

RISCA

DIRECTORY

ISSUE 91 JANUARY/FEBRUARY 2024

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If you are interested in advertising your business in the Directory, please contact us to find out about the very competitive advertising rates.

Do you feel better when you smile? I certainly know that whenever I smile, I instantly feel happier. The only resolution I'm making this year is to smile more and hopefully spread a little happiness to everyone I meet.

Wishing you all a 2024 filled with kindness, compassion, respect and gentleness.

Susan

**COPY DEADLINE FOR THE MARCH / APRIL EDITION
MONDAY 29TH JANUARY**

Advertising enquiries: Telephone Leslie on 07725 888070 or email contact@swdirectories.co.uk

Editor: Susan Woolford | Sales & Distribution: Leslie Woolford

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Twmbarlwm Society Review 2023

It's that time of year again when we reflect on last year's achievements and failures – so I like to browse through all my photographs to act as an aide-memoire.

When I started looking at my hundreds, nay thousands, of photos, it proves we were as busy as ever, but unfortunately, due to space, I can barely scrape the surface here, so please visit our website to see more.

My first visit to Twmbarlwm was on 1st January and I was surprised to see how many people were up there. It was a fine but overcast day and bitterly cold but the car park was full and there were people continuously climbing the slopes to the top all the time we were there – it's great to see and a clear indication how important the mountain is to locals.

Through January and February our contractors completed the stone path from the dry-stone wall to the base of the twmp and installed a new base around the trig-point – which was a welcome sight for those hundreds of visitors who, once more, joined us on our Good Friday, annual Hot-Cross-Bun walk.

You can't really see it in the photo but we had installed a new stock fence from Pegwn-y-Bwlch around the top of the mountain to the forestry road on the south west slope of the hill-fort. This was to contain the cattle that were introduced as part of our conservation grazing scheme.

Also as part of our land management scheme to improve the bio-diversity of the area, a hardy group of volunteers did some bracken bashing on a few horrendous weekends in August and September.

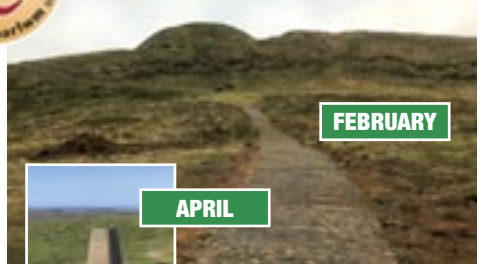
Although we have done no physical archaeological work on the mountain this year, the work with CPAT and Cadw goes on and we will be publishing the finished report of last year's digs very soon.

But no round-up would be complete without a mention of the many volunteers who join us once a month, come rain or shine, to do a litter pick centred on the car park and ranging all round the mountain slopes – your help and dedication is greatly appreciated by us and every visitor.

TERRY EVANS
Chairman CTS



JANUARY



FEBRUARY



APRIL



MAY



AUGUST



SEPTEMBER

LITTER PICKING VOLUNTEERS EVERY MONTH



Cymdeithas Twmbarlwm Society meet at the car park below Twmbarlwm's summit for a litter pick and volunteer workday on the last Sunday of every month to which everyone is invited, it's not all hard work and it's a great opportunity to find your way around up there.

We organise walks and other events throughout the year so watch our website and Facebook page for details.

www.twmbarlwm.co.uk

PROTECTING YOUR FAMILY'S INHERITANCE

Most people hope that their estate will pass on to their children and grandchildren eventually. But this will not happen for many, unless careful arrangements have been made to protect their assets from being taken towards the end of their life to pay for care home fees.

The solution to help protect your estate is a Will incorporating a Property Protection Trust (PPT). A testamentary PPT can only be executed whilst both partners remain alive. Upon death of the first partner, their Will specifies that their share of the property is placed into trust and names the ultimate beneficiary of this share, normally the children and grandchildren of the deceased. The surviving partner, under the terms of the Trust, has the unequivocal right to remain living in the property for the rest of their life. On the death of the second partner the Trust comes to an end and the property



passes to the beneficiaries. As the surviving partner does not own the deceased's share of the property it is fully protected for the beneficiaries, so if the surviving partner requires care, or even remarries, this share of the children's inheritance is protected. This last point can be of particular interest to couples who have come together but have children from different

partners. A PPT can help each person in a relationship ensure that their children inherit their share of the property, while giving their surviving partner the ability to live in the property for the rest of their life. If the surviving partner wants to move to another property, they can still sell the property and the proceeds be used to purchase a new property; the terms of the trust remain over the new property. Westminster Law will assess your current circumstances and arrange the trust that will provide the best protection for you, your family and your assets.

