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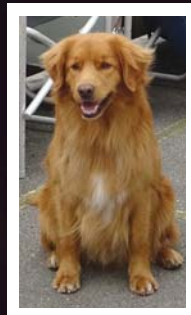
Missing Dog

Archie

Archie is a Nova Scotia Duck Tolling Retriever, a smaller version of a golden retriever except ginger and a white flash on his chest. Archie went missing 10th March from Sirhowy Country Park, where he was swept down river. He has been seen several times since in Crosskeys and latterly 26th and 27th March in Cwmcarn by the park and the mountain.

Please phone 01495 271181, 07738 001950 or through www.facebook.com/heatherjohnstone.buckingham if you have any information.

Thank you for looking for him, your help is appreciated.



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Hopefully, the weather will be kind to us over the next couple of months and we'll all be able to take a walk in our beautiful countryside and benefit from some summer sunshine.

Best wishes

Susan



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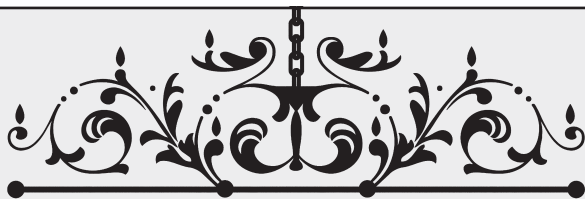
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Be Aware When You Visit Historic Twmbarlwm

AFTER THE LONG WINTER most people are desperate for some sunshine and outdoor activity. So pack a picnic and get the family out into our beautiful countryside – and if you want somewhere local and **FREE**, there's nowhere better than the historic mountain of Twmbarlwm.

Note that I said 'historic' – it's amazing how many people don't realise its historical significance. So this year CTS has arranged to erect signs to remind people that the hillfort at the summit of Twmbarlwm is, in fact, a Scheduled Ancient Monument (SAM). As the signs say, Twmbarlwm is considered to be of National Importance and is protected by the *Ancient Monuments and Archaeological Areas Act of 1979* and updated by the *Historic Environment (Wales) Act 2016*.

But what exactly is "Scheduling"?

"Scheduling" is the UK's oldest form of heritage protection. It began in 1913, although its roots go as far back as 1882 when through the Ancient Monuments Protection Act, a 'Schedule' of mainly prehistoric monuments deserving of state protection was first compiled. Twmbarlwm was added to the list in 1939.

In Wales, "Scheduling" is the responsibility of Cadw (the Welsh word for 'keep') an Executive Agency within the Welsh Government.

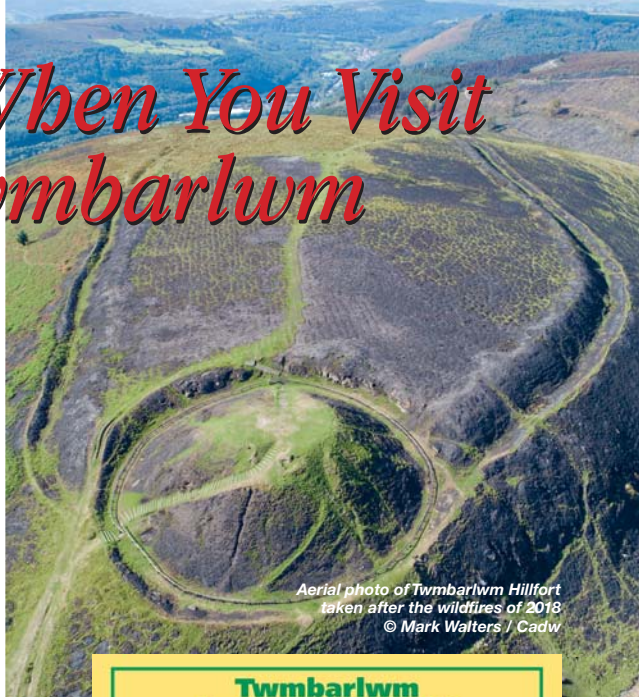
The term "Ancient Monument" is applied to a wide variety of archaeological sites. From ancient burial sites and standing stones to the far more prominent and well known medieval castles and abbeys.

