

CAERLEON

DIRECTORY



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AUGUST 2022



SW DIRECTORIES



Caerleon BOWLING CLUB

As the Honorary Chairman of Caerleon Bowling Club, I should like to invite anyone of any age to come and try a game of lawn bowls at Caerleon. Every Thursday evening this summer at 6pm Club members will be available to offer free tuition to all, with equipment also available. Our green is situated on Cold Bath Road, next to the football pitch, behind the children's play area. So pop along and enjoy the friendship, camaraderie and gentle mental and physical exercise which bowls offers.

Bowls can be played from early April until part of the way through

September each year and the green is open and available for play every day, subject to any team games or competitions that might have been pre-arranged.

Caerleon Bowling Club enjoys an enviable reputation for hospitality and friendliness and we participate in four different leagues in Gwent as well as Cup competitions. Bowls provides a great opportunity to meet new people and, whilst we stop short of the sledging that we associate with cricketers, some good old fashioned,

friendly banter adds to the flavour. Everyone is welcome at any age. Our Ladies section is active and always welcomes new members. To encourage new members we are pleased to offer competitive terms to join the Club. We also offer free

coaching and instruction to anyone interested in joining us. We have a good selection of bowls for you to try free of charge and all you need to bring along is a pair of shoes or trainers which do not have a heel. We'll even supply a Club shirt when you join.

So, if you would like to try a new sport or maybe revert to one you have tried previously, why not join us on Thursday evening or give us a call. My number is 07887 608006 email griffjohn@sky.com)

Or you can contact our Treasurer Mike Jones on 01633 253868 or majone@sky.com. The secretary of the Ladies section is Avalon Sutton and her contact number is 01633 422714 or avalonsutton@outlook.com

**We look forward to welcoming you to our club.
John Griffiths**

WELCOME!

Now the Jubilee celebrations are over, let's hope the weather will be kind to us in July and August, so we will all be able to take a walk in our local beautiful countryside, lovely beaches and benefit from some summer sunshine.

If you are interested in advertising your business in the directory, please contact us to find out about

the very competitive advertising rates. You will always deal with us directly, like many of the businesses that advertise in this magazine, we are a small, independent business and fully appreciate how much your business means to you.

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Caerleon *Then & Now*



St. Cadoc's Church and Roman Museum circa 1905.

The museum was originally built at a cost of £407 and opened to the public on 2nd August 1850. Some of the material used in this construction was retrieved from the old Market House which once stood on the Square and demolished in about 1847.

Timber from an old battleship, HMS Collingwood was put to use as roof supports after the ship was purchased as scrap from the Newport dockyard.

Below is the same view taken in September 2015.



Extract taken from Norman Stevens's books of Caerleon. They can be purchased from Caerleon Post Office



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Estate planning is about putting your affairs in order, to help make the lives of your loved ones easier. It can help to protect your estate for your beneficiaries and reduce the impact of Inheritance Tax (commonly called IHT for short).

IHT is something many of us don't know enough about. Simply because we don't think we need to.

IHT DOESN'T JUST AFFECT THE WEALTHY, FIVE KEY POINTS TO CONSIDER – TAX YEAR 2022/23

Traditionally, only the wealthiest in society were affected by IHT. But rising property prices means more and more people are now facing it. It all comes down to the value of your overall estate upon your death. If it's worth more than your personal nil-rate band (NRB), anything above could be liable to IHT at up to 40%. (If you're single or divorced, the NRB is £325,000 and if you're married, in a registered civil partnership or widowed, it's up to £650,000).

THERE'S ALSO THE RESIDENCE NIL-RATE BAND (RNRB) – BUT NOT EVERYONE CAN BENEFIT

- If you're wondering what the RNRB is, this can be used alongside your usual NRB and was introduced to help more people reduce their IHT liability. Every UK adult has a RNRB of £175,000. But the rules can be more complex than many people realise. Amongst the restrictions, you can only use this allowance if it relates to a property you have lived in and passed to a direct descendant (such as your child or grandchild – not a friend, niece or nephew).