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The Lost Buildings of Risca

Many older residents of the area will recall buildings that no longer exist but which may well have been important to them in earlier days. Below we show a selection of such buildings. For those that may quibble that some buildings were actually in Crosskeys or Pontymister, the Risca area we are using is that of the previous Urban District Council.



1. Zoar Chapel. St. Mary Street. Built in 1860 and extended in the early 1900s. Calvinistic Methodist and the 3rd Zoar Chapel in the area. Demolished in 1990.

2. Cromwell Road houses. The road across the railway to the Darren used to run past the pub of the same name (previously the Church House Inn). These houses were between the garage and the pub and were demolished to construct the current road behind the cenotaph.

3. Risca Colliery Miners Institute. Built in 1912 in Gladstone Street on Crosskeys corner. After the colliery closed it was used as a music venue until it lost its drinks licence. Was demolished c1985 within 24 hours when mention was made of getting it listed!

4. Primitive Methodist Chapel & Schoolroom. Also Gladstone Street, Crosskeys. Chapel built c1880 and schoolroom sometime later. Both demolished c 1975, now a car park.

5. Dr. Wade's house. Junction of Commercial Street and Mill Street. Originally 'The Laurels', then 'Garddy-Graig when occupied by Doctor, father and son, Noel and Michael Wade. Demolished and land used for new housing.



6. Riflemans Arms. St. Mary Street. Early public house likely to have been a meeting place for the local volunteers. Demolished 1970s to allow widening of Rifleman's Road (previously Lane).

7. Danygraig House. Built in the early 1800s for the owner of the Copper Works. Occupied by the subsequent owners of the site when a Chemical Works and a Brickworks. Later operated as a club, demolished 1990s.

8. Pontywaun Grammar School. Commercial Street, Pontymister. Built 1899, closed as a grammar school in 1963. Used as an extension of Pontymister Secondary Modern school until the building of Risca Comprehensive School. Demolished in the late 1970s.



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LISA PRYCE-JONES
HYPNOTHERAPY & HEALING
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What would you like to achieve in 2024?

As we embrace the New Year what goals would you like to achieve? Perhaps feeling more calm and relaxed in your day to day life, get more enjoyment out of life, lead a healthier lifestyle (eat more healthily, stop smoking, reduce alcohol, stop gambling), gain more confidence in work or socially, get the job that you want, sleep better, reduce pain, cope better with grief or overcome fears.

As Einstein said *"if you always do what you always did, you will always get what you always got"*.

So why not consider having Hypnotherapy and Healing now so that you can start your journey and make lasting changes to achieve the life that you want!

Whilst goals are important it is actually the process that is even more important and I can help with my bespoke toolkit.

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Lisa

Hypnotherapist & Healer



In addition to personalised one to one therapy sessions I also teach Reiki Healing and Hypnotherapy. New for 2024, I will be offering some group Hypnotherapy sessions too! So to find out more visit <https://www.hypnotherapyandhealingtrainingwales.co.uk/> www.hypnotherapyandhealing.co.uk or get in touch – lisapryce-jones@outlook.com / 07427 451992



