, mist and even a smidgen of snow at the top. I was impressed by the number of people we encountered early on a January morning, all enjoying their walk to the summit, some finding it easier than others! As for us, we would most certainly not be classed as mountain walkers, we much prefer the flat. The final ascent to the summit on both occasions proved to be a little challenging but the rewards far outweighed the physical discomfort. I love my regular gentle strolls along canal paths or through pretty parks, often followed by a coffee and slice of cake but the expedition to the top of Sugarloaf Mountain was well worth the effort, mainly for the views but also for the sense of achievement.

My advice is to take it slowly and when you are in desperate need of a rest just stop and pretend that you want to take in the view, even if it is after every 10 steps. A flask of coffee and a snack is a must.



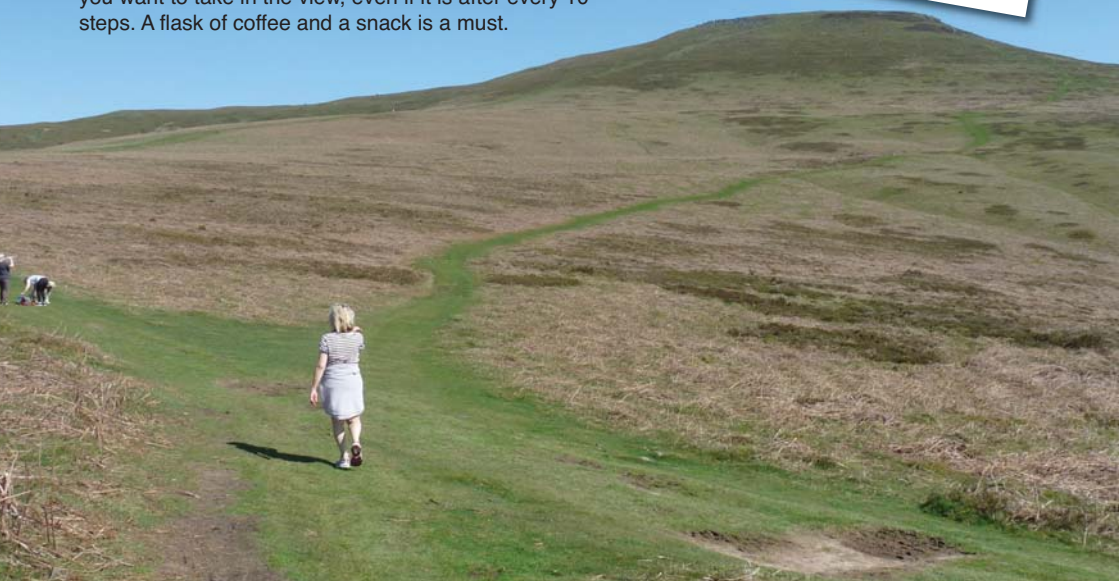
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# What's On

Please let me know if you are involved with a non-profit making organisation and would like your details included on this page.  
Tel: 07725 888070  
Email: [contact@swdirectories.co.uk](mailto:contact@swdirectories.co.uk)

## The Rotary Club of Newport

Sec: Peter Landers 01633 213049  
[www.rotarynewport.org](http://www.rotarynewport.org)  
email: [peter\\_landers@hotmail.com](mailto:peter_landers@hotmail.com)

## The Rotary Club of Newport Uskmouth

Sec: Keith Minton 01633 423368  
[www.nuws.org.uk](http://www.nuws.org.uk)  
email: [keithminton44@gmail.com](mailto:keithminton44@gmail.com)

## The Rotary Club of Caerleon

Sec: Gerry Fulcher 07891 390255  
[www.rotary-ribi.org/caerleon](http://www.rotary-ribi.org/caerleon)  
email: [gerryfulcher369@gmail.com](mailto:gerryfulcher369@gmail.com)

