CAERLEON

DIRECTORY

ISSUE 110 MARCH/APRIL 2026



Pinkmove

SCAN ME!

Selling your home? For a FREE valuation call 01633 746088 or scan our QR code!



If you are interested in advertising your business in the directory, please contact us to find out about the very competitive advertising rates. You will always deal with us directly, like many of the businesses that advertise in this magazine, we are a small, independent family business and fully appreciate how much your business means to you.

Hopefully, the weather will warm up a little over the next couple of months and we'll all be able to take a walk in our local beautiful countryside, beaches, canal & river walks – read our articles about the River Caerfanell in the Breacon Beacons and Saundersfoot & Coppet Hall Beach.

Susan x

Wishing you all a Happy Easter.

COPY DEADLINE FOR THE MAY / JUNE EDITION - MONDAY 30TH MARCH

Advertising enquiries: Telephone Leslie on 07725 888070 or email contact@swdirectories.co.uk
SW Directories, Merlin House, Langstone Business Park, Newport, NP18 2HJ
Editor: Susan Woolford | Sales & Distribution: Leslie Woolford

The editor cannot accept any liability to any party for loss or damage caused by errors or omissions.
All artwork is accepted on the strict condition that permission has been given for use in the publication.
SW Directories does not officially endorse any advertising material included within this publication.
All rights reserved. No part of this publication may be reproduced without the prior permission of the editor.

WHY NATURAL RAW?

We are a small family-run business that has a real passion for animals, especially dogs and their health and well-being.
Offering free advice and knowledge about raw and natural feeding, we pride ourselves in our customer care including the four-legged friends!
Visit Natural Raw in Risca and Llantrisant for natural pet food, treats, and supplies. We offer high-quality, ethically sourced products to support your pet's health and well-being.



Newport
Unit 1, Pontymister Industrial Estate, Risca, Newport, NP11 6NP
01633 546310

Llantrisant
Units 14A & 14B, Hepworth Park, Coedcae Lane, Pontyclun, CF72 9FQ
01443 858484

Opening Hours
Monday – Friday: 10:00 – 18:00
Saturday: 10:00 – 16:00
Sunday: Closed

www.naturalrawfoods.co.uk






Vote for

Natasha **Asghar**

on May 7th

Putting People Before Politics

natasha4newport@outlook.com

Welsh Conservatives | Ceidwadwyr Cymreig

Promoted by Kate Vaughan on behalf of the Welsh Conservatives, all at Pro-Copy Business Centre, Parc Ty Glas, Cardiff, CF14 5DU.

TOGETHER WE ARE ACTIVE 60+

- Memberships from £19.40 per month
- Access to 5 venues
- Range of classes including low impact options
- Momentwm walking network

BOOK NOW

newportlive.co.uk/membership

01633 656757



NEWPORT LIVE
CASNEWYDD FYW

Start your

Early Years

adventure at Rougemont

Wales' leading independent day school



BOOK YOUR PLACE ONLINE

VISIT OUR NURSERY (3+)

Wednesday 4th March

20% discount on full-time Nursery places

RECEPTION READY OPEN MORNING

Wednesday 15th April

For entry to Reception in September 2026

BOOK HERE

ROUGEMONT
a school for life

IS YOUR CHILD RECEPTION READY?

- *Small class sizes*
- *Wraparound care from 8.00am to 6.00pm*
- *Specialist teaching in Sport and Creative Arts from age 3*
- *90 acres of stunning grounds to explore - adventure starts here!*



PRESERVING FAMILY WEALTH

Most couples hope that their estate will pass to their loved ones eventually. But for many this will not happen unless careful arrangements have been made to protect their assets from being taken towards the end of their life to pay care home fees.

To help protect a couple's estate, the solution may be a Will incorporating a Trust. A testamentary Trust can only be executed whilst both partners remain alive. On the death of one partner, their Will specifies that their share of the estate is placed in Trust and names the ultimate beneficiary of this share, normally their children and grandchildren. But under the terms of the Trust the surviving partner has the unequivocal right to remain living in the property and to enjoy the other assets, for the rest of their life.

On the death of the other partner the Trust comes to an end and the estate passes to the beneficiaries. As the surviving partner does not own the deceased's share of the estate it is fully protected for the beneficiaries, so if the surviving partner requires care, or even remarries, this share of the beneficiary's inheritance is protected.



This last point can be of particular interest to couples who have come together but have children from different partners. A Trust can help each person in the relationship ensure that their children inherit their share of the estate.

If the surviving partner wants to move, they can still sell the property and the proceeds be used to purchase a new property; the terms of the Trust remain over the new property.

Westminster Law assesses the circumstances of couples and arranges the Trust that will provide the best protection for them, their family and their assets.

Leading the way in providing an AFFORDABLE PROFESSIONAL service

WESTMINSTER LAW

Wills ~ Estate Planning ~ Probate



If you are over 60 it will cost you only £95* for us to prepare your Will. We are also Lasting Power of Attorney Specialists - only £120* each LPA if instructed during the Will appointment.

Our prices include home visits*, VAT and Inheritance Tax advice.