At the other end of the spectrum, there are industrial remains which continued in use into the twentieth century. Indeed the eastern edge of the Mynydd Maen ridgeway at Penyrheol and Cwm Llickey is also classified as a SAM because of its rich industrial heritage.

The aim of scheduling is to ensure the long-term preservation of a site. Any proposal to carry out works at a SAM which might have the effect of damaging it must be approved by Cadw. Even if the works are beneficial to the monument, Scheduled Monument Consent must be applied for – a thorough process that CTS has been involved with several times.

The full extent of SAM designation cannot be explained in such a short article and I would advise you to visit the Cadw website (www.cadw.gov.wales) for more details.

For the casual visitor to the site you should remember the basic rules such as: Take all litter home with you; Do not light fires or barbecues; Do not damage undergrowth or structures; Do not dig into the ground surface.



Aerial photo of Twmbarlwm Hillfort taken after the wildfires of 2018
© Mark Walters / Cadw

Twmbarlwm
Mound and Bailey Castle (MM044)

This site is a Scheduled Ancient Monument and is protected as being of National Importance under the Ancient Monuments and Archaeological Areas Act 1979

DO NOT: Leave Litter, Light Fires, Damage Undergrowth or Dig Into the Surface of the Landscape – Offenders will be prosecuted

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PLEASE KEEP TO THE PATHWAYS

The ground surface of this area is very fragile after the wildfires of 2018 – please respect this area while it recovers naturally.

Motorised vehicles are forbidden and the riding of horses and bicycles is not allowed.

Also, metal detectorists should note that it is an offence to use a metal detector on a SAM without prior consent from Cadw and the landowner.

However, a general rule of thumb might be – if you wouldn't do it at Cardiff Castle, Stonehenge or Tintern Abbey, then don't do it to Twmbarlwm.

Finally, please remember that at the moment the ground surface on Twmbarlwm is still extremely fragile after last year's wildfires, **so please respect the landscape and give the area time to recover naturally.**

Terry C. Evans, Chairman CTS

CTS meet at the car park below Twmbarlwm's summit for a litter pick and volunteer workday on the last Sunday of every month to which everyone is invited, it's not all hard work and it's a great opportunity to find your way around up there. We organise walks and other events up the mountain and at Crosskeys RFC throughout the year so watch our website and Facebook page for details.
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A Simple Plea

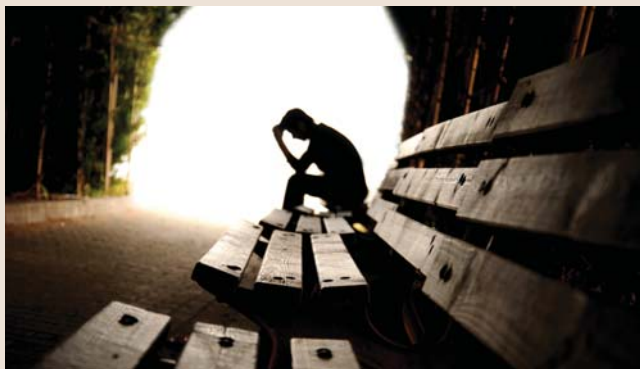
By Paul Minton

In my regular articles for the Directories, I always endeavour to recount a story with a local flavour, preferably one laced with jokes and quirky asides. I will not do so on this occasion as I have a simple plea to make. But first, I want to tell you about one of my dearest friends.

I met Rick at university: we lived in the same halls of residence, me on the top floor and he on the ground. I can't even recall how I got to know him but Rick was at ease talking to everyone. As he got older, his waistline might have expanded and his hair might have abandoned its coppery flame of youth but his sense of fun and infectious enthusiasm remained undiminished. He was loved and respected by all, including my parents who, I am sure, would have liked to have adopted him!

After graduating, Rick moved around with work but he was regular visitor to our home in Newport, often dropping in on his way down to the West Country where his family lived or en route to Cardiff if he had meetings there. He drove a red Chrysler for many years, which he christened "Scarlet O'Cara" and he would frequently bring along some of his delicious homemade bara brith: another reason why I always looked forward to seeing him.