## The Rotary Club of St Woolos Newport

Sec: Alan Thomas  
email: [stwoolosnewport@outlook.com](mailto:stwoolosnewport@outlook.com)

## The Crystal Lodge of Freemasons

Meet monthly at the Masonic Hall, Newport.  
If you are interested in joining our charitable, fraternal society contact: The Assistant Secretary  
Email: [crystal4562@hotmail.co.uk](mailto:crystal4562@hotmail.co.uk)

## CHOICES

Come and join us - we meet at St Julian's Baptist Church Hall, Beaufort Road, Newport  
Every 2nd and 4th Monday of the month  
Doors open 7.00pm

Speakers, demonstrations, musical evenings, dining out, mystery trips and theatre trips  
For more details ring 01633 726063

## Retired Persons Welfare Club

Every Thursday. Caerleon Town Hall  
Contact: Val Stocker 01633 420158

## Friends of Newport's Ornamental Parks.

If you would like to become a Friend of Newport's Ornamental Parks contact Kerry on 01633 660716 or go to the website [www.fonop.org.uk](http://www.fonop.org.uk)

## Newport Central WI

We now meet in the Newport Centre, Emlyn 1 room, Kingsway, 2nd Monday of the month at 1.30 pm. New members welcome. For more information contact Gay Thomas, 01633 274527 or [mgthomas@btinternet.com](mailto:mgthomas@btinternet.com), or Gwent Federation office, 01633 864456 or Secretary@[gwentwi.org.uk](mailto:gwentwi.org.uk)

## Beechwood WI

Meets in Christchurch Church hall, Christchurch 1st Monday in the month, from 7pm. For more information contact [beechwoodwi@hotmail.com](mailto:beechwoodwi@hotmail.com) or Louise 01633 282439,  
Gwent Federation office 01633 854456  
[Secretary@gwentwi.org.uk](mailto:Secretary@gwentwi.org.uk)

## East Side Art Club

Eveswell Community Centre, Eveswell Street  
Tuesday 7.00pm-9.00pm. All abilities and media meet to draw/paint, hold exhibitions and arrange workshops. New members welcome  
For more details ring 01633 674033

## Cwtsh Arts and Community Centre

For details of events and venue hire check out our website, follow us on Facebook & Twitter and sign up to our newsletter. 226 Stow Hill, Newport NP20 4HA. [info@cwtsh.org](mailto:info@cwtsh.org) [www.cwtsh.org](http://www.cwtsh.org)

## MERCHED Y WAWR CASNEWYDD A'R CYLCH

(for Welsh Speakers & Learners)

Dewch aton ni i fwynhau gweithgareddau amrywiol. Yr ail nos lau bob mis (Medi-Mehedin) am 7:30 y.h. yn Neuadd Eglwys Bethesda, Cefn Road, Ty-du. Ffôn: Bronwen Green 01633 894404 / Vivien Lee 01633 894896

## Newport and County Horticultural Society.

Winter talks and summer outings.  
For further information contact Gay Thomas on 01633 274527

## Gwent Family History Society (Newport Branch)

Help Desk at Newport Reference Library  
2nd Wednesday of each month 2pm-4pm  
Beginners Class at the Civic Centre  
7.00pm on the second Wednesday of each month.  
Branch Meeting at the Civic Centre  
7.00pm on the Last Wednesday of each month  
Contact 01633 421378

## La Leche of Newport

La Leche League Groups provide mother-to-mother support by holding regular meetings on various aspects of mothering through breastfeeding. Location details or further information please contact Rhiannon 01633 892505

## St. Joseph's (Casnewydd) RFC

Mini and junior rugby  
New players welcome from age 7 to 15.  
See [www.stjosephsrfc.org.uk](http://www.stjosephsrfc.org.uk) for details or [info@stjosephsrfc.com](mailto:info@stjosephsrfc.com)

## 26th Newport Scout Group

Beavers - ages 5.5 to 7 - Tuesdays 5.45pm to 6.45pm  
Cubs - ages 8 to 10.5 - Wednesdays 6.45pm to 8.15pm