Call us now for a no obligation chat on: **01633 493073**

www.westminster-law.co.uk ~ Newport office email: wr@westminster-law.co.uk

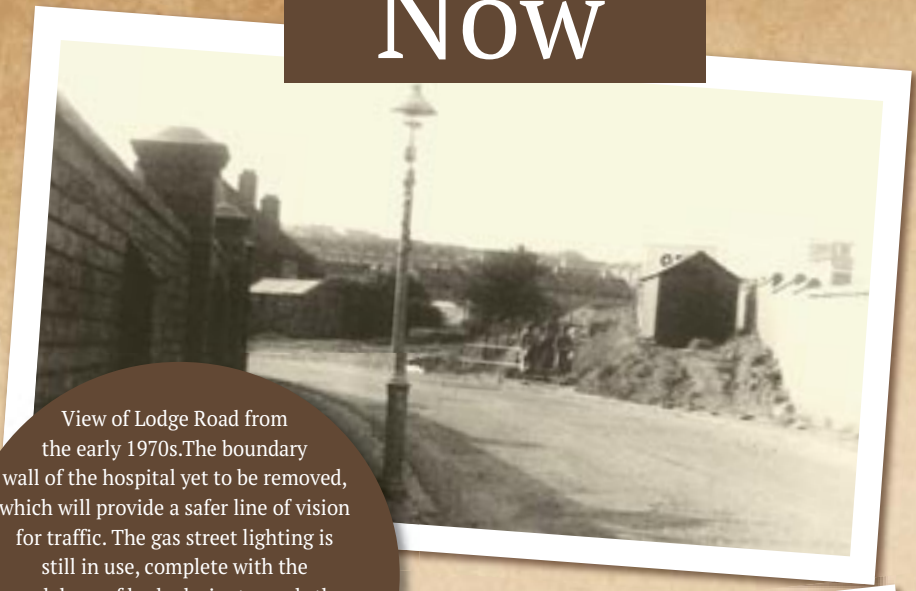
Westminster Law Group Ltd ~ 12 Cathedral Road, Cardiff, CF11 9LJ

*These very special rates are only available if you are over 60 years old. Minimum spend for a free home visit is £95.

Our normal price for a standard single Will is £160, or £270 for a couple. VAT, when applicable, is included in these prices.

Office of the Public Guardian (OPG) registration fee, when applicable, is not included in these prices.

Caerleon Then & Now



View of Lodge Road from the early 1970s.The boundary wall of the hospital yet to be removed, which will provide a safer line of vision for traffic. The gas street lighting is still in use, complete with the vandal-proof barbed wire towards the top. The boundary walls for the College have been finished. Below is the same view taken in 2020 from the College wall looking back towards the hospital.



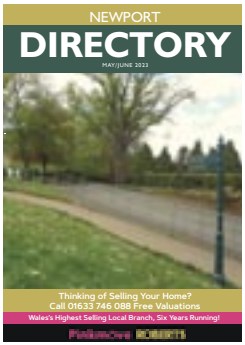
Extract taken from Norman Stevens's books of Caerleon. They can be purchased from Caerleon Post Office

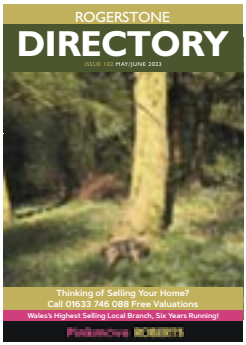


SW Directories

Local Business & Community Magazines

SW Directories offers a low cost and effective way to acquire more business.
Established in 2006, the Directories are extensively used and respected by our readers.





25,500 copies are delivered to homes and local businesses six times a year. The seven Directories cover Alltyryn, Bassaleg & Rhiwderin, Caerleon, Malpas, Newport (Beechwood, St Julian's, Celtic Horizons, Duffyrn, Lysaght Village, Glan Llyn, Mon Bank), Rogerstone, Risca (Crosskeys, Pontywaun & Cwmcarn).

It's easy to be in the magazine, call us today to find out about our special offers.

To advertise call Leslie on 07725 888070 or
Email: contact@swdirectories.co.uk
Website: www.swdirectories.com

Tin Legs and Ham

by Paul Minton

I have always been enthralled with escape stories and suspect this may be connected with my fear of being accidentally locked inside a public convenience. I hold the longstanding belief that the strategies used in *The Great Escape, Escape from Alcatraz,* and, to a lesser extent, *Escape from the Planet of the Apes*, might provide some useful hints as to how to dig oneself out of the Gents, armed with only a steely determination and a small spoon.

The Second World War seemed to present a multitude of opportunities for prison breakouts. One particular attempt involved a Newport man known by his fellow captives as 'Ham'. Ham was born in 1914 at Blaen-y-Pant House, which is located just off Malpas Road and is currently a care home. His father was a wealthy coal mining engineer, who purchased the first Bentley motorcar. Ham joined the Royal Welch Fusiliers in 1940 as a Second Lieutenant and in May of that year, his platoon was ordered to capture Robecq, a French village to the west of Lille. During their mission, the men were forced to wade through the Bassée Canal but upon entering an empty cottage to dry off, an enemy tank arrived and they found themselves surrounded. Ham and his unit had no option but to surrender.

After a yearlong stint at Laufen prisoner-of-war camp in Bavaria, Ham was transported to Warburg in the heart of Germany. The new camp comprised hundreds of huts, each containing several rooms of eight men. For most of the 3000 prisoners, the prospect of escape was never far from their thoughts and whilst few schemes were successful, Ham and his cohorts decided to give it a go. A trap door was cut into the floorboards beneath a bed in one corner of their hut. The men would descend through the floor and crawl 30 feet to a vertical shaft dug near the far side of the building. A tunnel extended horizontally from the shaft, some eight feet under the surface. As digging progressed, the men worked in shifts using shovels from the hut's coke burning stove and scrap metal that was fashioned into picks. The excavated earth was later scattered around the grounds or dumped into the hut's roof space. Any wood needed for the tunnel was taken from the beds so that eventually, each man was sleeping on just four slats. A makeshift bellows was used to pump fresh air down a pipeline constructed from butter tins. The 300 foot tunnel took six months to complete but as the men waited for a dark night to make good their escape, the Germans discovered the pipeline. The game was up!