YOUR ESTATE ISN'T JUST YOUR HOME - Your savings and investments, car and any rental properties form a part of your estate. Not forgetting any jewellery, you have, household furniture or expensive paintings (minus any liabilities). After working out the value of your belongings, you may be surprised by how much your estate comes to. However, it's also important to bear in mind that these assets could increase or decrease in value in the future.

ANNUAL REVENUE IS EXPECTED TO KEEP CLIMBING

- The latest IHT figures should be a 'wake-up call' for families to think carefully about



their tax planning. IHT receipts in the United Kingdom amounted to approximately £5.32 billion in the financial year 2020/21.

YOU COULD DO SOMETHING ABOUT IT -

There are plenty of perfectly legal steps you can take to protect your family's wealth from the taxman. The IHT solutions include annual exemptions, allowances, direct gifts and trusts. Of course, there are many different options to choose from, so it's important you find one that's right for you. With this in mind, and the fact that IHT can be a complex subject, you should always obtain professional financial advice to guide you through the complexities – and help you put suitable plans in place.

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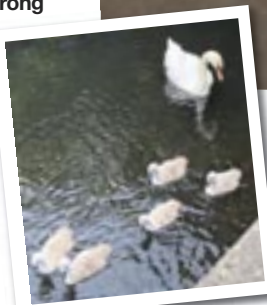
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Springtime Perils

May is almost 'out' as I write this article and so we face the start of meteorological summer already. As far as the swans are concerned, breeding pairs have, it seems, 'performed' at least as well as in recent years with hatched broods of seven or eight appearing, almost, but not universally, to be the norm, i.e. at Coed Kernew, Tredelech, Malpas and St. Pierre. Such numbers are of course an insurance against the strong possibility of losses especially in the early days and weeks of life.

The Tredelech family, just off Lamby Way seems to be extremely unfortunate, ill-fated even. Within days of hatching two little cygnets went missing and a few days later another three were lost. We'll never know the reason for this, but possibilities include providing meals for large predatory fish, marauding gulls and mink which, as we have reported previously are known to be in the area e.g. at Pentwyn, only a very short distance away.

Over the last few years, the adults from this family have endured a number of undiagnosed problems; two years ago the female was obviously ailing and was caught and spent a week at Shepperton receiving a course of TLC. A year later she suffered a nasty leg injury resulting in her going into self-isolation, largely because catching her proved impossible. Now, this year the male is in trouble as our photograph shows; the right leg is being held at a very unnatural



angle. For now, nothing is to be done; this family has endured more than enough trauma for now. We

hope that doesn't sound too anthropomorphic...

Worse has befallen another family, the one on the Neath Canal in Neath itself. This pair also produced seven cygnets. Sadly, all too typical of the times in which we live, a gang of young hooligans was reported to have attacked the female in particular, leaving her with a damaged (right) wing. (See our second photograph). Help was sought from a well known national rescue organisation whose representative turned up the following day and it wasn't until four days later the swan was collected. To the consternation and horror of all those involved, the next we knew was that the bird had been euthanised. It is alleged the swan had suffered a double compound fracture of the

wing. It seems barely credible this can be true. In the days following the attack she continued to remain associating with the young family. A better and more acceptable outcome would have been to have administered antibiotics and pain relief, and then later on, if necessary, considered the option of a partial wing amputation. After all, our native Mute Swans are largely very sedentary; they actually do very little flying especially if they are paired and hold territory as these at Neath do.

Elsewhere, at Old Cwmbrian, a family with six cygnets moved south to Two Locks and after a week there, one of the young birds was found dead in the water following a night of serious disturbance caused by, it is believed a group of 'out-of-control' youths. The police have been involved, but as we all know they are up against insuperable odds, so the chances of any kind of positive outcome from this episode can best be described as zero.

It's all a bit depressing, but we carry on as best we can.

Story: Peter and Ellen. Photos: Babs and V. Price, Neath. For swan and other wildlife issues please contact Ellen or Peter on 01633 895241 or 07802 472788. Please note, because there are so few of us, there is a limit to the volume of rescue work we can carry out; for Swan Rescue South Wales, swans are our priority.



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Twmbarlwm Beacon Starts Jubilee Celebrations...