Shaftesbury Community Centre  
Contact Paula on 07894 388340

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Rupdaye: [newport@uk.brahmakumaris.org](mailto:newport@uk.brahmakumaris.org)  
Text: 07908 221731

## Beechwood Bowling Club

Contact Ron 01633 672440  
[www.beechwoodbowlingclub.co.uk](http://www.beechwoodbowlingclub.co.uk)

## Newport Indoor Bowling Centre

The Glebeland, Bank Street.  
Contact 01633 264343  
[www.newportindoorbowls.co.uk](http://www.newportindoorbowls.co.uk)

## St. Julians Ladies Bowls Club

Meets at the Glebelands Bowling Green. New member's welcome, practice sessions Monday afternoons (summer) from 2.00pm. For more information contact Gay Thomas, 01633 274527 or [mgthomas@btinternet.com](mailto:mgthomas@btinternet.com)

## Newport Community Choir

Are looking for new members. Open to men and women, we rehearse on Wednesdays, 5.30-6.45pm at Gwent Music (NP20 6NS). For more details please contact [timms.alice@gmail.com](mailto:timms.alice@gmail.com)

## Christchurch Music Society

We are an amateur music society welcoming new members on stage and back stage. We meet on a

Wednesday at 7.30pm at Christchurch Church Hall, Newport. Contact the secretary for more details Martyn Brown 07896 284424  
[www.christchurchmusicsociety.co.uk](http://www.christchurchmusicsociety.co.uk)

## **Newport Orchestra**

Can you play an orchestral instrument?

The orchestra NOW rehearse weekly (in school term time) on Monday 7.30-9.30pm at YMCA, Mendelgief Road, Newport.

Please contact the Secretary by e-mail at [newportorchestra@hotmail.com](mailto:newportorchestra@hotmail.com) or visit the website [www.newportorchestra.co.uk](http://www.newportorchestra.co.uk)

## **The Lyceum Folk Club of Newport**

Held every Thursday at 8.30pm at the Crindau Constitutional Club. Malpas Road Newport  
 For more details ring 07966 754366

## **Newport Folk Club**

Every Thursday 8.45 at Newport Fugitives Athletic Club, High Cross  
 Contact Malcolm Charnley on 07973 278932

## **The Newport Medieval Ship**

The Ship Centre is opened Fridays & Saturdays 10.30am – 4.30pm

Unit 20 Estuary Road, Queensway Meadows Ind Est, Newport, NP19 4SP

## **Newport and Gwent Philatelic Society**

Meetings are held twice a month in Room 3 of the Civic Centre Newport, 7pm every second Wednesday. All ages welcome. For more details please contact Roy Bentley. 01633 892410.  
[Roybentley@mylundy.co.uk](mailto:Roybentley@mylundy.co.uk)

## **South Wales and Mon. Numismatic Society**

meets on the 1st Monday of the month in Newport for anyone interested in coins, tokens, Medals, Banknotes.

For details please contact the Chairman on 01633 413238 or Secretary on 02920 561564

## **City of Newport Model Engineering Society**

Every Wednesday 7.30pm - Bits or Natter  
 Every Saturday 11am to 5pm - working on site, track repairs tidying etc. Glebelands Park, Newport (by the Newport Bowls Club)

[www.newportmodelengineering.co.uk](http://www.newportmodelengineering.co.uk)

## **Newport Royal Naval Association**

A warm welcome to ex matelots/marines. Meet at Baneswell Club, Stow Hill 1st Tuesday every month. For more details [admin@newport-rna.co.uk](mailto:admin@newport-rna.co.uk) or [www.newport-rna.co.uk](http://www.newport-rna.co.uk)

## **Book Club**

Last Tuesday in the month at 2.30pm – Just turn up at the Hand Post Pub. Contact: Daphne Shirley 01633 257796

## **Whist Club**

Come and meet new friends. Blaen-y-Pant Centre. Tues, Weds & Sat at 6.30pm. For details 01633 853348

## **Newport Chess Club**

Meets every Wednesday from 7:00pm-10:00pm at the Baneswell Community Centre.