To prevent it from being reused, the guards poured sewage down the shaft before sealing it shut. Ham found the whole exercise dispiriting and abandoned any plans to try again. Instead, he focussed his efforts on assisting other would-be escapees. One such occasion involved Douglas Bader, the famous amputee pilot, who was a campmate for a time. Ham was engaged in the sanctioned theft of Bader's tin legs, whose simulated fury was intended to distract the guards during another escape bid.

Ham moved between various POW camps during his captivity until he was finally liberated by the Allies in 1945. After the war, Ham returned to his fledgling career as an actor, which was potentially the source of his nickname. Although he was used to playing supporting characters, he gained global recognition when he accepted a role in what was to become a film franchise phenomenon.

Renowned for his portrayal of Q in seventeen James Bond films, Ham is, of course, better known by his real name, Desmond Llewelyn. Despite his fame, however, he was a man who never forgot his roots, donning a Newport RFC tie in *The Living Daylights* and a Malpas Cricket Club tie in *Octopussy.*



If I don't have have a Will, everything just goes to my spouse, right?



Depending on your circumstances this is not guaranteed and ultimately, the decision as to where your assets go will fall to the State. If you are one of the 49% of people in the UK who does not have a Will, make an appointment with our specialist team make sure your estate goes exactly where you want it to.

Contact us...

01633 492008
hello@hevans.com
hardingevans.com

Harding Evans solicitors
Your lawyers, for life.

HardingEvans, Queens Chambers, 2 North Street, Newport, NP20 1TE

bluebird care®

We're here so your loved one can stay home, where they want to be. Where they feel safe. Where things are familiar and where they can continue to live a full and meaningful life.

Whether it's everyday companionship or help with errands; Live-in Care or Home Care visits (day or night), our highly trained Care Experts will give your loved one the support they need to live in the place they feel best: home.

Find out how we can *support you.*

Call us for a friendly chat on

01633 267 708

Find out more

Or email

newport@
bluebirdcare
.co.uk




Rated 'Excellent' on
Trustpilot
It's good to
be home
Carers who
look after
everything.
So you don't
have to.
Peter
Newport

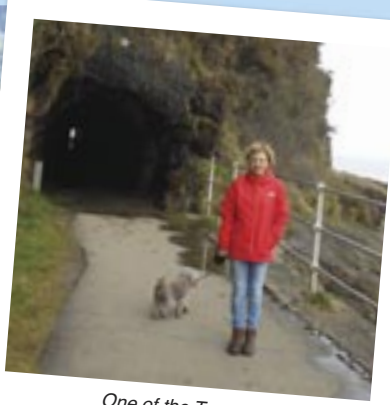
Saundersfoot & Coppet Hall Beach

Both beaches are connected by the old tramway which runs along the top of the beach. This section of the route follows the coastline from Saundersfoot to Wisemans Bridge, it is now a four mile part of the Pembrokeshire Coast Path. Walkers using the trail pass through three tunnels on the former line.

The small harbour was built in 1829 for the export of anthracite coal from the many mines in the area, although coal was exported from the beach for centuries before this.
The beach at the western end is situated in front of the village of Saundersfoot, its gently sloping sands make for safe swimming and all amenities are provided by the shops and cafes along the beachfront.

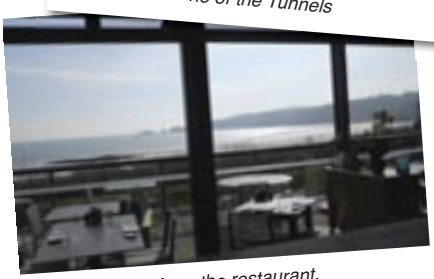


Dave playing with his ball on the beach



One of the Tunnels

Coppet Hall Beach is at the eastern end of the beach, which has plenty of sand even at high tide. A wide flat area of sand is exposed at low tide, which is ideal for beach games, also there are lots of rockpools. The Lan y Mor restaurant is situated at this end of the beach and it has great views across Carmarthen Bay. There is also The Kiosk selling ice creams and hot drinks. Good Trails is a water sports and activity centre, where there are paddleboards, bikes and kayaking for hire and tuition is available. There is also a large privately run car park next to the beach.



View from the restaurant.

Western end of the beach

St David's Hospice Care

Fundraising Calendar of Events 2026











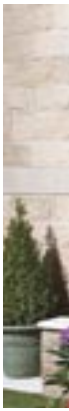


To book call **01633 851051**
or visit **stdavidshospicecare.org**

Bringing care home

Find us on:

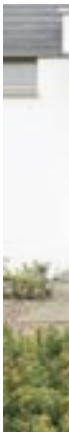






From our first visit to your home, we put attention to detail into everything we do. That's why you can be certain whether you are seeking beautiful internal or external doors for your country cottage or designer chic home, you are assured not only of incredible choice, but every door we fit is an investment in long lasting quality for your home.

- Fitted to perfection by craftmen who care
- An unrivalled choice of styles & designs
- Every door is warranted to maintain its long lasting good looks



DOORS & DECKING







TECHNICALLY ADVANCED DECKING

Guaranteed for 25 Years*

- With Glass Ballustrades & Designer Lighting
- Enjoy The Best of Outdoor Living on Your Doorstep

*Structural Guarantee



BASED IN GEORGE STREET FURNISHERS
19-24 George St, Newport, NP20 1EN

01633 535310 www.doorsanddecking.co.uk

Swan
RESCUE

More About Cygnet Dispersal… and Avian Influenza

In a week from now, it will be February and from our present standpoint, the start of the breeding season feels as if it is just around the corner, even although the weather continues cold and very wet.