What a great weekend of celebrations it was for The Queen's Platinum Jubilee, and what a great way to kick it off with a Beacon on top of Gwent's iconic landmark, Mynydd Twmbarlwm. Thousands of similar beacons were lit, not only around the UK but all around the globe throughout the commonwealth countries.

After months of planning the joint organisers, Cymdeithas Twmbarlwm Society and the Risca Community Council, led a team of willing volunteers up to the top of Twmbarlwm to light a Commemorative Beacon – at a height of 419m it's the highest peak in south Wales.

The Society called on the help of many local organisations to make the event happen including Risca Fire Service who provided a 4x4 vehicle and three strong men to transport the Beacon and bottles of gas to the top – and bring it all down again.

Also in attendance were a team from the local branch of the St John's Ambulance Service whose specialist skills, fortunately, were not needed on the night.



The 1st Abercarn Scouts played a great part in helping guide visitors up the mountain and more importantly back down again in the dark. Scout

Rhys Richards, who recently received the Chief Scout's Gold Award, was given the honour of lighting the Beacon.

Weather on the night was perfect and we were treated to a beautiful sunset.

The Beacon burned brightly for half hour while the gathered throng marveled at the views and tried to identify the location of other beacons that could be seen far and wide.

The organising team were very grateful to all those who helped make the event such a success.

*Terry Evans, Chairman
Cymdeithas Twmbarlwm Society*

The Iron Age Hill Fort on Twmbarlwm has been used as a location to light a Beacon for centuries. Photo courtesy Craig Hale, 1st Abercarn Scouts.

...again



A related story from the night concerns Mr Cedric Mumford – he has been a member of CTS since it's inception and he has a special claim to fame because he was also at the first Twmbarlwm Beacon event for Her Majesty on the occasion of her Coronation in 1953 – 70 years ago.

Cedric was in the scouts on that first occasion and helped build a bonfire on top of Twmbarlwm. He clearly remembers how someone had to crawl inside the bonfire to light it and how they all watched in awe as other bonfires started to be lit on hill tops as far as the eye could see.

It was an emotional journey for Cedric who travelled from his home in Cardiff to relive those memories from 70 years ago and the Twmbarlwm Society was extremely pleased to welcome him here again.



Chris Evans MP for Islwyn, who delivered a short speech and the dedication to the Queen and led a rendition of the National Anthem before the lighting of the Beacon, is seen here with some of the 1st Abercarn Scouts.

CTS meet at the car park below Twmbarlwm's summit for a litter pick and volunteer workday on the last Sunday of every month to which everyone is invited, it's not all hard work and it's a great opportunity to find your way around up there. We organise walks and other events throughout the year so watch our website and Facebook page for details.

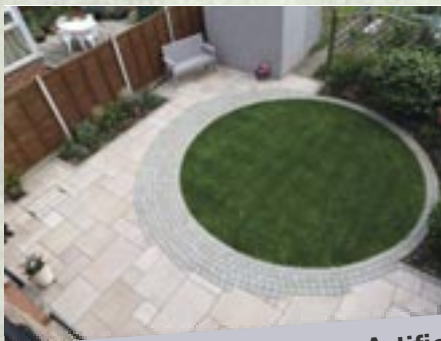
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Gwerinwyr Gwent Diary

On 21st April we had our first indoor booking since March 2020. This was at the Christchurch Centre in Malpas after receiving an invitation from the Legacy Ladies group to appear at one of their monthly meetings. As these are outreach meetings with lunch included, it was very well attended by both sexes, although only utilizing under half the space in the huge carpeted hall.

Barbara Griffiths, our MC, gave a 3-part talk on Lord and Lady Llanover and we interspersed that with displays and audience participation until we were lucky enough to join them for lunch, a very pleasant morning for us, and I hope everyone present.

The last Tredegar House Folk Festival was the 30th anniversary in 2019, so it was with much celebration that the 31st festival finally took place on the 6th – 8th May. GG had a 20 minute spot on the Saturday afternoon and it was lovely to be back among all the other teams to dance in front of an audience. The weather was great and crowds of people flocked to the festival, many of them saying it was wonderful to be back and how much they had missed being able to enjoy the music, dancing and the atmosphere.