Rick worked for various environmental organisations and was also a volunteer for different charities, often making long drives across Europe to Romania in order to deliver donated supplies. Each



Christmas Day would be spent, in part, at a homeless shelter that provided hot dinners for those in need. He was also a magistrate and on one occasion, I had the pleasure of watching him in action. Once the court was in session, this gentle giant, who would more likely than not, greet you with a big bear hug, became a formidable presence. Defendants and solicitors quivered as Rick unleashed withering reprimands but as soon as we were outside together, he reverted to his normal, placid demeanour, much like the Hulk shrinking back into Bruce Banner.

As if to counterbalance his enviable accomplishments, Rick lost his mum when he was still in his twenties and more recently, his father suffered a stroke and lived in a nursing home. Having no siblings, Rick sold his own property and moved back to the family house to be closer to his dad. When I saw him last, he mentioned finding it difficult dealing with his dad's condition but he quickly steered us into more light-hearted waters. It was a

momentary glimpse beneath his happy-go-lucky exterior but the thing about Rick was that he was a very private person, never wanting to burden anyone with his own problems.

His dad died earlier this spring and tragically, Rick took his own life the same week. He was 48 years old. It is particularly tragic that Rick had given so much support to those with mental health issues but when he needed it most, we - his friends - were oblivious. So I have an appeal to make. No matter how bad things get, whether there is a personal tragedy, a relationship breakdown, financial worries, or concerns about exams, it is crucial to talk to someone before doing something that cannot be undone. Similarly, if you are aware of somebody who might be at risk, don't wait to be asked for help. It is better to offer and be rebuffed than to delay and discover it's too late to intervene. There was never a more beloved, cheerful, and outgoing character as Rick and if it can happen to him, then given the right circumstances, we are all at risk.

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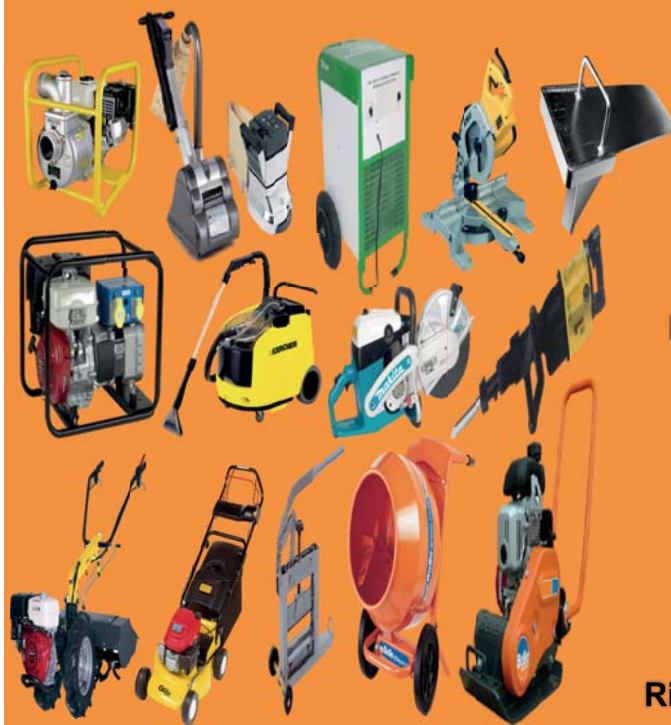
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Local Place Names



In his introduction to his book on place names in Wales, Ifor Williams quotes the north Wales academic John Morris Jones as having said that “only the foolhardy try to explain place names!” That being so, Wales must be full of the foolhardy as the interpretation and translation of place names in Wales seems to be a national pastime. As a result, there sometimes seems to be as many variations on the meaning of some towns and villages in Wales as there are of inhabitants. This often leads to some quite heated debate as proponents of one interpretation argue their case against those suggesting a different derivation.

The situation in Wales has been complicated by several factors. Firstly, there are the various Welsh dialects. As with all languages, dialects vary from region to region where that language is spoken; this may be because a different word exists in different regions for describing the same thing or just a difference in pronunciation or spelling. In Wales we have the added complication of Anglicisation. In

the 19th Century, large numbers of English speakers moved into Wales, especially south-east Wales, to work in the iron works and coal mines. They were unable to spell or pronounce Welsh words correctly and so we see a change in the spelling to English orthography. Other times, the incoming English speakers resulted in a significant growth in the population of an area and a completely new (English) name

was given to an existing Welsh community, hence resulting in both a Welsh and English version of a place name.