For further information, including directions, visit our website at [www.newportchessclub.org.uk](http://www.newportchessclub.org.uk) or phone Roger Lockyer on 01633 252003

## **Newport Scrabble Club**

Meet at Malpas Community Centre every Tuesday 6.30pm to 9.30pm. Beginners welcome. For more details call 01633 858758

## **Bridge lessons**

Gwent Bridge Academy Newport.

Contact [gwentbridgelessons@gmail.com](mailto:gwentbridgelessons@gmail.com)

Tel 01633 222224 or [www.gwentbridge.co.uk](http://www.gwentbridge.co.uk)

## **Friends of the John Frost School**

We are part of the school community raising funds and supporting the school.

We usually meet on the 2nd Thursday in the month. See our web pages or email [TFOTJFS@thejohnfrostschoool.co.uk](mailto:TFOTJFS@thejohnfrostschoool.co.uk)

## **Newport U3A**

for those retired or near retirement, we meet at Shaftesbury Methodist Church each Wednesday, Thursday and Friday during term time. Nearly 40 interest groups from Art to Welsh. New members very welcome. For more details Contact Angela Robins 07980 970967 or [www.newportu3a.org.uk](http://www.newportu3a.org.uk),

## **Friends of Newport Museum and Art Gallery (FoN MAG)**

Talks in Newport Art Gallery at 7pm

March 13th & April 10th.

Summer Excursions to be confirmed

Find details and programme at

<http://www.fonmag.org.uk/>

## **Newport Diabetes UK Group**

We meet the third Thursday of every month 7-8.30 pm, St Julius and Aaron Church Hall, Heather Road, Newport, NP19 7JT.

Come and join us for information about Type 1 and Type 2 Diabetes and good company.

Contact Sarah Gibbs 07743447331 or visit [www.newport.diabetesukgroup.org](http://www.newport.diabetesukgroup.org)

## **Probus Newport**

is a club for retired Professional and Business men.

Meet every other Tuesday morning at the Greenmeadow Golf and Country Club.

The formal meeting at 11.00am, but come earlier for a coffee and chat.

Contact Stuart Murray on 07895695273 or email [stuartmurray941@btinternet.com](mailto:stuartmurray941@btinternet.com) or visit [www.probusnewport.org.uk](http://www.probusnewport.org.uk)

## **SGI Nichiren Buddhist group in Newport**

We hold meetings in Newport once a month and invite people to come along.

If you are interested in, please contact us through SGI-UK website: [www.sgi-uk.org](http://www.sgi-uk.org)

## **City Clickers Photography Club**

We are a friendly camera club based at Lysaght Institute, NP19 0HE.

We meet on the last Tuesday of each month from 7pm to 9pm.

We offer a mix of monthly print competitions, visiting speakers or occasional workshops.

Field visits are undertaken in the local area from time to time to improve our skills.

[cityclickersphotographyclubnewport@talktalk.net](mailto:cityclickersphotographyclubnewport@talktalk.net)

Please let me know if you are involved with a non-profit making organisation and would like your details included on this page.  
 Tel: 07725 888070  
 Email: [contact@swdirectories.co.uk](mailto:contact@swdirectories.co.uk)

# Pen-y-Garreg Reservoir

Excavation work on the foundations for the dam at Pen-y-Garreg began in April 1895, when the railway line that was constructed for the building of the dams reached the site. Work on the masonry of the dam itself started at the end of the following year.

Although there are actually four dams in the valley of the Elan River, Pen-y-Garreg is often regarded as the 'middle dam' in the series.



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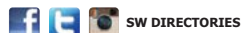


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