The warm weather caused the CAMRA bar to completely sell out halfway



through Sunday afternoon which caused some dismay, although there were other drinks outlets available. The international dance team visiting this year was Lubana with Meirani from Latvia, and they always put on a spectacular display. We were fortunate to also have two UK based teams of Bulgarian dancers, plus all the local dance teams with styles including Welsh, Scottish, Morris Appalachian, Clog, Indian and Middle Eastern/Belly Dancing. Musical highlights included Welsh bands Calan, Alaw, and Rusty Shackle plus new youth supergroup Avanc and what a lasting impression they made with their energetic playing, clogging and singing, check them out on their website. Also appearing were Bob Fox and Billy Mitchell and, replacing Barbara Dickson who sadly was taken ill at the last moment, Show of

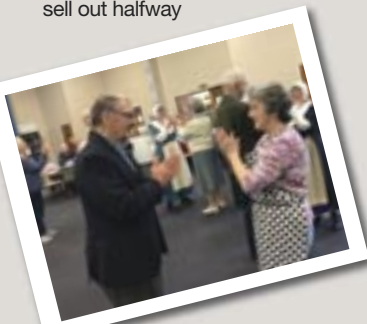
Hands who were on a UK tour and fortunately had that weekend free.

The following weekend (14th) we took a trip into England to dance at the Bradford-on-Avon Green Man Festival. This was our 3rd appearance and we have seen it grow from an all Morris dance team event, to a Morris plus GG festival, into a really varied dance festival. It takes place on just one day with dancing at five different venues around the town. Once again a lovely sunny day, in fact much too warm for us in our woollen costumes, but it brought out plenty of people to watch and at least the belly dancers had the appropriate costume on!



Gwerinwyr Gwent is always seeking new members and beginners or experienced dancers/musicians are very welcome. Practice night (numbers permitting) is Thursday 8-10pm at the Graig Community Hall (opposite the Ruperra PH).

For more details visit our website www.gwerinwyrghwent.org.uk or call us on 01495 271953.





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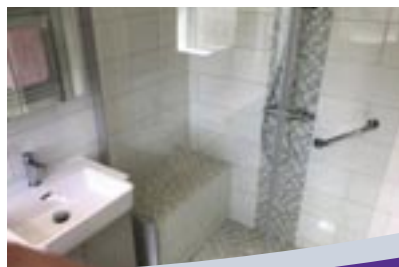


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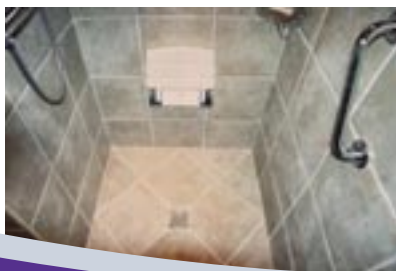
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U3A Can Sing a Rainbow

Newport u3a Choir has performed its first concert since the lockdown in March 2022. Friends of Llanfrechfa Grange Walled Garden Society invited the choir to perform at its official opening on the May Day Bank Holiday Saturday, which fortunately was a cracking sunny day.

Members of that society have spent five years restoring the derelict Victorian garden into a recreational, leisure and therapeutic horticulture resource for the benefit of the health & care staff and the general public; the object being to improve the lives of those visiting the garden. It has been named one of the country's best green spaces.

The choir sang light-hearted melodies, jazz, pop and songs from the musicals whilst the visitors relaxed in the attractive surroundings. Instead of wearing their official uniform, members donned



bright tops of all colours of the rainbow to honour our NHS Heroes.

Since the retirement of our pianist, the Choir has been looking for someone to fill this rewarding role. Please contact us if you are interested.



For more information about our many diverse groups visit u3asites.org.uk/newportsewales or phone Angela Robins on 07983130541.

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If you enjoy gardening, or just getting out of doors, you will find something to inspire and impress you in every visit to one of these gardens, whether it is the beauty of the place, its planting, or the sheer hard work and dedication of all these garden owners. You are also more than likely to find tea and cakes to sustain you and best of all, a plant bargain to take home!

The National Garden Scheme (NGS) was founded in 1927, to raise money for community nurses by opening private gardens to the public. For more information on gardens open go to: www.ngs.org.uk or get the Yellow Book, NGS Gardens Open for Charity. People are encouraged to book online through the National Garden Scheme. However, we are happy to take cash on the day.