Before the new breeding season can really start, all of the 2025 cygnets need to have left the 'family home'; one way or another, the cob (adult male) will see to that. As we write, the progress made by the families we know could hardly be more varied. Four of the canal family (Bettws Lane) flew together on or around Christmas Eve, while the fifth cygnet had to be rescued from pressure from the cob on 3rd. January. By contrast the entire family of seven cygnets at Cyfarthfa, Merthyr Tydfil is still present, although pressure is beginning to mount. This is especially true in respect of one of them which, as can be seen from the photograph is trailing a length of very heavy gauge line from high on its right leg, a bird which needs to be caught and may subsequently need to be kept in care for a while.

Which leads nicely into a further reference to Avian Influenza (AI) H5N1 variant. For obvious reasons i.e. the possibility of transmitting this virus to other pre-existing patients in wildlife hospitals or sanctuaries is a risk which cannot be countenanced; this risk is far too high. For this dilemma, there is one workable solution which involves the use of a quarantine system. The aspect of this with which we have needed to come to terms is the fact the facility in question has only limited capacity, and each 'patient' needs to come through a ten day stay to confirm it is not a carrier of the virus before a new patient can be admitted to this process.



The relevance of this to us at this time is the beautiful swan in our other photograph. Our attention was drawn to the presence of this swan at The Knap, Barry during early January. It exhibits a most extraordinary distortion of the neck; something, the like of which neither of us had ever seen before. At this time, it is probably true to say the worst of the AI attack had passed through the area resulting in double digit fatalities, but our stance continued to be that we had no means of 'processing' any such casualty safely. As to a possible cause, a flying mishap had to be viewed as a possibility, especially bearing the number of days during which we had experienced high to very high winds. As the days passed, it became increasingly apparent that, in all probability the bird was having difficulty feeding and a major contributory factor in this was bullying by other swans. There is plenty of evidence of this on the back of the neck just visible in our photograph.

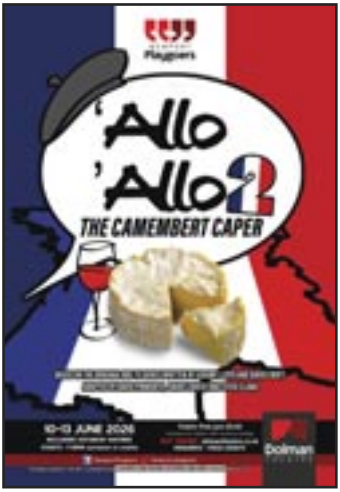
So now he is our responsibility for the next few days which is a privilege; he appears very content; is feeding very well and attending well to his feather care. As a footnote, we understand there is a phenomenon called 'AI Neck' and there is a possibility this is an example of it. It would not be surprising if Phoenix (the name he has been given) had contracted AI and survived. Whatever the cause, it is probable he will spend the rest of his days in a free, friendly bur protected environment.

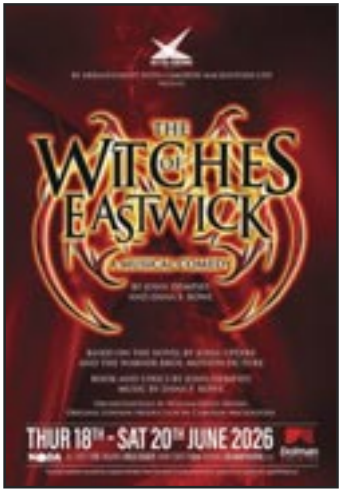
Story: Peter & Roz. Photos: Roz & Martin (Merthyr).For swan problems please contact Peter on 07802 472788

DOLMAN
THEATRE NEWPORT









Booking: www.dolmantheatre.co.uk
Theatre Enquiries: 01633 263670

I'm Retiring in the Next 5 Years What Should I Be Doing Now?

For many people, retirement starts to feel real about five years out. It's close enough to raise genuine questions, but far enough away that it's tempting to put decisions off.

In our experience, this is actually the most valuable planning window of all.

1. Understand What You're Retiring To
Retirement planning isn't just about stopping work — it's about understanding what life will look like afterwards. Income needs, lifestyle choices, travel plans and family support all shape how your finances should be structured.
This is where guesswork often creeps in. Without a clear plan, people either save unnecessarily hard or, just as risky, assume everything will "work itself out".

2. Take Stock of What You Already Have
Most people approaching retirement have built wealth in different forms - pensions from different employers, ISAs, savings accounts, perhaps investments or business interests.
A key step is understanding:
- What each pot is for
- How it is invested
- How accessible it is
- How tax will apply when you start drawing income

Until everything is viewed together, it's impossible to make confident and clear decisions.



3. Check Whether Your Pensions Are Working Hard Enough
Approaching retirement doesn't automatically mean becoming cautious. It means becoming intentional. Your investments should reflect:
- The income you'll need
- The timescale over which money will be drawn upon
- Your attitude to investment risk and capacity for loss

Too much risk can feel uncomfortable, but too little can often undermine longterm growth or income.

4. Plan How Income Will Actually Be Taken
Decisions around taxfree cash, drawdown and sustainable income are often irreversible once started.

Making these decisions in advance — rather than at the point of retirement — gives you control, flexibility and peace of mind.

5. Why Ongoing Planning Matters
Retirement is not a single event. It's a long phase of life that needs monitoring, adjustment and regular review. We work with clients well before retirement to build structured, ongoing plans that adapt as life evolves.
If retirement is on the horizon, now is the right time to start planning — calmly, clearly and without pressure. At Kymin Financial Planners, we help individuals and families gain clarity and confidence in their financial future. For over 30 years, we've supported local clients with pensions, investments, inheritance tax planning and long-term financial strategies. Our approach is personal, considered and built entirely around what matters most to you.