The picture is further complicated by the mapping of Wales which took place during the 19th Century. This was largely undertaken by monoglot English speakers with the remit seeming to have been to record place names as best as possible using English orthography. This has resulted in some quite bizarre outcomes such as the 6th Century Welsh saint Illtud becoming a Twit (Llanilltud becoming Llantwit)! In 2018, at the behest of Oxford House Industrial History Society, Cymdeithas Enwau Lleuedd Cymru / Welsh Place Name Society (CELIC) undertook to provide an interpretation of some of the place names in the Risca area.

RISCA MUSEUM

In the past, there has been quite some head-scratching concerning the names of local areas. One such example is Ochwrwyth, where some have tried to interpret the meaning by resorting to a dictionary and come up with the meaning of 'the eighth side' and wondering what happened to the other seven! This, of course, is a misspelling of the Welsh word 'chwith' (left) or 'chwyth' (blast of air) based on the South Wales dialect 'with' or 'wyth' (both pronounced 'weeth'). As with the Latin, the Welsh for 'left' can also mean something sinister or wrong which lends the first interpretation of 'Ochwrwyth' as 'the wrong side' and the second as 'the windy side'. Having completed their work on a sample of place names local

to the Risca area, CELIC commissioned a set of five interpretation boards which were displayed on the CELIC stand at the Eisteddfod in Cardiff in August 2018. During the week of the Eisteddfod, these boards attracted considerable attention from visitors to the CELIC stand along with some interesting conversations around these and other local place names. Following the success of this display at the National Eisteddfod, Risca Museum were presented with a set of boards which are now on display in the Museum. The research into the derivation of the place names was undertaken by a renowned expert in the field, Richard Morgan. So, has his research into local names been accepted

by everyone and has the heat been taken out of the arguments? Of course not! And of course, we would not expect this to be so. However, what we have is what may be considered to be an expert view of the meanings of local place names which still remain open to (reasoned) debate. We also have a set of interpretation boards which local residents can refer to and can be used as the basis of future research. With our work with local schools, we also have something which can help local children understand something of their culture and heritage. Perhaps the final word should be left to John Morris Jones because after all, it is only the foolhardy who try to understand the meaning of place names in Wales!

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A New Slant on Territorial Disputes – Warring Cygnets

Even after almost 40 years of involvement with swans, we continue to be surprised by some of the things which happen. On 7th March it was reported from the Pond at Brynmawr (overlooked by Asda), that the 5 cygnets were under pressure from the adults. At this time of year, with the start of the new breeding season just round the corner this is normal; the adult male in particular is serving notice on the young birds that it is time to leave. Failure to do so is potentially fatal.

The following day, on arrival at Brynmawr, all was peaceful, except that, by this time, there were only four cygnets. Over the years we have had significant involvement at the nearby Machine Pond so we decided it was worth checking to see what if anything was going on there. Good job we did, as we were met with an extraordinary situation. Clearly, this is the territory of another swan family into which, it appears the missing 'Asda' cygnet had strayed, but there was only one adult present, assumed, based on our observations from some distance, to be a female. The intruder had been chased up onto the far bank by one, quickly followed by another of the resident cygnets. The intensity of the chase increased as all three birds re-entered the water, and were fast coming our way. Very soon, we lost sight of them as they beached on the near shore somewhere far below us at the bottom of a very steep bank. Clearly it was time to intervene. Equipped with just a swan hook



and a swan wrap, the descent of the bank was a hazardous business, it being both steep and slippery in places, combined with the fear of a turned ankle or worse. Approaching the bottom, there was no obvious sign of swans, apart from the adult and two cygnets on the water, but the immediate view was restricted by a number of gorse bushes near the water's edge. And then, one's eye was caught by sizeable smudges of grey and white under one of those bushes. The feeling of something approaching panic was all too apparent as it was not at all clear it would be possible to intervene effectively, especially as the terrain was pretty challenging. Somehow we managed to move to the far side of the bush to discover one cygnet on top of the other and gripping its neck in its beak. They separated on my appearance, the assailant escaping onto the water, and the victim secured by the swan hook. Phew!!! What a relief! Despite the ferocity of what had happened, the cygnet we had



caught seemed unhurt, and from long experience, we do know they are very resilient, with what seem like almost immediate powers of recovery. We have no doubt therefore we did the right thing in taking him for release at The Knap in Barry. Almost immediately, he was surrounded at close quarters by a bevy of mainly juveniles, but a couple of adults as well; all very friendly, so this combined with the witnessing of a cygnet on cygnet attack was a totally new experience for us. You can never tell what's going to happen next!