Directions: From Cefn Walk go over canal bridge at the 14 Locks, stay on the lane for a 1/4 mile, white stones on island, Croesllanfro Farm is in front of you.

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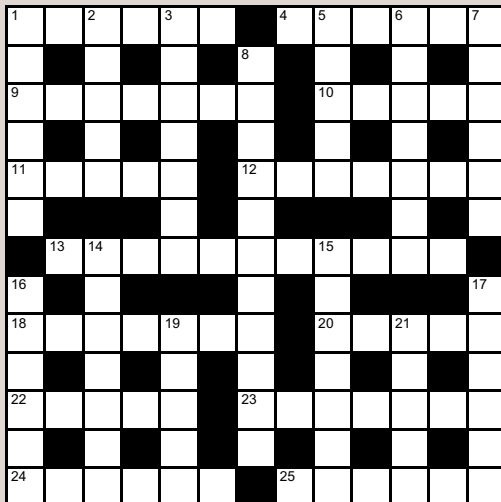
Quick Crossword

Across

- 1 Plant stalks used as roofing material (6)
 4 Government tax on imports or exports (6)
 9 Coastal area between La Spezia in Italy and Cannes in France (7)
 10 Man in chess or draughts (5)
 11 Well-grounded in logic or truth (5)
 12 Stretchy fabric (7)
 13 Substance that stimulates love or desire (11)
 18 Female ruler of many countries (7) 20 Often the last movement of a sonata (5)
 22 King of Judea who ordered the death of many children (5)
 23 Country, capital Quito (7)
 24 Beads used in prayer (6)
 25 Fish-eating bird (6)

Down

- 1 Flourish, prosper (6)
 2 Block of iron or steel on which hot metals are shaped (5)
 3 Popular British cheese (7)
 5 First letter of the Greek alphabet (5)
 6 Disposition to remain inactive (7)
 7 Picture painted on a plaster wall (6)
 8 Trader who sells sewing and dressmaking materials (11)
 14 Egyptian paper reed (7)
 15 Johann ____, Austrian composer of waltzes (1804-1849) (7)



- 16 Rope or light chain used to restrain an animal (6)
 17 Scottish clan leader and outlaw (1671-1734), the subject of a novel by Sir Walter Scott (3,3)
 19 Duck valued for its soft down (5)
 21 Point directly opposite the zenith (5)

Sudoku

6	7	9				3	8	
4					3			
			6	8				4
	8					4	7	
5		4	1	6		8		
	1	2						
	3			5	6	9		
8						1		
9	4	5		1			3	8

The object of sudoku is to insert the missing numbers in the boxes to satisfy just one condition: each row, column and 3x3 box must contain the digits 1 through to 9 exactly once. This can be done by applying logic – you do not have to guess.

Puzzle solutions on page 25

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*Visit Newport South Wales, its treasures to be uncovered.
Take its' rare Transporter Bridge across the river.
Pop along to its' freshly renovated Market in City centre.
It has a food court to eat in, takeaway or deliver.*

*Newport has Flyover Murals and Underpass Mosaics.
It has a Medieval Ship Centre and Castle Remains.
The Riverfront and Dolman theatres' have many shows
And Tredegar House Folk Festival has lots to entertain.*

*Stunning views of Twmbarlwm from Ridgeway's top.
Not far from lovely visitor centre of Fourteen Locks.
Walk along the Canals built to transport iron ore and coal.
Canals maintained after, for use by old Newport Docks.*

*At Caerleon there's the Roman Fortress, Ampitheatre and Baths.
Also where the World's largest carved love spoon is found.
It is in the arts and craft centre with other sculptures.
Wentwood Forest has a Bronze Age Burial Mound.*

*Stroll in Wentwood Forest or on footpaths along Sea Wall.
Visit Newport Wetlands, their varied Wildlife and Walks.
Buy tickets to Big Concerts and events held in Tredegar Park.
In picturesque Belle Vue and Beechwood are cafes to sit and talk.*

*Attend a game of the Newport Dragons.
At Rodney Parade their home Rugby ground.
Walk along the riverbank, see the Wave Sculpture.
Have food and drink in cafes all around.*