For more information about how we can help you invest to enjoy a brighter retirement, contact us:-
Tel: 01633 840000
Email: info@kymin.co.uk
www.kymin.co.uk

Kymin
Financial Planners

Find us on:



t: 01633 840000 e: info@kymin.co.uk w: www.kymin.co.uk

Follow us: @kymin @kyminfinancial @kyminfs

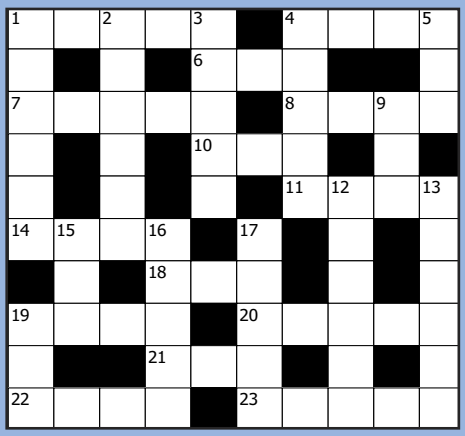
Kymin House, 35 Bridge Street, Newport,
South Wales. NP20 4BH

Kymin Financial Services Ltd is Authorised and Regulated by the Financial Conduct Authority, Firm Ref No. 189815

Kymin
Financial Planners

PUZZLE PAGE

Crossword



Across

1. Plenty (5)
4. First man (4)
6. Cut the grass (3)
7. Steam room (5)
8. As well as (4)
10. Writing fluid (3)
11. Great story or film (4)
14. Ooze or leak (4)
18. Boy's name (3)
19. Large room (4)
20. Turn, rotate (5)
21. Be in debt (3)
22. Ditch around castle (4)
23. Of Rome (5)

Down

1. Estimate value of (6)
2. Dive into (6)
3. Computer message (5)
4. Not asleep (5)
5. Cow noise (3)
9. Snow shoe (3)
12. Small stage or lectern (6)
13. Cardboard container (6)
15. Long time (3)
16. Plane flyer (5)
17. Go into (5)
19. Bacon (3)

Sudoku

	9	2		3		4		
	7				5	2		3
	4		6	8				7
8		4	2				3	5
			4		3			
5	6				8	9		4
2				6	1		4	
9		1	8				7	
		6		7		3	1	

The object of sudoku is to insert the missing numbers in the boxes to satisfy just one condition: each row, column and 3x3 box must contain the digits 1 through to 9 exactly once. This can be done by applying logic – you do not have to guess.

Solutions on page 23



warmerwise

Arrange your boiler service today

£75.00 all in.

Post-winter. Spring-time service.

Call Laurie today on 01633 631136

100% Recommended

- Experienced
- Local
- Reliable
- Respectful

SERVICING | REPAIR | INSTALLATION | PLUMBING

www.warmerwise.world

Destination Twmbarlwm



As I write this article, a named storm (Chandra, I believe) is hammering at my window inviting me to dare to go out to walk the dog in my waterproofs and wellies. The poor mutt is still drying out from this morning's drenching and he doesn't look keen to go again – so I must admit I'm grateful for this bit of work to keep me indoors nice and dry.

Yes, it's been a very damp winter, so I'm looking forward to getting back out to walk the lanes and countryside that we are lucky enough to have around us in this corner of SE Wales – and as far as I'm concerned the only destination to aim for is Twmbarlwm.

Wherever you live within the circulation of this publication you will find an interesting route, through green countryside, to get you up to Twmbarlwm – and if, like me, you are not capable of walking very far, there's a few places you can drive to within a manageable distance of the summit. And, believe me, once you get to the top you will not be disappointed.

One such route is via the Cwmcarn Forest Drive which only opens on weekends during the winter but from Easter it is open everyday. My favourite is to park at car park 2, *(Twmbarlwm View)* and from there it's a short steep climb onto the Mynydd Henllys ridgeway and with the hill-fort as your target in the distance, it's a relatively flat 1.5 mile walk to Twmbarlwm's scheduled monument – the views on a fine day are breathtaking.



Another route to the top whilst on the Forest Drive is from car park 7 *(Pegwn-y-Bwlch)*, but beware, this gives you a lung-bursting steep climb of half a mile to the top.

The other car accessible route is where we gather each month for our litter picks. Follow Mountain Road, from behind Risca Comprehensive School – note it's a single track country lane which needs to be driven along with care – soon after you pass over a cattle grid you come to a small car park from where you can take several different routes to the top.

If it's a longer, circular hike you prefer, there are innumerable routes you could take to enjoy the quiet beauty of our countryside. Such as following a stretch of the Mon-Brec canal, with its array of wildlife, before you ascend through the country lanes to the top.

You will find some interesting routes described on our website with map references and detailed directions and advice on how to prepare for your adventure.

However you decide to go please adhere to the countryside code including:–

- Take litter home - leave no trace of your visit.
- Keep dogs under control and in sight. Dog poo – bag it and bin it.
- Plan your adventure – know what to expect and what you are capable of.
- Respect everyone, protect the environment and above all – enjoy the outdoors

Also be sure to dress appropriately for the conditions, with decent footwear, waterproofs or even sun protection – and be aware of how suddenly weather can change from the valley floor to the high heathland.

Terry Evans, Chairman of Cymdeithas Twmbarlwm Society

Cymdeithas Twmbarlwm Society meet at the car park below Twmbarlwm's summit (What3Words location = ***ironic.sweetened.people***) for a litter pick and volunteer workday on the first Sunday of every month to which everyone is invited, it's not all hard work and it's a great opportunity to find your way around up there. We organise walks and other events throughout the year so watch our website and Facebook page for details.

www.twmbarlwm.co.uk

THE Twmbarlwm HOT CROSS BUN WALK

Good Friday
3rd April 2026



Hundreds of people trek to the summit of Twmbarlwm on Good Friday

One of the great traditions we have in Risca and surrounding area is the annual pilgrimage to the top of Twmbarlwm.