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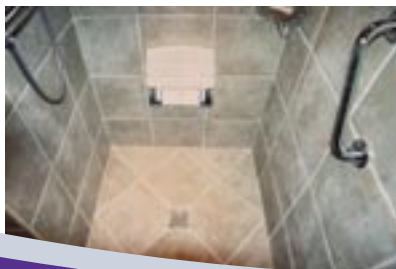
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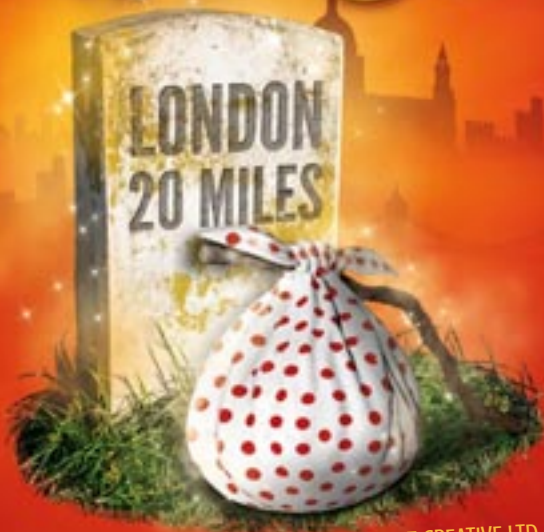
Run it past me again Llew - your New Year's Resolution is that you won't eat chips whenever there's a K, Q or Z in the month !

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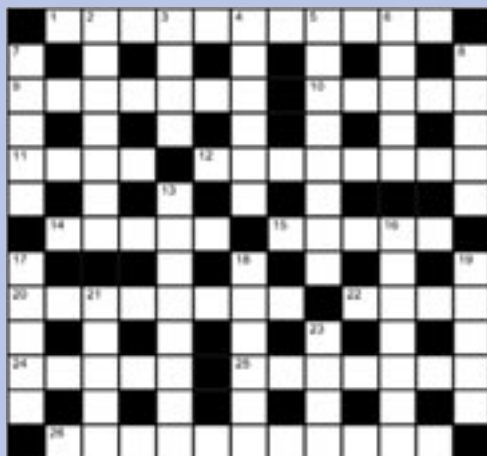
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Puzzles

CROSSWORD



Across

- 1 Sweet-smelling climbing plant (11)
- 9 Light raft made of balsa, used by Thor Heyerdahl to cross the Pacific in 1947 (3-4)
- 10 Insect in the stage between egg and pupa (5)
- 11 City of Helen, whose face "launched a thousand ships" (4)
- 12 Tree which grows in tidal, chiefly tropical, coastal swamps (8) 14 Communion table (5)
- 15 The Mill on the ___, George Eliot novel (5)
- 20 Line of descent of a pure-bred animal (8)
- 22 Brewery cart (4)
- 24 Private instructor (5)
- 25 Spanish painter, born in Greece (1541-1614) (2,5)
- 26 Primate species to which modern humans belong (4,7)

Down

- 2 Action that turns out to be to the disadvantage of the person who took it (3,4)
- 3 First name of authoress Blyton (4) 4 Helix (6)
- 5 Roman Emperor who succeeded Tiberius (8)
- 6 Key ___, 1948 film (5)
- 7 Glide across ice (5)
- 8 Biblical tower intended to reach to heaven (5)
- 13 Australian marsupial (8)
- 16 Physician who performs operations (7) 17 Mark ___, US swimmer who won seven gold medals in the 1972 Olympic Games (5)
- 18 Formerly the basic unit of money in Spain (6)
- 19 Tower supporting high-tension wires (5) 21 Mark used to indicate the word above it should be repeated (5)
- 23 Tangerine/grapefruit hybrid (4)



SUDOKU

The object of sudoku is to insert the missing numbers in the boxes to satisfy just one condition: each row, column and 3x3 box must contain the digits 1 through to 9 exactly once. This can be done by applying logic – you do not have to guess.

Solutions on page 21



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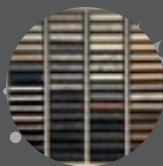


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RIVERS IN SOUTH WALES

River Usk

The River Usk rises on the northern slopes of the Black Mountain in the westernmost part of the Bannau Brycheiniog National Park. It flows north into Usk Reservoir, then east by Sennybridge to Brecon before turning southeast to flow by Talybont-on-Usk, Crickhowell and Abergavenny after which it takes a more southerly course.

Beyond the town of Usk it passes Caerleon to flow through the heart of the city of Newport and into the Severn Estuary at Uskmouth. The river is about 78 miles long and the Monmouthshire and Brecon Canal follows the river for most of the length of the canal. The normal tidal limit of the river is just below the bridge at Newbridge-on-Usk, some five miles north of Newport.