Story by Peter, photographs by Ellen. For swan and all other wildlife problems please contact Peter & Ellen on 01633 895241 or 07802 472788



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Alternatively you may like to talk to Nicola Price on 07974 111712 or Colin Harvey on 01633 894914.

Sudoku

2	3				5	1	6	7
		7	6		1			
6					3	5	4	9
		3						6
				8				1
7					9	3		
8		9				4	1	
	1				2			8
		2				6	7	5

The object of sudoku is to insert the missing numbers in the boxes to satisfy just one condition: each row, column and 3x3 box must contain the digits 1 through to 9 exactly once. This can be done by applying logic – you do not have to guess.

Solution on page 18



Little Dragons classes

Ages 4-7



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6	8	1	7	2	3	5	4	9
1	9	3	2	5	4	7	8	6
4	6	5	3	8	7	2	9	1
7	2	8	1	6	9	3	5	4
8	7	9	5	3	6	4	1	2
5	1	6	4	7	2	9	3	8
3	4	2	9	1	8	6	7	5

Western Valley Camera Club

Western Valley Camera Club is one of the leading Camera Clubs in South Wales.

We meet on a Thursday evening at Cross Keys Rugby Club and operate for people who are interested in photography and wish to develop and enhance new and existing skills.

The club holds meetings throughout the year on a variety of topics and aims to provide a varied programme which features the following broad topic areas:

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- Demonstrations
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Friday 9.30am - 1.00pm
2.00pm - 5.00pm

Saturday 9.30am - 4.00pm

Reading Group

meet on the 1st Tuesday of every month from 11am-12pm

(The reading groups are fun, friendly discussions about a book we have all chosen to read over the month. Tea and coffee provided)

Crafters Corner

meets weekly on Friday's at 11am-12pm (Informal craft session over tea and coffee, bring your own projects)

Story Time and Crafts

(for children under4) - weekly on Tuesdays and Saturdays from 11am-12pm





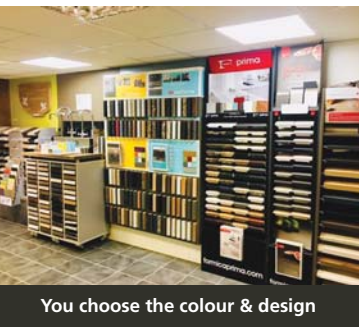
Picture shows Tristone Iris Worktops recently fabricated and installed by WT Laminates

We supply, fabricate and Install

SPECIALISTS IN WORKTOPS AND PANELING

- We have a large showroom with a massive selection on display
- Remember to bring approximate sizes for an accurate no obligation quotation
 - Most can be ordered for next day delivery to any location
 - Fitting and fabrication services available

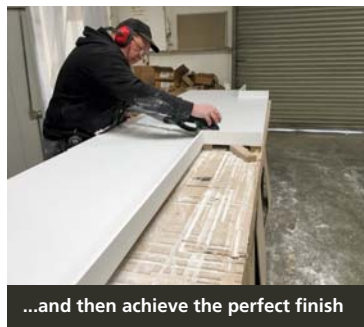
PLEASE VISIT OUR WEBSITE FOR MORE INFORMATION OR QUOTATION BY EMAIL



You choose the colour & design



We then template and cut to size...



...and then achieve the perfect finish



Units 10-12 Newport Business Centre, Corporation Road, Newport NP19 4RF
01633 251908 info@wtlaminates.co.uk www.wtlaminates.co.uk

Opening Times

Mon - Thurs 8am - 5pm, Fri 8am - 4.30pm
Also Open Saturdays 9am - 1pm

St David's Hospice Care

By supporting the work of St David's Hospice Care, you are making a positive difference to patients and their families throughout Newport, Caerphilly, Monmouthshire, Torfaen and South / Mid Powys. Funds raised provide comprehensive palliative care and support to patients and their families at a very difficult time of their lives. Our aim is to ensure patients have 'real' choice to receive individual tailored care, surrounded by friends and families.