Again this year CTS will organise group walks and offer free Hot-Cross-Buns to those who come along with us.

Even if you don't want to take part in our group walks we still want to encourage you to keep this tradition alive. Get up there with family and friends and why not bring a picnic with you to enjoy while you take in the breathtaking views at the top.

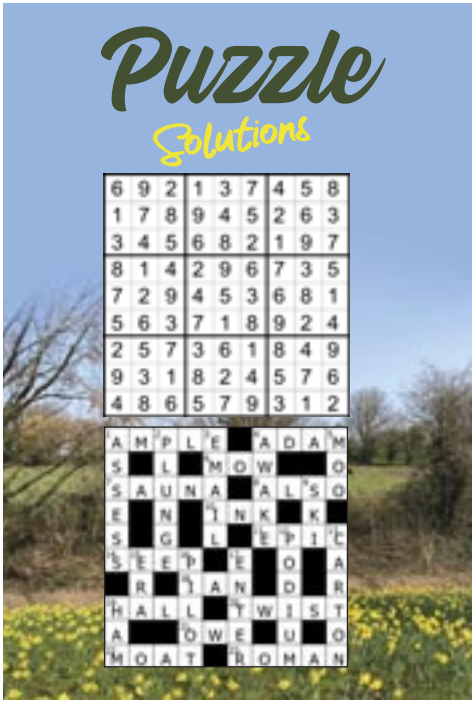
Conservatory Solutions Wales
Conservatory too hot in Summer or too cold in Winter?
Make your Conservatory a room you can use all year round with our Roof Systems.
Get a FREE QUOTE Today!

To arrange a free no obligation quotation, Please contact us:
Tel: 01633 420747
Mob: 07747 677131
www.conservatorysolutionwales.co.uk

PLUMBING & HEATING SERVICES
R. Howells
PLUMBING & HEATING
• Central Heating Systems • New Boiler Installations
• Boiler Repairs, Servicing & Power Flushing
• Landlord's Certificates • Plastering • Tiling
• Domestic & Commercial Services
• Bathroom Installation • Local & Reliable Service
• Over 22 Years' Experience
No Job Too SMALL!
Call Ryan on 07789 996779
Email: ryanplumbandheat@gmail.com
www.rhowellsplumbingandheating.co.uk

HSL
Painting & Decorating
Interior & Exterior Home Improvement
Julian: 07429 854 505
Michelle: 07443 460 323
Local Reliable Service Free Quotes

Puzzle Solutions



6	9	2	1	3	7	4	5	8
1	7	8	9	4	5	2	6	3
3	4	5	6	8	2	1	9	7
8	1	4	2	9	6	7	3	5
7	2	9	4	5	3	6	8	1
5	6	3	7	1	8	9	2	4
2	5	7	3	6	1	8	4	9
9	3	1	8	2	4	5	7	6
4	8	6	5	7	9	3	1	2

Usk New Start Cat Rescue
We rescue abandoned and stray kitties and support owners to re-home.
If you would like to adopt one of our furry friends please contact Sam Murray on 07535 087970.
Please friend us on Facebook; Usk New Start Cat Rescue

Advertise *your* business *from only*
£65 per issue
07725 888070
contact@swdirectories.co.uk

AN OPPORTUNITY NOT TO BE MISSED

Advertise in this Directory

Now is the perfect time to build your business to reach its full potential

Let us help you to find new customers

Don't just rely on Facebook

Many of our Directory readers do not regularly use social media or have access to websites. If you are solely relying on Facebook or Google to promote your business you could be missing out on many potential customers and sales.

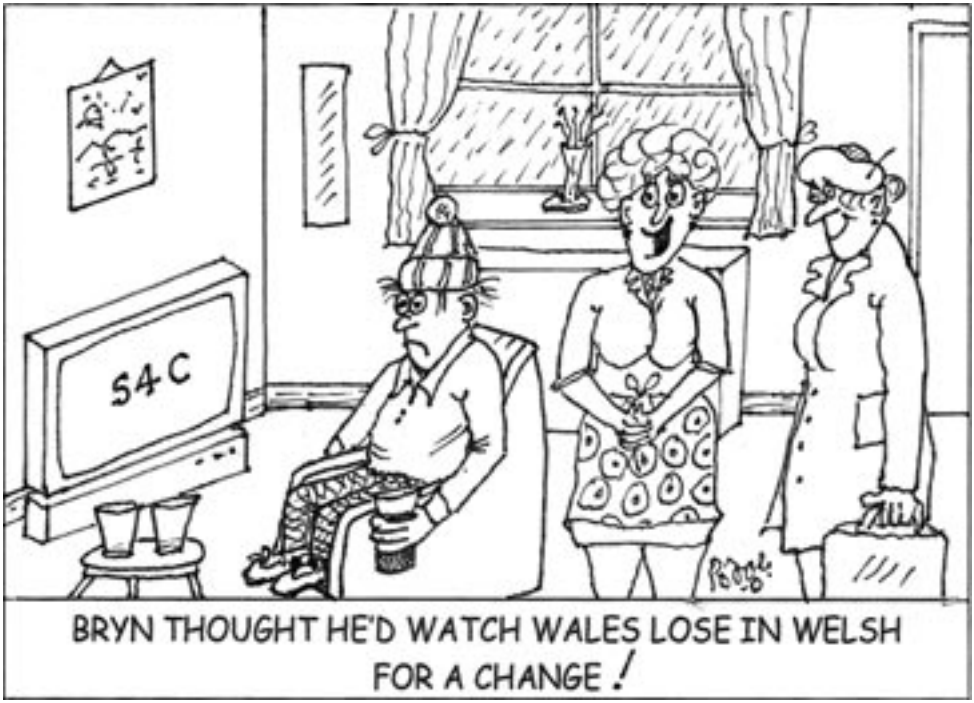
TAKE ACTION NOW

Call us to find out about our rates and offers, our main aim is to help small businesses grow and prosper.