The River Usk has played an important role in the history of Wales. Evidence of the long-standing use in transport and trade came in the form of the remains of the Newport Ship that were discovered in 2002. This ship, dated to around 1465, was most likely a trading vessel and may have sailed around Europe. Its presence in the Usk has confirmed what an important trading route the Usk must have been to the many towns and villages.

Talybont Reservoir



Caerleon



Monmouth



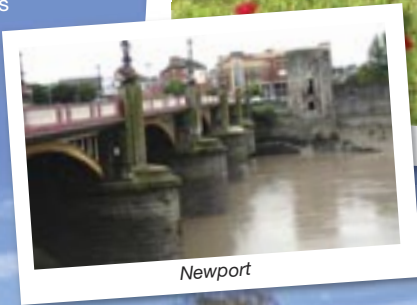
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Usk



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Puzzle Solutions

Across: 1 Honeysuckle, 9 Kon-Tiki, 10 Larva, 11 Troy, 12 Mangrove, 14 Altar, 15 Floss, 20 Pedigree, 22 Dray, 24 Tutor, 25 El Greco, 26 Homo sapiens.

Down: 2 Own goal, 3 Enid, 4 Spiral, 5 Caligula, 6 Largo, 7 Skate, 8 Babel, 13 Kangaroo, 16 Surgeon, 17 Spitz, 18 Peseta, 19 Pylon, 21 Ditto, 23 Ugli.

4	1	3	9	2	5	6	8	7
2	7	8	6	1	3	5	9	4
6	9	5	4	7	8	1	2	3
8	5	1	3	9	2	7	4	6
9	2	6	7	4	1	8	3	5
7	3	4	8	5	6	9	1	2
1	4	7	2	6	9	3	5	8
3	6	9	5	8	4	2	7	1
5	8	2	1	3	7	4	6	9

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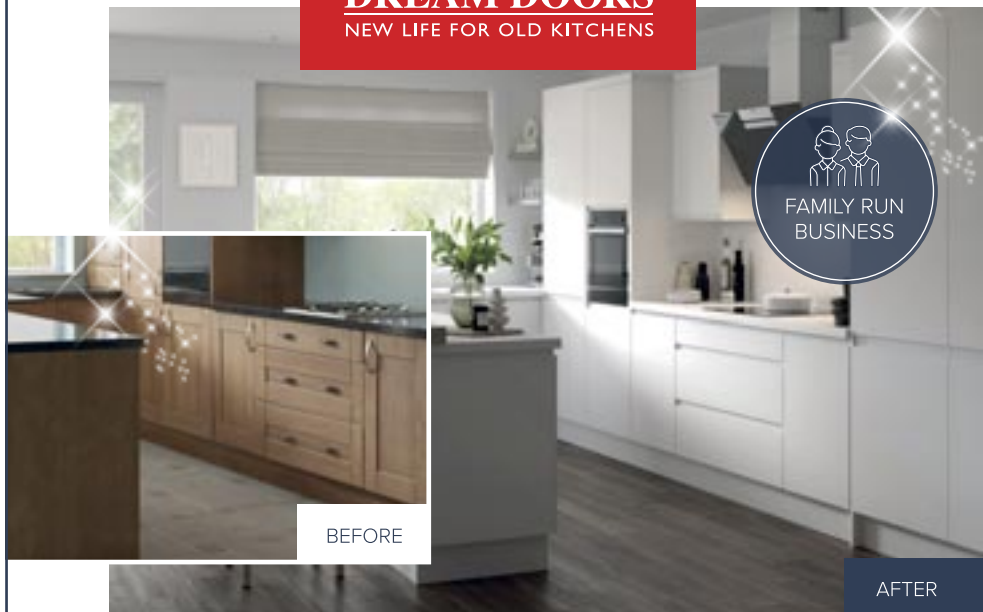
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- All general building



MAINTENANCE

- Gutter cleaning and repairs
- External painting
- Roof inspections



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Business Premises: Unit 10 Wern Ind. Est. Rogerstone NP10 9FQ

Company registration: 14739001 | VAT number: 447592851