Kolor Dash
St David's Hospice Care
Bringing care home

Sunday 19 May 2019
Water Spray Station

Kolor Dash

Supporting our most vulnerable
Sun 19 May 2019
Tredoger Park, Newport
11am Start - 5k

Paint Stations
Foam Station
Live Music & Entertainment
Music Station

Get involved with the brightest Kolor Dash in Wales and help raise funds for a great cause.

www.stdavidshospicecare.org
01633 851051

St David's Hospice Care
Bringing care home

The 'Jam In' Appeal

Jam In your 20p coins then return the jar to one of our outlets / charity shops.

These jam jars perfectly fit £5 worth of 20p coins, the exact amount needed to treat a patient to afternoon tea, scones, jam, cream... the full works.

01633 851051 stdavidshospicecare.org

Various distances available
St David's Hospice Care
Sponsored by **Acorn**

Dalmatian BIKE RIDE

Sat 8 June 2019
Entries from £25

£25 DASH! NOT £5 to 7000!

Full family Irish Festival The Celtic Manor

www.dalmatianbikeride.com
01633 851051
www.stdavidshospicecare.org

St David's Hospice Care
Bringing care home

PORT STOCK

SATURDAY 22nd JUNE 2019
RODNEY PARADE, NEWPORT

the darling birds
STE REO
DR FEELGOOD
JOE KELLY
EARLYBIRD TICKETS

ADULTS £20 (UNDER 16S £10)
UNDER 25 FREE | FAMILY TICKET £70

BOOK VIA: 01633 674 990
OR AT WWW.PORTSTOCK.CO.UK

St David's Hospice Care
Bringing care home

Usk House & Hospice

Moonlight Walks

Pen y Fan by the light of the moon
Fri 12 July 2019
Fri 16 August 2019

A night walk up Pen y Fan, the highest peak in the Brecon Beacons. Supported by Brecon Mountain Rescue

www.stdavidshospicecare.org 01633 851051
www.breconmtr.co.uk

St David's Hospice Care
Bringing care home

ROCK ON THE ROOFTOP

Sunday 21 July 2019
The Celtic Manor Resort

Headline Act
BIG MACS WHOLLY SOUL BAND

Tickets £50 per adult
£20 12 & under

For more information
www.stdavidshospicecare.org
or call 01633 851051

Monmouth Raft Race
St David's Hospice Care
Bringing care home

Saturday 1 September 2019

Monmouth Raft Race

Organised by Rotary Monmouth

Celebrating its 54th Annual Race on the River Wye, Monmouth. Build your own raft for the 6.5 mile course.

For further information please call
Rotary Monmouth on 01600 710665
email info@rotarymonmouth.co.uk
or visit rotary.co.uk

St David's Hospice Care
Bringing care home

Charity Golf Days

Thursday 12 September 2019
Newport Golf Club
Barrowhams

£200 per team - 4 Ball

www.stdavidshospicecare.org
01633 851051 hello@stdavidshospicecare.org

St David's Hospice Care
Bringing care home

Your Local Hospice Lottery

Supporting Hospice Care in our community

Play online at:
www.stdavidshospicecare.org
or ring us: 01633 851051

First prize £1500!
Second Prize £500
Third Prize £250
Fourth Prize £100

Join our Lottery
24 weekly prizes
£15 per week
£1 per week



Take part in a local collection



Collect 20p's in our Jammin' Jam Jar Appeal



Bringing care home

St David's Hospice Care Blackett Avenue, Newport, NP20 6NH
Telephone: 01633 851051 Email: fundraising@stdavidshospicecare.org
www.stdavidshospicecare.org

Find us on: [f](https://www.facebook.com/stdavidshospicecare) [t](https://www.twitter.com/stdavidshospicecare) [in](https://www.linkedin.com/company/stdavidshospicecare) [ig](https://www.instagram.com/stdavidshospicecare)

Registered charity number: 1010576