*Friars Walk has many shops and a choice of cuisines.
City Centre Museum showcases artefacts and artists.
St Woolos Cathedral has many Norman features to view.
Learn about the City's History and the Newport Chartists.*

This poem was written by Rebecca Stack

Rebecca has written two children's books
Gordon the Giraffe Dreams Big & Addy the Anxious Aardvark
[www.amazon.co.uk/Addy-Anxious-Aardvark-Rebecca-Stack](http://www.amazon.co.uk/Addy-Anxious-Aardvark-Rebecca-Stack/dp/1915439213)
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Puzzle Solutions

6	7	9	2	4	1	3	8	5
4	5	8	9	7	3	2	1	6
1	2	3	6	8	5	7	9	4
3	8	6	5	2	9	4	7	1
5	9	4	1	6	7	8	2	3
7	1	2	4	3	8	5	6	9
2	3	1	8	5	6	9	4	7
8	6	7	3	9	4	1	5	2
9	4	5	7	1	2	6	3	8

Crossword Solution

Across:

1 Thatch 4 Tariff 9 Riviera,
10 Piece 11 Valid 12 Elastic
13 Aphrodisiac 18 Empress
20 Rondo 22 Herod 23 Ecuador
24 Rosary 25 Osprey

Down:

1 Thrive 2 Anvil 3 Cheddar
5 Alpha 6 Inertia 7 Fresco
8 Haberdasher 14 Papyrus
15 Strauss 16 Tether 17 Rob Roy
19 Eider 21 Nadir

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Mae Clybiau Atgofion Chwaraeon AM DDIM ac i unrhyw un dros 50 oed sy'n mwynhau siarad am chwaraeon a'u cofio.

Mae rhai – ond nid pob un – o'n haelodau yn byw gyda dementia neu hwyliau isel, neu maent wedi'u hynysu; mae eraill yn mwynhau'r cyfle i gwrdd â phobl eraill.

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- Te / Coffi

Mae croeso bob amser i ofalwyr gyda chyfranogwyr y clwb!

I gael rhagor o wybodaeth neu i gofrestru, ffoniwch sadie.lewis@glamorgancricket.co.uk neu ffoniwch 07949 468041. Fel arall, cysylltwch â Adam ar 07807043239 neu adam.howells@newport.gov.uk

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For more information or to register contact Sadie on sadie.lewis@glamorgancricket.co.uk or call 07949 468041. Alternatively, contact Adam on 07807043239 or adam.howells@newport.gov.uk

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He had a long and distinguished career, finishing his time as air traffic control manager at London Heathrow airport.

In 1922, of course, the 'control' process was extremely rudimentary, simply consisting of coloured flags and lights.

Today, air traffic control in Britain is a highly complex operation, reliant on the use of very sophisticated technology, handling national and international air traffic in the world's busiest airspace.

Although the Covid pandemic



had a devastating effect on the number of flights, the numbers are now starting to increase back to normal levels.

I wrote my first book on ATC in the early 1980s and had it published by Ian Allan Limited in

1984. It was so successful that I was asked to produce an update 2 years later. Over the next 25 years there were 10 revised editions, plus a few others covering airband radio.

In 1987 I was asked by Newport Borough Council to run evening classes at Brynglas House, which continued for the next 18 years. When my time with the council came to an end, the class members decided that we should continue independently.

Our group still meets every fortnight in Newport covering every aspect of the subject, both in the UK and world-wide.

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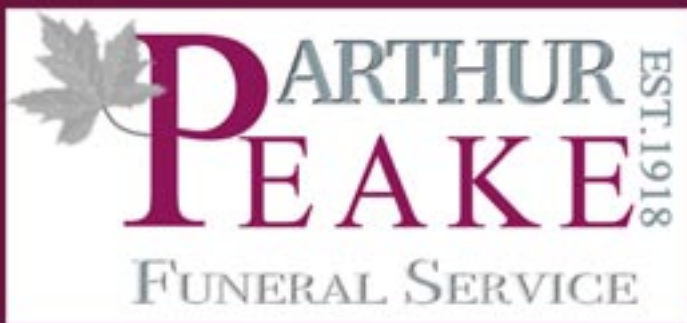
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