For more details, please call Leslie or Susan

07725 888070

Email: contact@swdirectories.co.uk | Website: www.swdirectories.com



Explore What's On
Archwiliwch
Beth Sydd Ymlaen

the riverfront glan yr afon













NEWPORT LIVE
CASNEWYDD FYW

BOX OFFICE: 01633 656757
newportlive.co.uk/Riverfront

RIVERS IN SOUTH WALES

River Caerfanell



The River Caerfanell rises in the central section of the Brecon Beacons National Park. It rises as Blaen Caerfanell on the plateau of Gwaun Cerrig Llwydion and drops steeply down south-eastwards into the head of Glyn Collwn before turning east then north-east into Talybont Reservoir. It emerges from the hydro turbine beneath the dam just above the village of Aber and continues northwards to its confluence with the River Usk at the hamlet of Llansantffraed.

The river is shadowed for much of its length by the Beacons Way and by the eastern loop of the Taff Trail. We started our walk from the Blaen-y-Glyn Isaf car park (CF48 2UT) between the Pontsticill and Talybont Reservoirs, where it drops over a series of falls, which are a very popular natural attraction during both summer and winter months. The circular walk, including numerous photos stops took about two hours.

ARTHUR PEAKE
EST. 1918
FUNERAL SERVICE

5th Generation Independent Funeral Directors

One of the few remaining independent Funeral Directors, owned and managed by Kerrie Peake and family



Memorials



Pre-Paid Funeral Plans



Floristry Service



Centenary Chapel



Mercedes Fleet



Bereavement Support

Please call us for more information on
01633 482291

FUNERAL PLANS FROM Golden Charter
Smart Planning for Later Life

SAIF CARE

SAIF

Woodland Funeral Home, Woodland Road, Croesyceiliog, Cwmbran, NP44 2DU

www.arthurpeakefunerals.co.uk

Cryptic Crosswords' Group

Members of Newport u3a's 'How To Solve Cryptic Crosswords' group attend our fun sessions twice a month to learn how to unlock those fiendish clues whilst improving memory, vocabulary and general knowledge.

We solve a couple of crosswords at each session and it's a good feeling when we solve a difficult clue and experience a 'Eureka!' moment and can have a chuckle at the crossword setter's ingenuity and deviousness.



Members have progressed so well that we have compiled our own crossword which has been published in the national 'u3a Matters' magazine.Well Done to them all from their proud convenor, "she who cooked algae around noon!" (Answer - Angela)

Newport u3a runs 40 more active, social and cultural groups for the retired at the Dolman Theatre Wednesday to Friday at 9.45-15.00 during term time. For more information visit newport.u3asite.uk or phone Angela Robins on 07983 130541.

Hardy Plant Society Monmouthshire

Hardy Plant Society Monmouthshire Is a group for people who love plants and gardening and enjoy sharing their enthusiasm with other like-minded people.

Non-members are very welcome to come along. Entry is £4 for members, non-members £6. Our meetings provide an excellent opportunity to meet people with similar interests in a friendly atmosphere and before the speaker, there's time to talk to fellow members, enjoy refreshments and perhaps buy some plants. The meetings always take place at Little Mill village hall NP4 0HE with the doors open at 2pm and the talks



at 2.30pm. The group organises garden visits in the summer, discussions, dinners, plant sales and more throughout the year.

Saturday 14th March at Little Mill

To listen to bulb expert Rob Evans of Pheasant Acre Plants in the Vale of Glamorgan talk on 'Summer Bulbs'. Rob, a former Malvern Master Grower, winner of 10 consecutive Chelsea Medals and a specialist not only in dahlias and gladioli but in much else besides, will cover all aspects of bulb growing.

Saturday 9th May at the hall at Little Mill

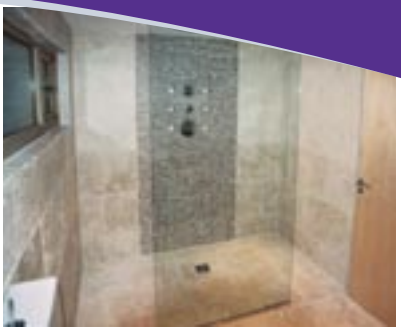
Roger Lloyd will share his passion for grasses. They are everywhere in modern garden design. Whether it's the New American Movement, New Perennial Movement, Prairie or Naturalistic planting, grasses usually feature heavily. This wide-ranging talk will cover the advantages of using them, how to incorporate them, which grass for which location and much, much more. A comprehensive list will be provided. Don't miss this one.

Further information from the national Hardy Plant website: https://hardy-plant.org.uk And from the local, Monmouthshire group: hpsmonmouthshire.co.uk


JOIN THE CHAMPIONS FOR
ANOTHER HISTORIC SEASON!
SUPER RYGBI CYMRU
PENCAMPWYR 2024-25
www.blackandambers.co.uk

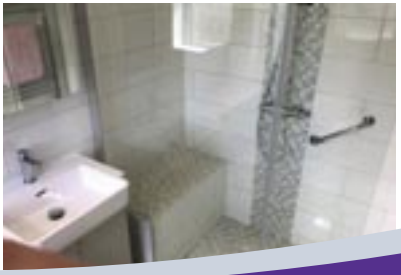
Newport Bathroom Centre





Newport Bathroom Centre has been installing luxury and less able wet rooms in South Wales for many years.

Our dedicated team are able to fully project manage your wet room solution.



CALL NOW FOR SOME EXPERT ADVICE

Newport Bathroom Centre

Based @ George Street Furnishers 19-24 George Street, Newport. NP20 1EN

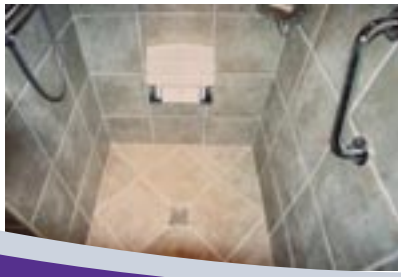
Tel: 01633 26 26 29

info@newportbathroomcentre.com

Leak free level access Wet Rooms



- Easy level access
- No leak tanking system
- Underfloor heating (optional)
- Large selection of tiles
- 16 years of Wet Room experience
- Full design service computer aided
- Power showers
- Fully project managed





Newport Bathroom Centre

Based @ George Street Furnishers 19-24 George Street, Newport. NP20 1EN

Tel: 01633 26 26 29

info@newportbathroomcentre.com

Part 5

Changes in Rogerstone

since 1974 when it officially became part of Wales

Churches and Chapels
Sadly, because of low support St Annes Church was closed as a church but has been taken over for community groups continued use, Scouts, Guides, Cubs, Brownies etc. Also St. Johns Church Hall has been condemned, and residential accommodation is likely to replace it. Fortunately, Trinity Chapel, St. Basil & St Gwladys churches are still providing invaluable services to the community. The Pentecostal Chapel on Tregwilym Road also had a new build. Lastly and not least is Bethesda Chapel Rogerstone, the oldest church in Rogerstone which has in this period been rebuilt and continues to provide so much for the community.



Trinity Methodist Church



The old Bethesda Chapel

The old Pentecostal Church



Conclusion
The changes and developments in Rogerstone, Newport, South Wales since 1974 have transformed the village into a thriving, modern community now unrecognisable to people who have moved from the area and re visited.

Derek Picken



St. Basil & St Gwladys Church



St. Johns Church



The former St. Annes Church



The New Bethesda Baptist Church

WILLS | ESTATE PLANNING | PROBATE

The Society of Will Writers

Platinum Legal Services

Platinum LEGAL SERVICES

If you are over 55 it will cost you only £100+VAT for us to prepare your Will.

Platinum Legal Services are also Lasting Power of Attorney and Trust Specialists and provide advice on Inheritance Tax and Probate. We provide advice on Family Investment Companies too.

OUR PRICES INCLUDE FREE HOME VISITS

CALL 07932 583417 NOW FOR A NO OBLIGATION CHAT

info@platinumlegalservices.co.uk | 07932 583417

momentwm

Walking, wheeling and cycling in the city

- Walking Network
- Couch 2 5k
- Fix a Bike
- Couch to Confident
- Community Bike Rides
- And More



NEWPORT LIVE CASNEWYDD FYW newportlive.co.uk/momentwm



Home is where care feels best.

Our in-home care helps older adults stay where they feel safest — at home — with dignity, comfort, and respect.

Local. Personal. Reliable.

- An hour visit minimum
- Assistance with nutrition, medication, and light housekeeping
- Fall prevention and companionship visits
- Hospital discharge support & recovery at home

But don't take our word for it. Hear what our client has to say!

"We've been incredibly impressed with the level of care provided by Home Instead. The caregivers who support my father-in-law each day are compassionate, patient, and genuinely dedicated to his wellbeing and he enjoys their visits. It brings our whole family peace of mind knowing he is in such capable and caring hands."

- J.S., daughter-in-law of a client

home instead.

Home Instead

Newport, Cwmbran, & Chepstow

Hourly Care | Companionship Visits |
Overnight Care | Live-in Care | Hospital-to-Home

homeinstead.co.uk/newport-cwmbran-chepstow

(01633) 740028

info@newport.homeinstead.co.uk



L J SYMONDS ROOFING Ltd

DOMESTIC ROOFING & LEADWORK SPECIALIST

SLATE ROOFS
- Natural slate
- Fibre cement slates
- Easy slate (Low pitch)

TILED ROOFS
- Concrete tile
- Clay tiles
- Low pitch tiles

FLAT ROOFS
- Epdm (Rubber)
- Grp (Fibreglass)

LEAD WORK
- Apron
- Back gutters
- Saddles
- Soakers
- Flashing
- Lead tray
- Bossing
- Welding





0% FINANCE AVAILABLE ON ALL NEW ROOFS. DETAILS ON REQUEST



MAINTENANCE AND REPAIRS
- Roofline (Fascia's, soffits, gutters)
- Shiplap cladding
- Leaking roofs
- Cement work



20 year Guarantee on all new roofs

18 years in business
Fully insured with all work guaranteed
Top 3 rated roofers in Newport
With over 200 genuine reviews on google

Find us on Facebook Lee Symonds. Over 8000 followers

Visit: www.ljsymonds.co.uk | Email: ljsymondsroofing@gmail.com
Tel: 01633 548688 Mob: 07506 292990
Office: 33 Allt-yr-yn View, Newport NP20 5EH
Business Premises: Unit 10 Wern Ind. Est. Rogerstone NP10 9FQ
Company registration: 14739001 | VAT number: 447592851

LJ Symonds Roofing Limited is an Introducer Appointed Representative (Financial Services Register No. 1049822) of Phoenix Financial Consultants Limited (Phoenix). Phoenix is a credit broker, not a lender. Phoenix is authorised and regulated by the Financial Conduct Authority (FRN:539195) and offers finance from its panel of lenders. All finance subject to status and credit checks.